

Cabramatta
high



94



Cabramatta High School

A Languages High School

1994



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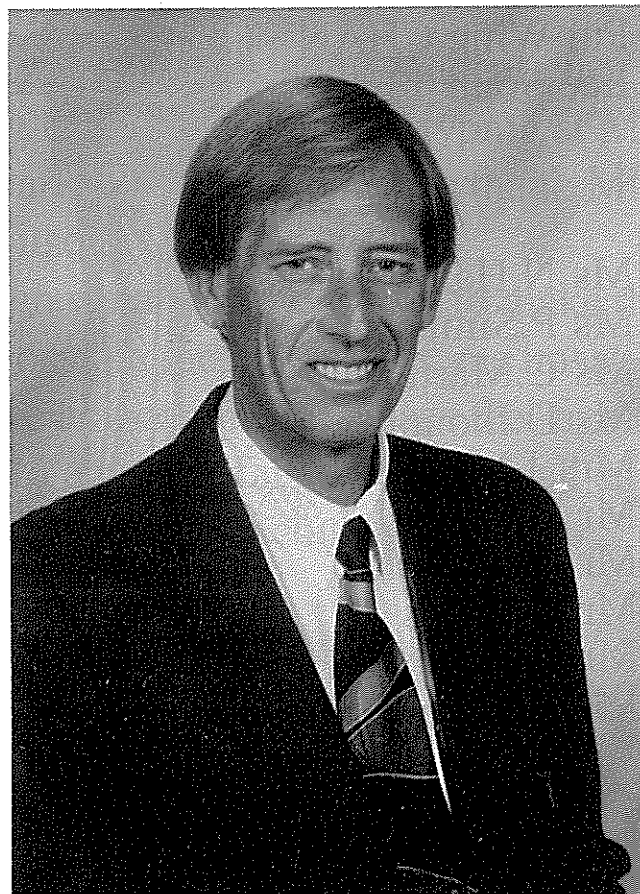
I am delighted to see the revival of the School Magazine as it has been almost ten years since one was last published in this form. A magazine provides an excellent record for both staff and particularly students and I know from time to time I still look back through my own school's magazines.

I am particularly pleased to note the multicultural focus of this publication, reflecting the diverse cultures in our school community, yet all working together as young Australians. The magazine serves as another means of bringing together the various cultures in our school, and supports other whole-school events such as Co-operation Day, the School Production and similar cultural activities.

A magazine not only serves as a record of events and a focus for reminiscing in later years; it also provides a medium through which students can express their thoughts and opinions in a variety of forms and reinforce written communication skills.

I am grateful for the work of staff and students in producing the magazine and know that it will be enjoyed by members of our community.

D.MacKenzie
Principal



School Magazine Student Committee

1994

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Mr C.Tedds
Mr P.Schlosser
Mr McEwan

For Their Efforts.

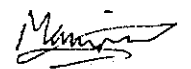


EDITOR'S NOTES

Thank YOU for buying the school magazine. This is our first school magazine in two years so it may not be perfect (well nothing's perfect!). When we asked all of you to contribute your own articles, just about everyone sended in articles about places around the world so that was when we decided to make this year's theme to be "Multicultural". Since we were outnumbered to our worst enemy - time , we couldn't fit in things like puzzles, gossip sections, what's up and horoscopes. The advertisements you see in this magazine are real advertisements but not the ones find in some other magazines which are jokes.

I would like to thank some students from year 9 and 10 for taking time off to do some typing at Miller Technology and also I would like to thank Miller Technology itself.

Although we all tried our best to make this magazine as good as possible there may be some unsatisfying parts so if you have any comments please feel free to give suggestions to anyone of us. I hope you all enjoy this year's Cabramatta High School Magazine.

Yours sincerely, 
Maurice Tran

GET OFF ON THE PLANET



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Teachers and Students:

Hey, you Cabramattians, how are you? I was a Cabramattian too before I left Cabramatta High School last year. After that I went o Canley Vales. I am now a Chinese teacher in Canley Vale high School. Since I am in Canley Vales, I don't teach mathematics anymore as I have got too many classes already. I am very happy to become a Canley Vales High teacher where there are more Chinese classes for me to teach and at the same time, I am not far away from you, the Cabramattians. You see, Cabramatta & Canley Vales are neighbours, aren't they? So we are so close to each other from time to time.

By: Allen Yenny

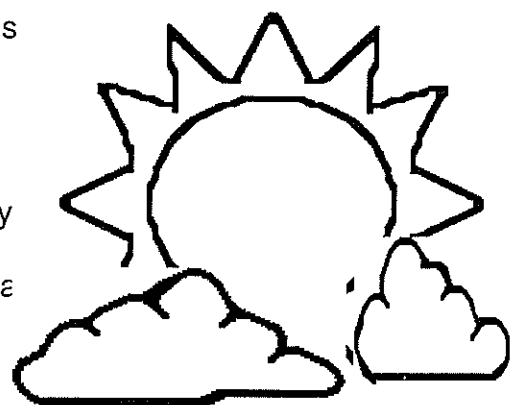
Mrs Roberts Head Cleaner 1994

Cabramatta High School was very fortunate to have such a devoted person in Mrs Roberts. She has been a cleaner at Cabramatta High School for the past 21 years, but she did much more than cleaning. Mrs Roberts was always around to let you in if you had forgotten your keys. She was especially appreciated for her extra work where excursions were involved, she was always there to open gates, close gates etc...

You could leave her car at her place, nothing was a bother to her.

BELLEVUE

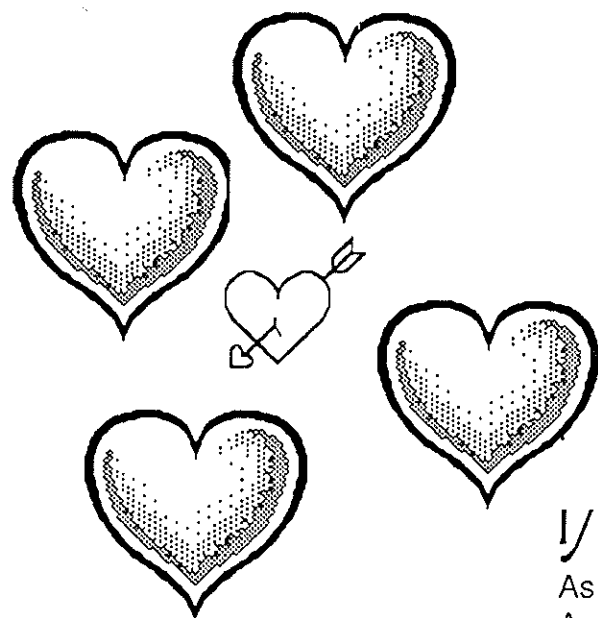
Whenever there are clouds
And they cover up the sky
When it seems as though
Your tears will never dry
Look into your heart
And hear what it has to say
Be a little patient
And love will come your way
Time could heal all pain
Even if your hurting now
The sun will shine again
Just keep on believing
In everything you do
Cuz somewhere there is
someone
Who's just as right for you



LOVE

IT PULLS YOU UNDER
SUFFOCATES YOU
WITH ITS POWER
IT DEMANDS YOUR SURRENDER
THERE IS NO CHOICE
NO TURNING BACK
IT STAYS WITHIN YOUR SOUL
FOREVER.

by V.S.B.



IMAGES

As I looked out of the window
And stared out at the rain
I imagined a new life
With no damages no pain.
I saw a new image
That I wanted to be
Even if this image meant
Not really being me
I tried it for a little while
And found out I was wrong
If I have to lie to me
Its not worth it, I just dont belong.

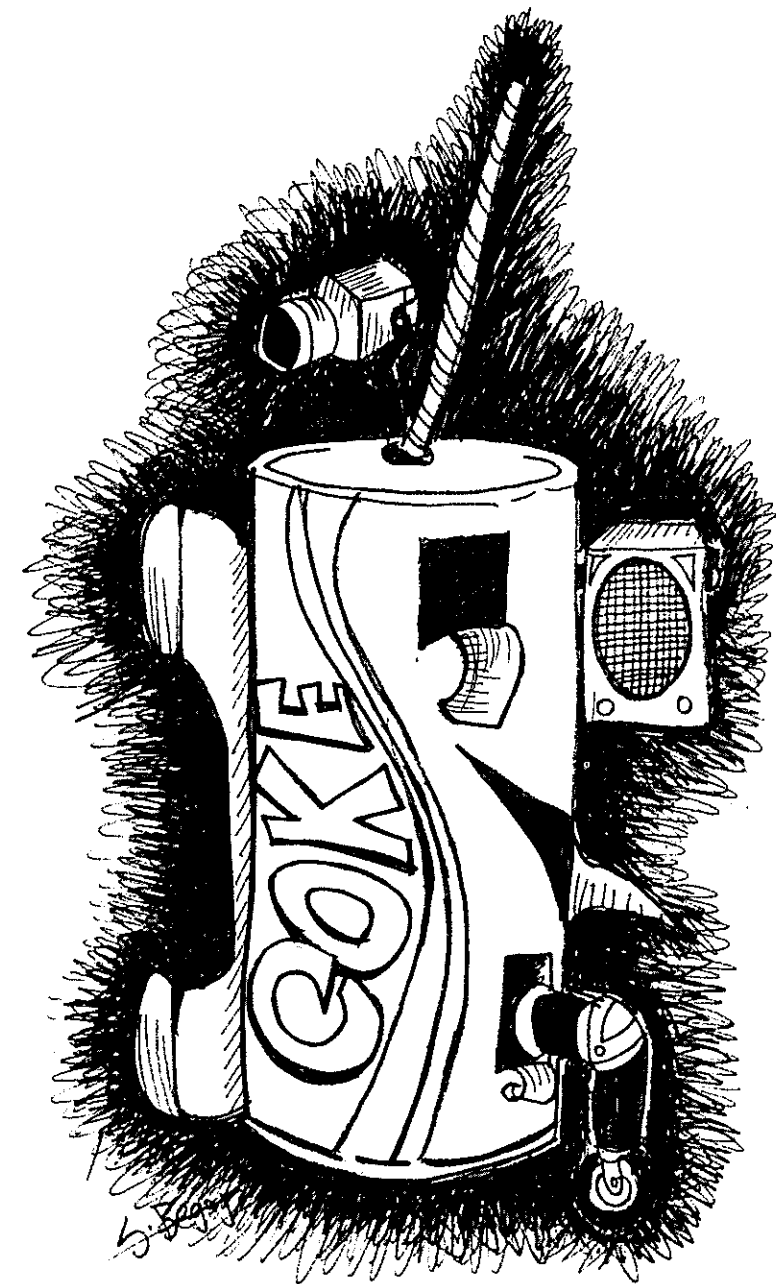
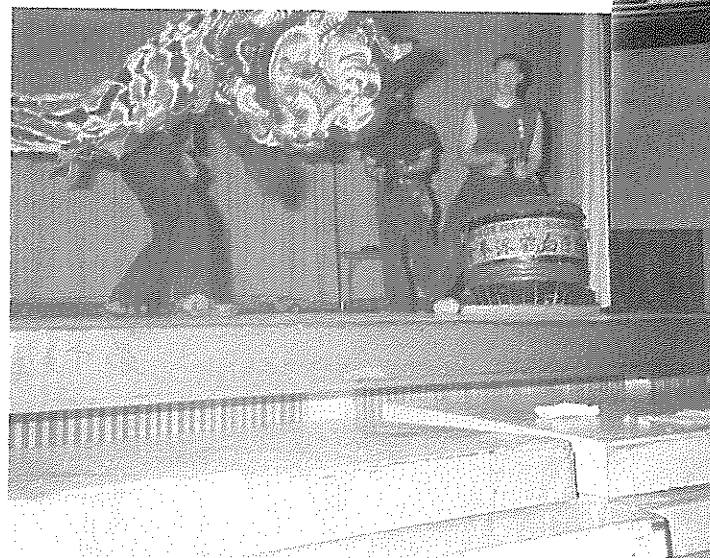
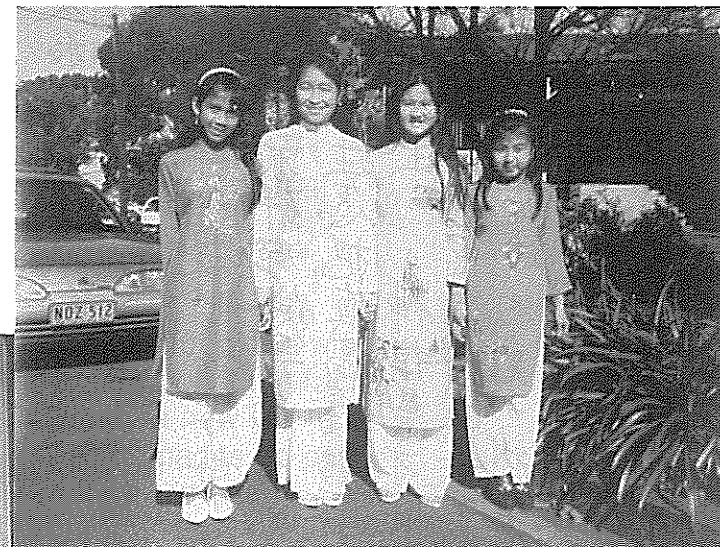
by V.S.B.

我的朋友

那的做級信
 有，是四她
 沒，是四她
 也的响位第跟
 友有影一念常
 朋要的的校時
 位需大好學仍
 一都很要朗，
 連人有最文後
 果个都我南之
 如每們但越洲
 人是，在沃
 个友对友是了
 一朋友朋她別誼
 ，。朋的與我友吳的，
 上了的多我。的歡她輕她長和有她往，
 界獨坏很。的們妻，這裏與們得，來花去精得位來有
 世孤与有娟識我人紀校師師記上來眼过的寬一將云
 在太友我朋認持我的年學老老我路是又走人我是。社
 就朋 吳時保 和她在敬得 在但慢上助 她样对
 温愛。尊值
 與可書，她
 慈很讀氣从
 仁且功和所
 很而用很。
 位，很也样
 一朋她們一
 是聰。學親
 她很調同母。一老這去过
 為來廣對父戴我位，过帶。能學績
 因起很，敬愛和一多不人動幸好勤
 ，看認規尊的她見太走老感榮的的
 看車也位我和學好人
 上認校像們，看車也位我和學好人
 但守，學次然的那样那使與向有有
 的，遵輩同一突往怎把真高奮能獻
 候馬動就種
 時过行，這
 的走的了
 校晏人見。
 學想年看去
 上正老她路
 起人位。馬
 吳。做
 和生，
 友榜和
 朋好立
 做的自
 學她够
 同学能
 娟要个
 麗我一

筆者

TU CHI THAI
第十班



Food

Recipe

Baclava

Ingredients

pastry
2 cups of honey
half cup of sugar
2 cups of crushed walnuts
4 table spoons of lemon juice

Method

Fry honey, butter, sugar and lemon juice together until it boils.
Leave to cool for two minutes.
Spread evenly over flattened pastry.
Spread walnuts evenly on top.
Leave to settle for a amximum of 5 minutes.
While waiting, turn the oven on to 160 celcius.
Place in oven till golden brown:
Wait till it cools and is ready to serve.

Suryati



CHINESE SPICED PORK

Ingredients:

375g pork fillet
2 tablespoons soy sauce
1/2 teaspoon finely chopped root ginger
1 clove garlic, crushed
1 tablespoon sherry
1 teaspoon brown sugar
1/4 teaspoon Chinese five spice powder
3 teaspoons oil
1 red pepper cut in large pieces
2 sticks celery cut in diagonal slices
6 shallots, sliced diagonally
1 x 225 can whole baby corn (drained)
1/2 cup water and 1 chicken stock cube
2 teaspoons cornflour
2 teaspoons soy sauce

Method:

Remove any fat or skin from pork. Cut pork into paper thin slices. Blend the 6 marinade ingredients. Place in bowl, add pork, stir to blend well and allow to stand at least 30 minutes, stirring occasionally. Heat 2 tablespoons of the oil, stir-fry pork slices about 5 minutes or till pork is tender. Remove and drain on absorbent paper. Add enough oil to make 2 tablespoons, heat, add pepper, celery, fry 1 minute. Add shallots, corn and replace pork, stir-fry 1 minute to heat, blend water, chicken cube and cornflour, add to pan and stir till it thickens. Add soya sauce to taste. Serve pork with Lemon Butter Rice.

Lemon Butter Rice

2 tablespoons butter
4 cups cooked Calrose rice
1 tablespoon lemon juice
Grated rind 1 lemon
1 tablespoon chopped parsley

Method:

Heat butter, add rice and toss till coated with butter and lemon rind and juice, toss again till heated.

Serves 4.

Anna



LAMINGTONS

Ingredients:

The Cake

3/4 cup sugar
180g (6oz) butter (or margarine)
4 eggs
3 cups plain flour
3 teaspoons baking powder
1 cup lukewarm water

Method:

1. Cream together the butter and sugar (in a mixer if you have one).
2. In another bowl, beat the eggs until foamy and light, then add them to the butter and sugar, and beat again.
3. Tip the cup of barely warm water into the bowl, and beat again until it is well mixed.
4. Sift together the flour and baking powder, then add it to the mixture a small amount at a time, stirring gently or using the electric mixer on its slowest speed.
5. Pour batter into a well greased and floured rectangular tin, 20cm (8 in) by 30 cm (12 in) and bake at 175°C (350F) for 30 - 35 minutes, until a skewer thrust deeply into the middle comes out clean and dry.
6. Turn the cake on to a wire rack to cool, let it get thoroughly cold, then slice it with a very sharp knife into blocks about 5 cm by 7 1/2 cm (2 by 3 in).

The covering icing

2 cups sifted icing sugar (confectioner's)
2 tablespoons powdered drinking chocolate (or cocoa)
1 cup runny chocolate syrup, such as icecream topping
1/2 cup very hot water

Method:

1. Sift together the icing sugar and the powdered drinking chocolate in a bowl, then add the chocolate syrup and stir until there are no lumps.
2. Tip in the hot water, beating as you do so, and continue to beat until the mixture is smooth and very runny.

The putting-together

Blocks of cake
runny chocolate icing
2 cups desiccated coconut

Method:

1. Pour the chocolate icing mixture into a small tray with low sides.
2. Take a block of cake, and sit it in the runny chocolate icing for about a minute, then turn it over, let it sit a minute, and keep turning it until all its sides have been soaked in the icing; the icing should actually soak into the cake, rather than coat it.
3. Take the cake out of the icing, and very thoroughly, but gently, roll it in the coconut.
4. Put each block on a wire rack to dry, about 1 hour, then store in a tightly lidded tin.

This recipe makes about fifteen blocks.

Serbian Sarma

Boris Kljajic

Ingredients:

(makes 20 sarma's for 10-15 people)

1 large cabbage head
1/2 kg minced pork
1/2 kg minced beef
150g chopped ham
1 & 1/2 cups of rice
1 onion
1 egg
1/2 garlic
1T vegetable oil
1T salt
1T pepper
1T paprika
1/2 oil

Method:

Mix all ingredients together (except the cabbage) in a bowl. After mixing pour the ingredients into a pre-heated bowl that contains 1/2 cup oil and simmer until they change colour for about 10-15 min.

When simmered take from the oven and let it cool.
Wash the soured cabbage and take off 20 good size untorn leaves.
After the sarma filling is cooled place a handful in each leaf. After completing this place the rolled up sarma into a large bowl then pour water to the 3/4 mark of the bowl and place remaining leaves over the top and place on the oven to cook for two hours.

Sauce:

Heat up 1/4 cup of oil, 1T flour, 140g tomato paste and pour over finished product.

Serbian people use this food a lot such as in weddings, slave(nameday) & parties.

Loving You

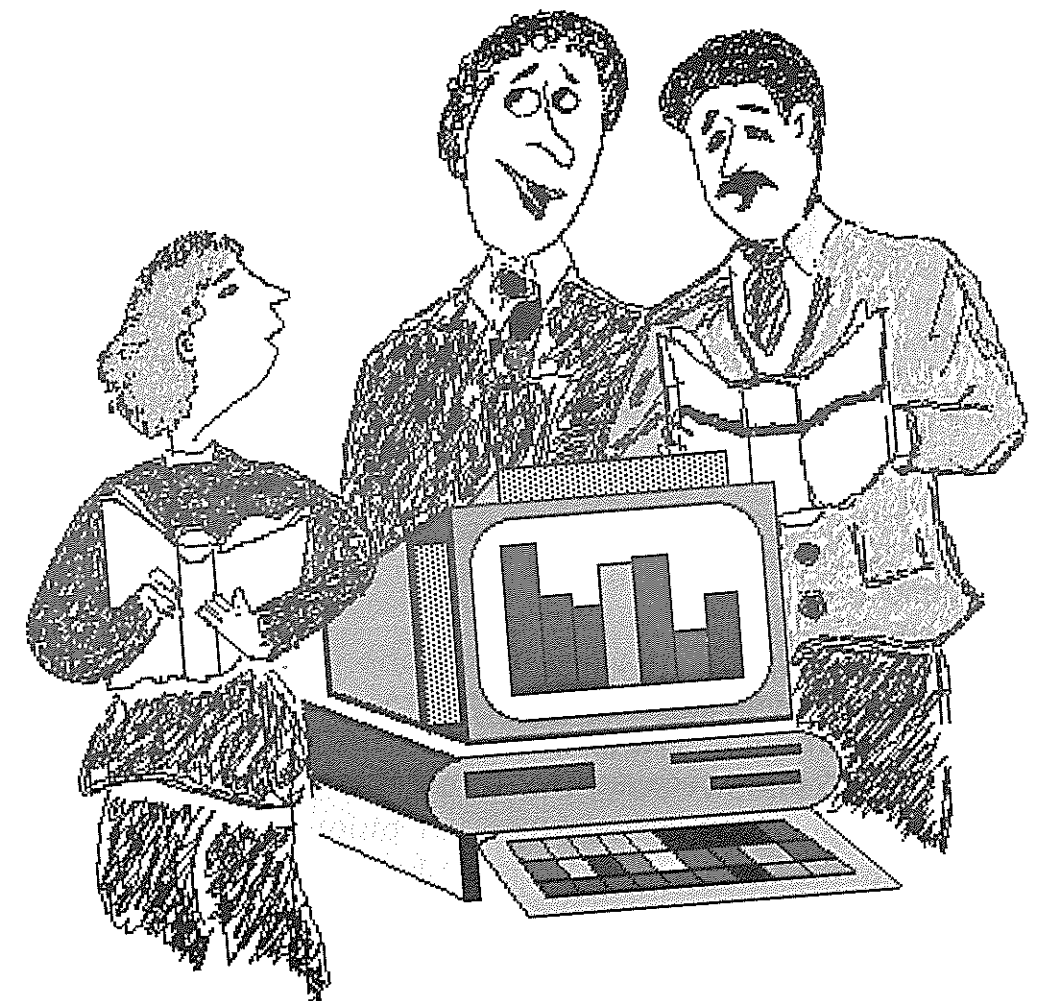
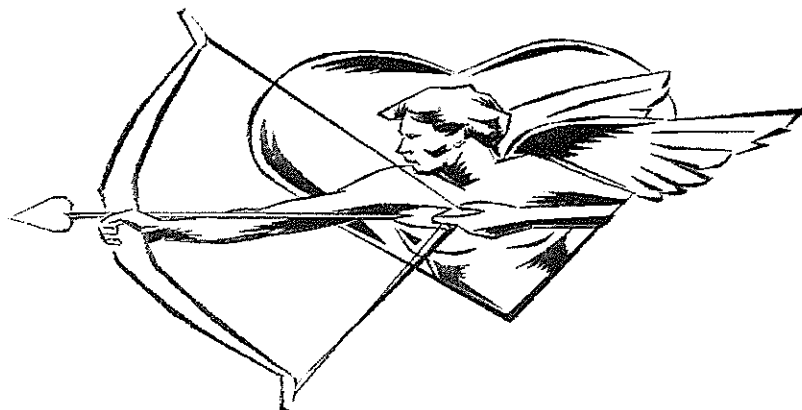
By: Mai Nguyen - 8ET

*Loving you is a dream come true,
Loving you is what I plan to do,
Loving you will feel so great,
Loving you more than I like a mate.*

*Hating you, you broke my heart.
Hating you, you tore me apart.
Hating you, you left me alone.
Hating you, all you left me was a bone.*

*For now, you are gone away, leading our
love astray.*

*For now, you are dead, what can I do?
Hoping my love will stay with you.
Love at first sight is what I did.
I feel like a cup and you a lid.
Left someone come and drink this tea,
For again in life, each other we'll see.*



Your getting
sleepy...
sleepy...



Cabramatta I.E.C



- * My name is Thanh Duy Haynh.
- * I came from Vietnam.
- * I'm Vietnamese.
- * I study at Cabramatta High School in I.E.C.
- * I would like to speak English very much.

- * My name is Khim Chheur.
- * I came from Cambodia.
- * I speak Cambodian.
- * I am 17 years old.
- * I have been in Australia for 1 month.
- * I learn English at Cabramatta in I.E.C.
- * I like English very much.
- * I like Australia very much because it is different from Cambodia.

- * My name is Hong Lim.
- * I came from Cambodia.
- * I speak khmer.
- * I am 13 years old.
- * I live in a house.
- * I have been in Australia for 1 month.
- * I learn English at Cabramatta High School in I.E.C.
- * I like learning English more than learning Art.
- * Mr Jackson is my English teacher.

- * My name is Eh Men Quach.
- * I am new in Australia.
- * I came from Indonesia, but my nationality is Vietnamese.
- * I have been in Australia for 2 months.
- * When I heard the news of coming to Australia, I was very happy but at the time I feel very sad for the people who are still at the camp.

- * My name is Xun Bo Liu.
- * I'm from China.
- * I have been in Cabramatta I.E.C for 1 month.
- * I lived with my Father and Mother.



Legend- THE DRAGON AND THE FAIRY

Long ago, when I was a small child, my grandma told me a most interesting and entertaining Vietnamese folk story. The story is about a dragon and a fairy. Vietnamese people believe that the dragon and the fairy gave birth to our ancestors and this how we originated.

Long long ago, there was a man and a woman named Lai Long Quan and Au Co, Lac Long Quan was a dragon in human form and Au Co was a fairy. They lived together and born hundred of childrens. Lac Long Quan had the power to turn into a draogon whenever he liked.

Lac Lond Quan and Au Co knew that they were too different to live together forever. They knew that one day they would have to return from where they came. So they decided to devide the children into two groups. Lac Long Quan would take 50 to live with him in the ocean and Au Co would take 50 to live with her up the mountains. Au Co's first born son who lived with her and his brothers and sisters in the mountains became the first king of vietnam. He was named Hung Vuong. To this day, many parents name their son after this king. This is why the Vietnamese people say they were originated from the dragon and the fairy.

The End

By: Ngoc Chieu Nguyen

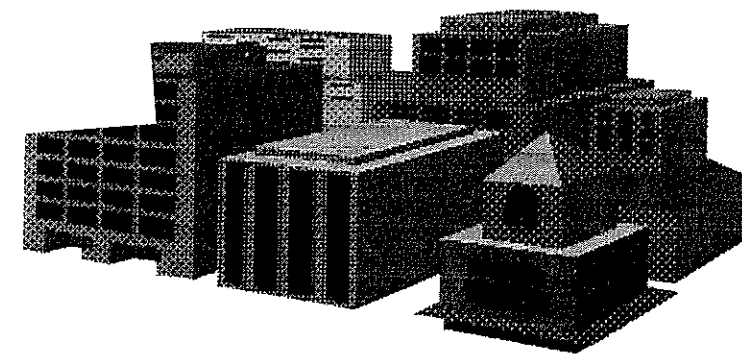


i SWEAR

I swear
 By the moon
 And the stars in the skies
 And I swear
 Like the shadow
 that's by your side
 I see the question
 In your eyes
 I know what's
 Weighing on your mind
 You can be sure
 I know my part
 'Cause I'll stand beside you
 Through the years
 You'll only cry
 Those happy tears
 And though I'll make mistakes
 I'll break your heart
 Chorus
 And I swear
 By the moon
 And the stars in the skies
 I'll be there
 I swear
 Like the shadow
 That's by your side
 I'll be there
 For better or worse
 Till death do us part
 I'll love you
 With every bit of my heart
 And I swear

(Ooh) I'll give you
 Everything I can
 I'll build your dream
 With this two hands
 We'll hang some memories
 On the wall

And when (and when)
 Just the two of us are there
 You won't have to ask if I still care
 'Cause as the time turns the page
 My love won't age at all
 (Repeat chorus and ad lib to fade)
 By; All 4 One.



13 Pigalle St
 Montmarke Hong Kong
 August 9th 1994

Dear Anne,

How are you? I'm fine here.... well, this is my second week in Hong Kong. Let me tell you. You know, firstly I didn't like it very much, but after living here for a while, I reckon it is a good place to live. I usually get up at eight o'clock and have breakfast with my land lady. Hong Kong breakfasts are very good. In the morning I usually go to visit my neighbour friend in the village to pick fruit. It was very interesting, peaceful and a beautiful time to play.

Let me tell you about the place of Hong Kong. You know in Hong Kong there is not enough money to provide all the education. Education in Hong Kong is free and compulsory for 6 years in a primary school and 3 years in secondary school, but most children have to finish their education at age of 15. Those who wish to stay at school usually have to pay money to study more. There is also further education at the University of Hong Kong, the Chinese University of Hong Kong. Some of the people have

the same problem of Kong Hong education authorities looking for somewhere to live. There is not enough land to build or enough buildings.

Anne, you know there is one important thing, exciting and new to you. That is the New Year in Hong Kong. Chinese New Year is one of the biggest festivals in Hong Kong. It begins in January or February. People clean their houses and buy new clothes before the New Year. People make lots of biscuits, food and buy lots of fruits for the New Year party. At night everyone in the family has to stay awake all night to join the dinner party. People also make New Year biscuits with lucky messages on them.

Before the New Year, people decorate the houses with lanterns and red burners. Some time they like to buy small orange trees to take home. These bring the family good luck for the New Year.

Shop and offices also decorate their buildings with lucky messages and good wishes for the New Year. People like to hang all the lanterns and lot of red pockets (lucky pockets) on

the wall and also in the windows.

Before New Year's eve many of the shops stay open until very late, because people buy things to cook for dinner and also buy lots of things to organize for the house to get good luck in the New Year.

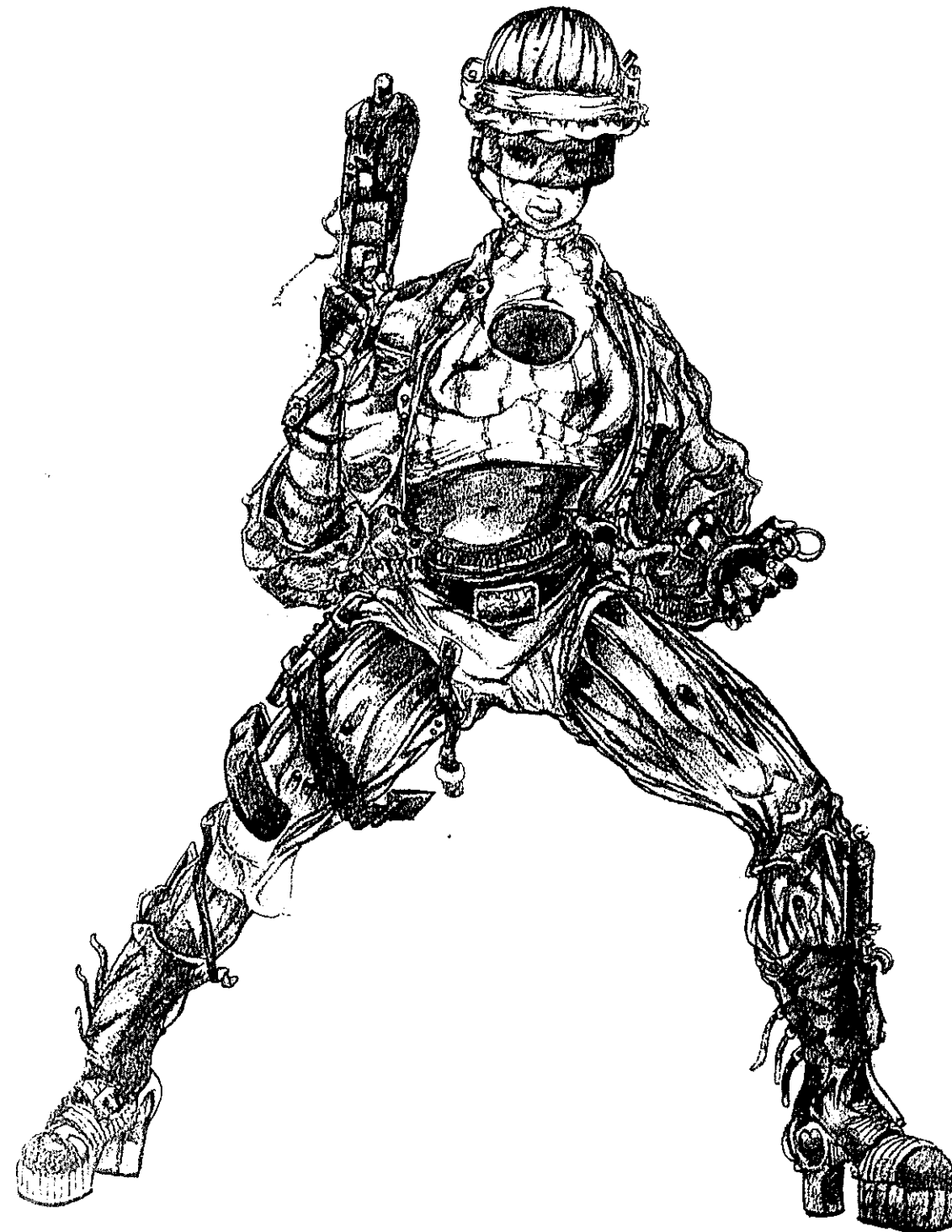
My uncle says if he has got more time he will tell me some more about Hong Kong. When he tells me I will write another letter to you.

Good luck in the future Anne, hope your dreams come true for you.

I give my best wishes to your family and my regards and love to you and Tom.

Bye! See you soon.
 I will write again soon.
 Love,
 My Chi XXX

My Chi



Dear Dith,

I have been in Kampuchea for one month now. The weather here is always sunny, maybe it's because Kampuchea is close to the equator.

There is a festival on while I am here. It's called the Dragon Boat Festival. There were many colourful boats with a dragon's head racing one another.

There's also a person banging a drum, urging his crew to the finish line. Many people turned out to see this; there was such a happy atmosphere today. At night the skies were filled with fireworks, quite a lot of them. There were so many beautiful colours.

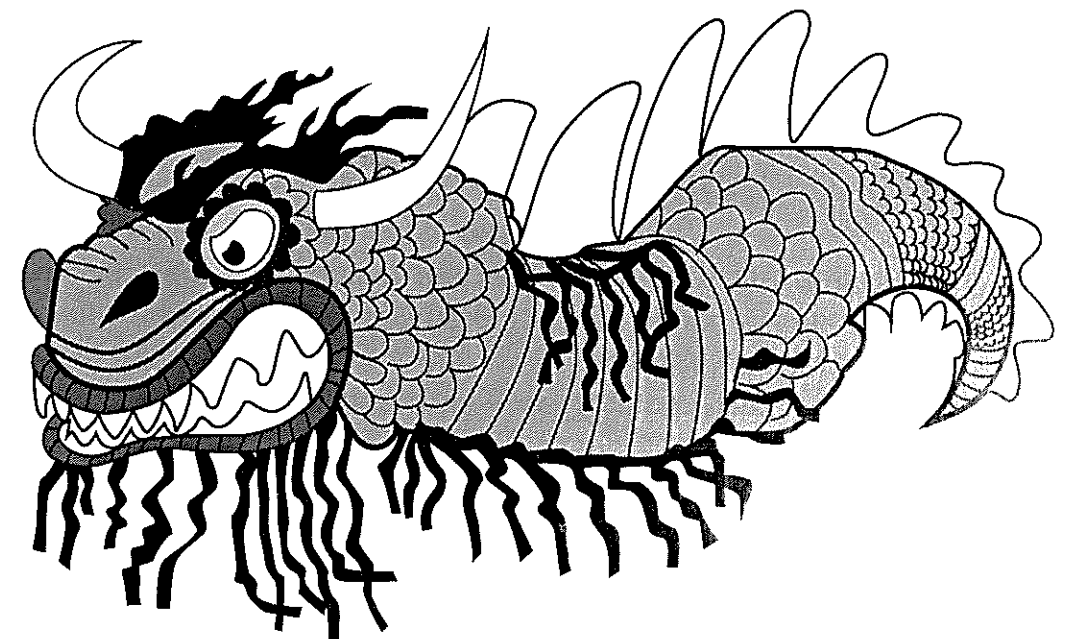
I will return to Australia very soon. You can count on it!

Thou Kouch

To: Dith Phran
101 George Street,
Sydney City,
NSW,

2999

Printed in Kampuchea



Mustafa Kemal Atatürk

Mustafa Kemal Atatürk was a general who fought for Turkey and saved it from being over run by other countries. Many other countries wanted turkey and all fought trying to take parts of our land. But this great man saved us with his unique methods and helpus to be independent and be a free country. We then became a republic in 1923.

Beware of the evil eye

These superstition are still practised in Turkey from form ancient religious beliefs. The most powerful of all and the one connectedwith most ritual practices is "The Evil Eye" Turks call it "NAZAR" or "The Look." It is thought that people can put the evil eye on some one and harm will follow even without meaning harm. If person is proused, the evil eye might take an interest. So the safest seem to keep out of is the limelight and wear protective charms which are called Muskas. Because of this, blue beads ar worn by babies or little kids, and people say "MAASHALLAH" meaning "God

has worked warders."

Bears:

Tame bears are often to seen in Turkey. They perform dance to the music of tambourines, or pretend to wrestle with their keepers. Bear are very popular animals in Turkey and many stories are told about them.

Bridprice (in the villages)

In the Turkish village it has been known for young men to give money to the girl they wants to marry. The young man will have to go to the girl's house, ask permission from the girl's parents for marriage and if accept the young man will have to pay a price for the girl and give the money to the girl's father.

Newborn Babies:

Newborn babies are sometimes rurbbed over with salt to make them strong. In the first 40 days of its life the baby cannot go outside as it must be able to resist the evil eye and other malijan influencen.

Teacher are very

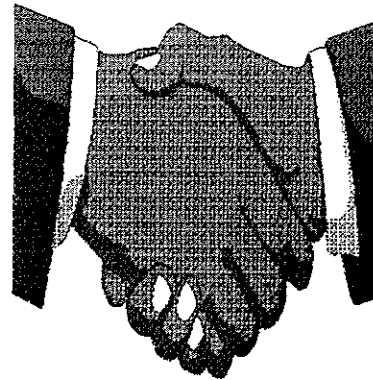
Respect For Teachers

important. For example when the teacher walks into the classroom, the students will all stand up while the teacher is coming in and when the teacher tells them to sit the students will sit.

Respect, in Turkey is vital

Respect for Elders

thing. Everyone has to respect their elder wether big or small. For example when visitors came over everybody will stand and the young ones will kiss the older person's hand which is and important thing



My future My Future

??

My future, what will I become?
What things will happen in my life?
How can I look for my future?
I always ask myself about it,
But I can't answer this question.
I just live from day to day.
With my dreams and wishes
And try hard in what I can do.

My future, what will I become?
It may bring poverty for me,
Or it may bring riches for me,
It may bring unhappiness to me,
Or it may bring a happy life for me.
I don't know about tomorrow,
For it's skies may turn to grey,
Instead of it's sun shine.

Motto: So do not worry about tomorrow, it will have to add to the problems it bring each day.

In this term my English teacher has taught me about poetry. I am really interestd in this subject. Even when I lived in Vietnam, I always wrote my own poems in Vietnamese language. That's why in this test I choose a poem in Free Writing. This poem is what I wonder about my life. The things I cannot answer.

Le ngoc Han

一個雨夜的回憶

我挺喜歡下雨的夜晚。它給予人一種涼爽的感覺，但有時也很冷，使我勾起了我的回憶。

記得那晚，天正下着大雨，我站在窗前望向屋外，看見雨水大力的沖打一顆大樹，風正把大樹刮得一會兒向東斜，一會兒向西歪，好不可憐。突然間，我就覺得這景象很熟悉，不知道曾經在那一個地方看見過，也像是自己曾經經歷過，就這樣我想呀想呀，思想墮入了回憶之中，竟然忘記身處何方。

我慢慢地走進回憶裡去，忽然我覺得心里一陣喜悅，而那景象、那地方也逐漸變得清楚，那就是我曾經住過一段時間的難民營。

當時，那場雨是在白天發生的，可是下雨之前，天氣很晴朗，藍天白雲，一點都不似會下雨的。我和小妹正準備上學去，突然天上烏雲密布，天昏地暗，又隨即刮起大風，飛沙走石，像有大災難要來臨一樣，把屋頂的鐵板吹得掀起來飛出老遠，掛到樹上（因為難民營的房屋乃是用泥土混沙來建造的，所以屋頂的鐵板也沒有那麼堅穩），也把幾顆種植了幾百年的大樹連根拔起，壓倒了一排房子，接着就下了一場傾盆大雨，路上立刻就出現了很多水窟。這場雨只不過是在極短的時間內發生，但已給人們帶來了災害與麻煩。還好只損失房屋，無人死傷，亦沒有損失財物太多。雨過天晴，大家惟有重新建造房子，度過苦難的日子。

時間也不知道過去了多少，忽然我覺得臉上濕得很，這才從回憶裡回到現實的生活。原來自己還是站在窗前，而雨水却已濕透了我的臉頰。

馬蓮嬌

八年級

3/10/94

A Legend

A long long time ago there was a lion which was the most powerful creature in the forest. One day when he was walking around in the forest, he heard an animal say that there was an animal that was more clever and smarter than the lion and he could also capture any animals in the forest. After the lion heard that he became so furious and decided to challenge him to a competition..

When he got to where this animals which was being talked about lived he saw the animal, it was a human being. It was standing outside the fence which had sheep inside it. The lion went up to the human and said that he wanted to challenge him to a competition. However, the human disagreed. He said that he left all his cleverness at home. Then the lion said that he would wait until the human went home and returned with his cleverness. That was not finished yet, the human said that he could not trust the lion not to eat his sheep so he needed to tied it up first before he goes. And so the lion agreed. After the human tied it up he started to whip the lion and said that it was his cleverness.

While this was happening a cow nearby saw it and laughed until he got his mouth hit with a pig log sticking up and he lost his top teeth. This is the reason why cows have only got bottom teeth now.

By: Pannet Pok

LIFE

WHEN YOU ARRIVED IN THIS WORLD ,
YOU 'LL RELISED IT IS MORE COMPLEX THAN
STAYING INSIDE .
YOU 'LL FIND PEOPLE STANDING IN FRONT OF YOU
SAYING "MA MA OR PA PA "
OR MAKING FUNNY FACES AND MAKING A FOOL OF THEMSELVES .
YOU ARE SITTING THERE WONDERING WHAT THE HELL ARE THEY GOING ?
SOMETIMES THAT FUNNY FACE
CAN TURN INTO A FACES
AND THAT SCARES THE DAYLIGHT OUT OF YOU .

THEN YOU WILL GROW - UP , BECOME A TEENAGER .
YOU'LL BE LIVING IN THE SOCIETY
WHERE DOZENS OF PEOPLE DIE EVERYDAY
NOT BECAUSE OF NATURAL DEATH ,
BUT BECAUSE OF VIOLENCE AND DRUG OVER DOSES

FINALLY YOU 'VE BECOME AN ADULT ,
YOU 'LL HAVE MORE FREEDOM ,
YOUR PARENTS WILL STOP NAGGING YOU .
YOU 'LL FIND A JOB
YOU 'LL FACE A MANAGER THAT WILL NEVER BE
SATISFIED WITH YOUR WORK .

A MAN OF GREED .
YOU 'LL HAVE TO BATTLE HARD TO KEEP UP YOUR STUPID JOB ,
SO YOU CAN PUT SOME DECENT FOOD ON THE DINNER TABLE .

BATTLE FOR MONEY ,
FIGHT FOR POWER ,
VIOLENCE AND REVENGE ,
DESPERATIONS ,DRUGS.

WHAT KIND OF WORLD IS THIS ?
ARE WE CIVILISED ?
CAN SOMEBODY PLEASE PUT ME BACK INSIDE .
OR MAYBE A SIX FOOT DEEP HOLE .
THANK YOU .

WANTS TO REMAIN ANONYMOUS.

節 約 與 守 時

節約與守時，都是美德，節約是中國人的優良傳統，我們向來以刻苦、耐勞和節儉著稱，但不守時也是我們一項很壞的習慣。

我們知道所謂節約是克制消耗，對不必要的金錢消耗，盡量免除或減少。這種克制並不容易，因為人們都愛逸樂和貪圖享受，沒有金錢不必說，有可供享受的錢，要克制自己不花費，這就非常不容易了。

守時可說是外國人的優良傳統，外國人有一句話：「時間即金錢」，正如我們說：「一寸光陰一寸金」一般，都是優良的時間觀念。

一個不重視時間的人，不會懂得時間觀念的重要性。平素不知守時，一定會為朋友所厭惡，別人為你失去時間，就等於失去金錢，這個人必為朋友所棄。不為朋友所信任，這個人還有事業的前途嗎？

我們既有節約的美德，知道節約的重要，同時也必須有守時的習慣，如能兩者都具備，便能適應今天事事讲求效率的社會生活。

馬蓮潔 十年級

28-9-94

A LONELY NIGHT.

by: Janet Blau - SEP

Tonight the stars were shining,
Unnoticed my tears were dropping.
A question in my heart, why you are leaving.

The old memories back in my mind,
Remember all your smiles and how you are kind,
Suddenly I can't see anything just as if I'm blind.

Then I looked onto the ground,
Noticed the Earth dislike how it is round,
Just as I dislike the lonely sound.

Do you really want to go?
Well you just leave me in the cold winter snow?
That's all I want to say, I want to know.



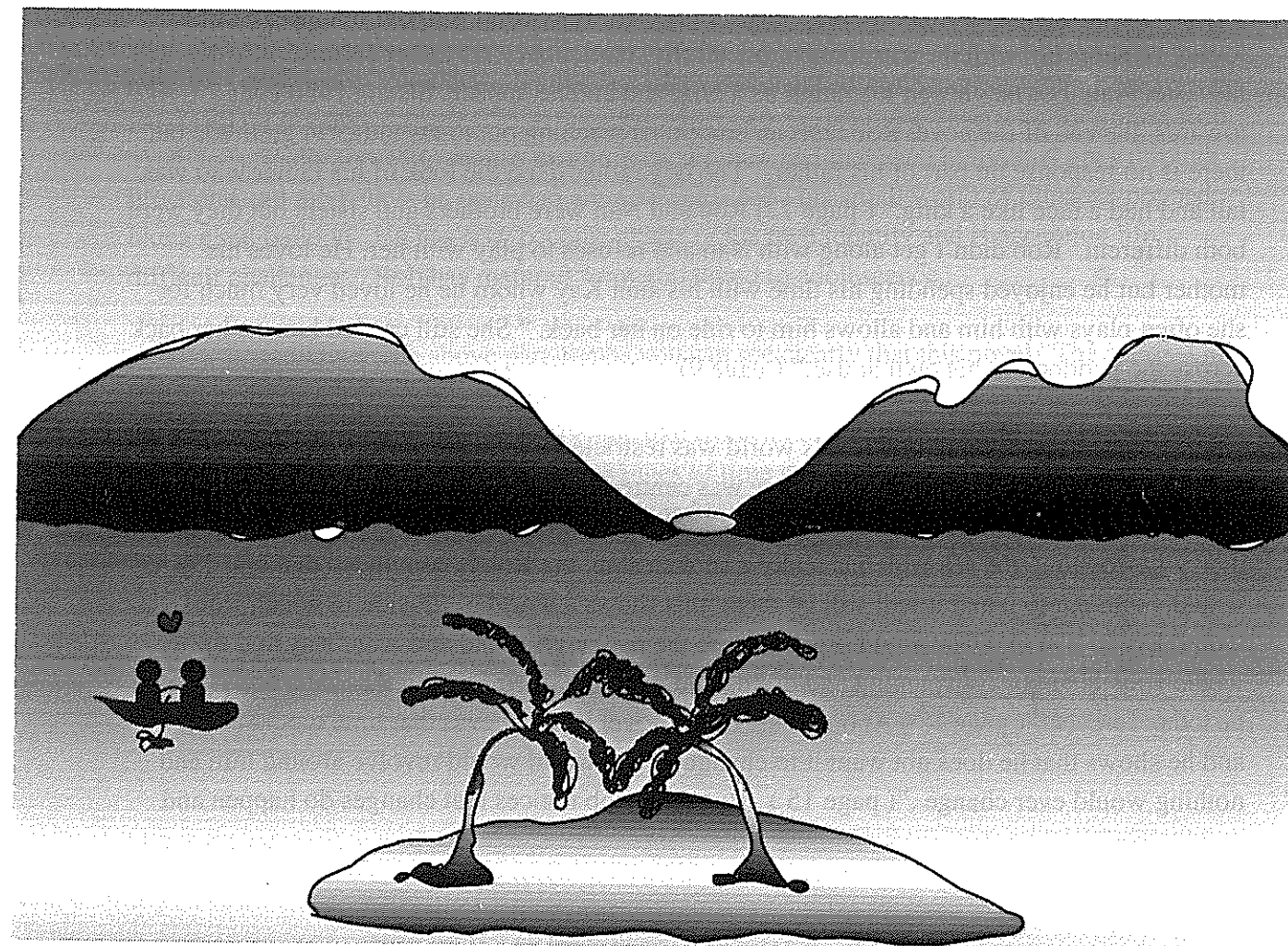
Being A Samoan

Western Samoa is a small island marked on the map, an island with many people; people who talented in sports, singing, and especially knowledge of our culture. Growing up in the Samoan culture has made me the way I am today. I have grown to be friendly and respectful to others. We, as followers of our parents, must listen and obey their every command in order for them to respect us.

Religion plays a big part in our culture, we have a variety of religions which most Samoans are always committed to. We are always willing to give time to the lord

I was not born in Samoa but was born in New Zealand where many other Samoan children were, Actually the population of Samoans in New Zealand is very high but still our culture lives strong even though were not on our Western Island in Samoa. I have visited Samoa which was a great experience, I had discovered a place where my parents and grandparents and most of my family grew up in. Samoa maybe a small island but is very beautiful friendly people, I found out more information about my culture and family by this trip which I enjoyed a lot.

I am proud to be a Samoan, and have no regrets being one. I am not ashamed of my culture and never will be. However, I will always respect others and their ways of culture because I know that if you respect others, they will also respect you.



ENGLISH ESSAY "THE MERRY-GO-ROUND IN THE SEA."

QUESTION : Do you consider "The Merry-Go-Round in the sea " a relevant novel for young readers of today? Why or Why not? Discuss why you have come to this conclusion by referring to specific incidents and characters in the novel.

I consider the novel " The Merry-Go-Round in the sea " by Randolph Stow to be of great relevance for young readers of today. For the fact that it is a novel whose issues deals with life's common difficulties such as love, changes, time and our capability of accepting the realities in life.

In the novel the spotlight is on two characters in particular. There is Rob Coram through whose eyes the story unfolds, and who grows up from the age of six to his early teens. Throughout his journey to adolescence Rob encounters many obstacles, that brought big changes into his life. But he learns and adjusts to these new changes and gradually accepts them for what they are. Then there is also Rick, Rob's one and only idol and most admired cousin. In the novel he manages to adjust to the conditions of the war and the prison camp. He manages this reasonably well but then another readjustment was brought into his life upon his return to his home town and this was beyond his power, and therefore fails to find happiness and security which ended with his sudden departure to search for a new life elsewhere.

Throughout the novel we the reader are given a very strong impression that young Rob struggles through life basically on his own. As a child Rob did not have a close loving relationship with the members of his family. Particularly his father Jefferson Coram and his sister Nan. For he viewed his father as a king and he appears distant, and even towards the end of the novel Rob feels an emotional reaching out to his father in gratitude but there is no response on part of his father. "The boy rather liked the look of his father who was tall and had a face like a king." (page 72) Rob and Nan were brothers and sisters but they were both different. Rob didn't get along with Nan and refuses to play with her. He loves his mother but he enjoyed spending his time with his aunt Kay whom he loved very much for she often plays with him and allows him to ride on her back. " She still carried him on her back across the paddock to his own house." (page 9)

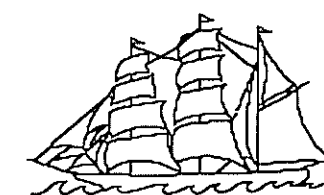
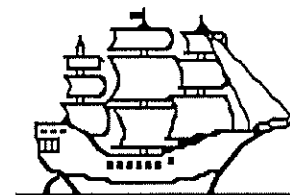
As a young boy Rob's world was restricted due to the presence of the war. The only part of the world in which Rob knew was centred around his home town Geraldton and the only people whom he associated with his family members and school friends. Rob sees a merry-go-round in the sea which is really a sunken ship, but Rob is convinced that one day he would swim out to it and it will still be there. This shows a world of illusion in which Rob would like to live in. " He would bring Rick to the merry-go-round and Aunt Kay and they would stay there always spinning and diving and dangling their feet in the water and it would be today forever." (page 15) At one stage of the novel Rob believes that time would change and he shows that he does not want it to change. "The world would revolve around him and nothing would ever change." (page 15) . But soon Rob notices that changes do happen and

this is when he becomes aware of the changing of time. "He was thinking of time and change he counted up to sixty and thought : that was a minute ,it will never be that minute again .It will be today again . Never ! (page 6)" I am six years and two weeks old I will never be that again " (page 4) Rob is shattered by his discovery but in time he learns to accept the fact and continues on .

Another important part of Rob's life was his hero-worship of his most admired and beloved cousin Rick whom Rob looked up to as his very own idol . He had always admired Rick ,he was so proud of everything about Rick he walked behind him , he would study Rick forever ." (page 26) Rob's admiration for Rick was so strong that he believed his idol Rick would still be the same Rick that had left to join the army four years ago . But upon Rick's return from war Rob was devastated to find that his idol has changed greatly owing to the traumatic experiences at war . This is something in which Rob finds very hard to deal with. Because of the changes he found in Rick , Rob was forced to admit that does not stay still , it is changing and things were changing for him as well . They both have grown older and their lives have changed . But one thing that stayed still inside Rob was his strong admiration for Rick . Despite the fact that Rick has changed and the relationship between the two will never again be the same , Rob still loved him very much . "..... but he loved Rick for the person he is now .

Although Rick has returned home after four long years at war he does not find happiness and security . TIME has changed him , he fails to accept reality and therefore announces that he is leaving his family and country . "I've out grown you , I don't want a family , I don't want a country . "Families and countries are biological accidents I've grown up , and I'm on my own ." (page 273) This sudden decision causes more heartache for young Rob . And he is finally forced to realise that he is on his own and that each individual goes through life alone . all the beliefs he once had are now shattered . his small world of illusions popped like a giant balloon . He has now become aware of his own identity and is accepting life's difficult challenges . Rob has matured from childhood to adolescence .

Given the above paragraphs you can see clearly that this novel "The Merry-Go-Round in the sea "is basically dealing with the development from childhood to adolescence and the sort of problems in which young people like Rob can come across in life . It teaches us in dealing with the realities of life and the changes of time and how we can come to accept these . And I believe that all these issues are important for the younger generation of today .



DID YOU KNOW.....

- (1) The world's oldest written history comes from china? Archaeologist have discovered records of Chinese history written before 100 B.C. The first great Chinese historian 'Sima Qian' wrote the earliest major history of about China around 2000 years ago!
- (2) If the volume of water is small, the fall may be called a Cascade. If the volume of the water is large, a fall of this sort is call a Cataract.
- (3) 'Herodotus' an ancient Greek historian is often called the 'Father of history'.
- (4) Watermelon provides a good source of potassium and vitamin A's and C's. The rind is sometimes pickeed and used to make relish.
- (5) Detergents and soap clean soil material in much the same ways.
- (6) Weasels are small fury animals that have long, slender bodies and short legs. Weasels have small, vigilant, dark brown eyes and rounded ears. They are found on every continent except Africa, Australia and Antarctica.
- (7) Diabetes Insipidus is a disease in which the kidneys cannot retain water that passes to them from the blood.
- (8) Dutchman's breeches, also called White Heart, is a small delicate plant with flattened, heart-shaped flowers.
- (9) Xenon is a chemical element that makes up about 1 part in 20 million of the Earth's atmosphere. Classes as a noble gas, it is also colourless, odorless and tasteless.
- (10) Yule is another word for Christmas. Yuletide means the Christmas season. The origin of the word Yule has not been established, but it probably goes back to a prechristian harvest festival held in November.
- (11) Zenith in astronomy is any point directly above a person on the Earth. Zenith lies on the *celestial sphere* that encloses the Universe. It is also opposite to a *nadir* which is a point directly below a peron on Earth.



I AM INDIAN AUSTRALIAN

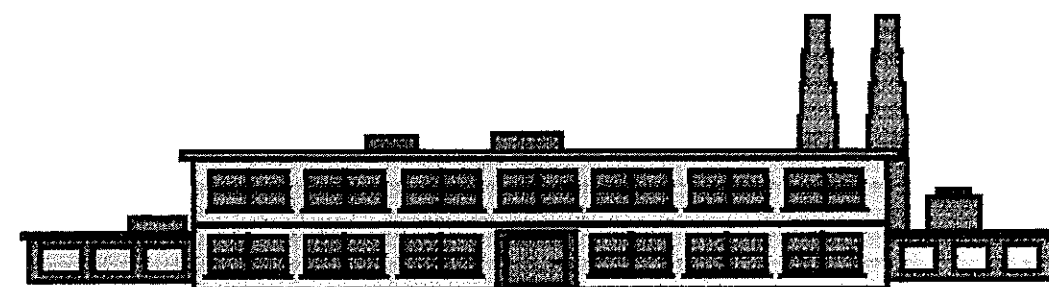
The culture that I chose is the Indian culture, I chose it because my great Grand Parents were from India, and my religion is Hindu. We speak in Hindi and in English.

India has a tropical climate, most of the country's rain falls during the monsoon which takes place from June to September. Farming is very important in India which still has to import much of its food as it cannot grow enough to feed everyone. Wheat, rice and cotton are the main crops. Tea is grown in a place called Assam which is exported to many countries. There are many cows in India which are not killed, because the main religion of India forbids the killing of the cows as they are sacred.

We have many religions. There are Islam, Hindu, Christianity and many more. As to the family life, some of the Indians are poor, living in no houses: they mostly live on roads. People like this mostly live in places like Calcutta, Bangladesh and Sri Lanka. Our Indian women wear wrap-around clothes called Saris and their customs are very strict and they have very good respect for others.

The special days and entertainment we have are called Depawoli and Holi. Depawoli is when we all pray to our God almighty Ram. We are not allowed to eat or drink alcohol for one week. Some don't eat meat for months until everything has been completed. Holi is when we all play with paint and water, which we put on each other. Indian girls are very smart in dancing, they dance on their bare feet as it is customary and they use their hands to express their feelings.

By: NIRAJ R DEO



Dear Louise,

Hi! How are you? I'm great. Turkey is so beautiful I'm now in Istanbul. I'm staying with my aunty. I've been to the beaches and we are now celebrating Islamic Ramadan - this where we have to fast for 30 days and then celebrate for three days by visiting families and friends and relatives and having dinner with them. It's great.

I've also been to school here, it's fabulous but it's really hard. We have similar work here although here it's pretty hard. The people are great and I'm loving every minute of it.

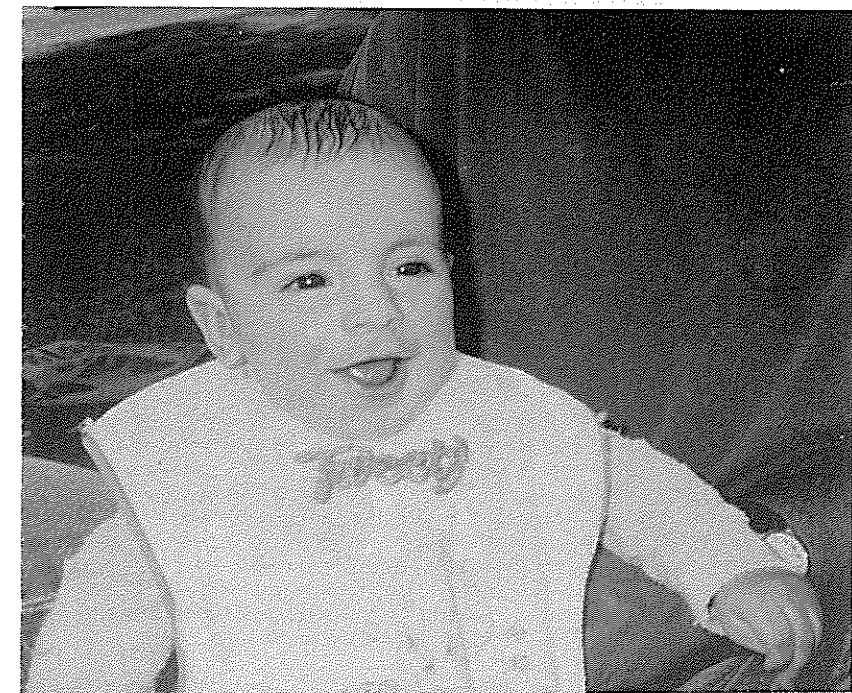
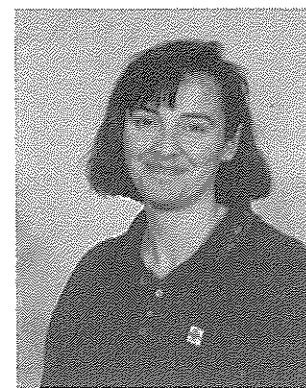
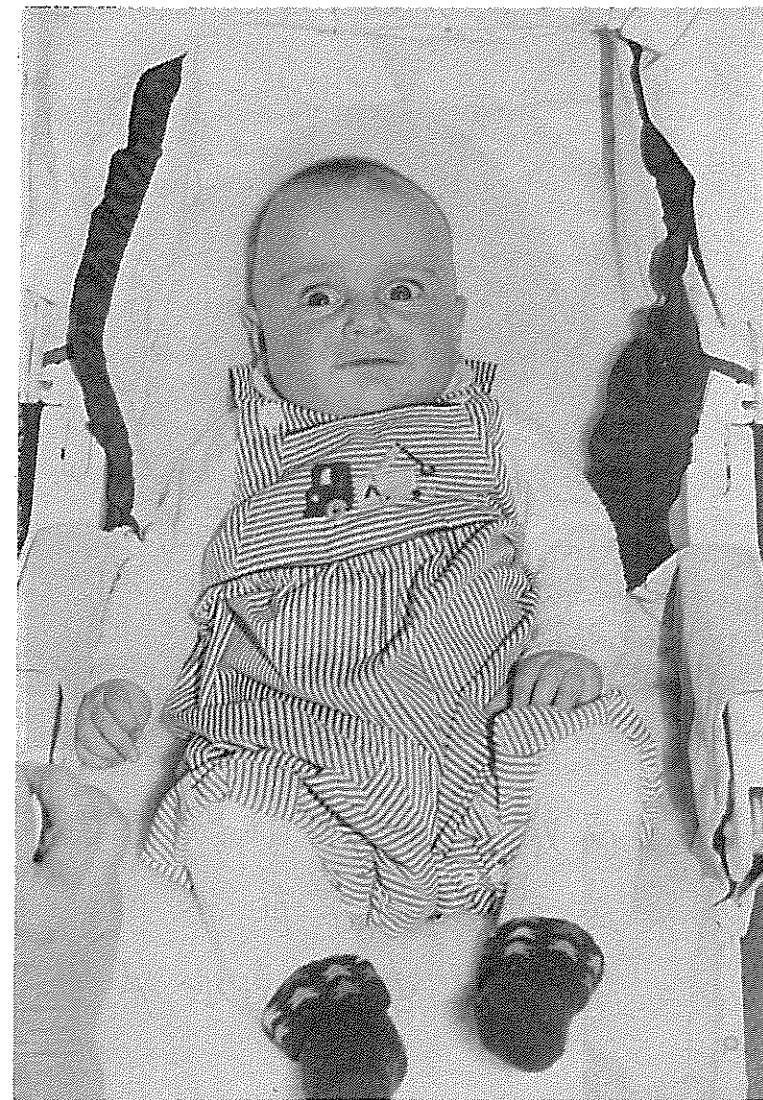
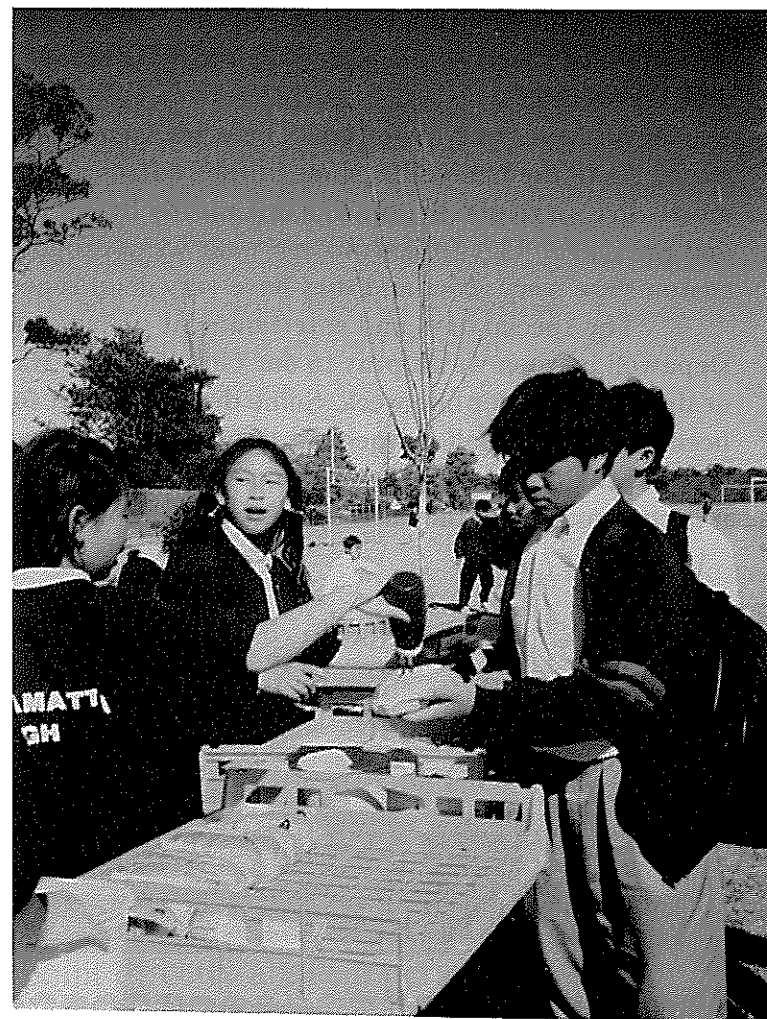
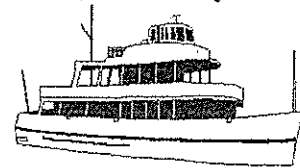
The people here want me to talk in English to them and they all listen carefully when I do. Some know English, anyway, so I can talk to them. We have English lessons in our school as well. My uniform is a grey skirt white blouse and a navy blue blazer.

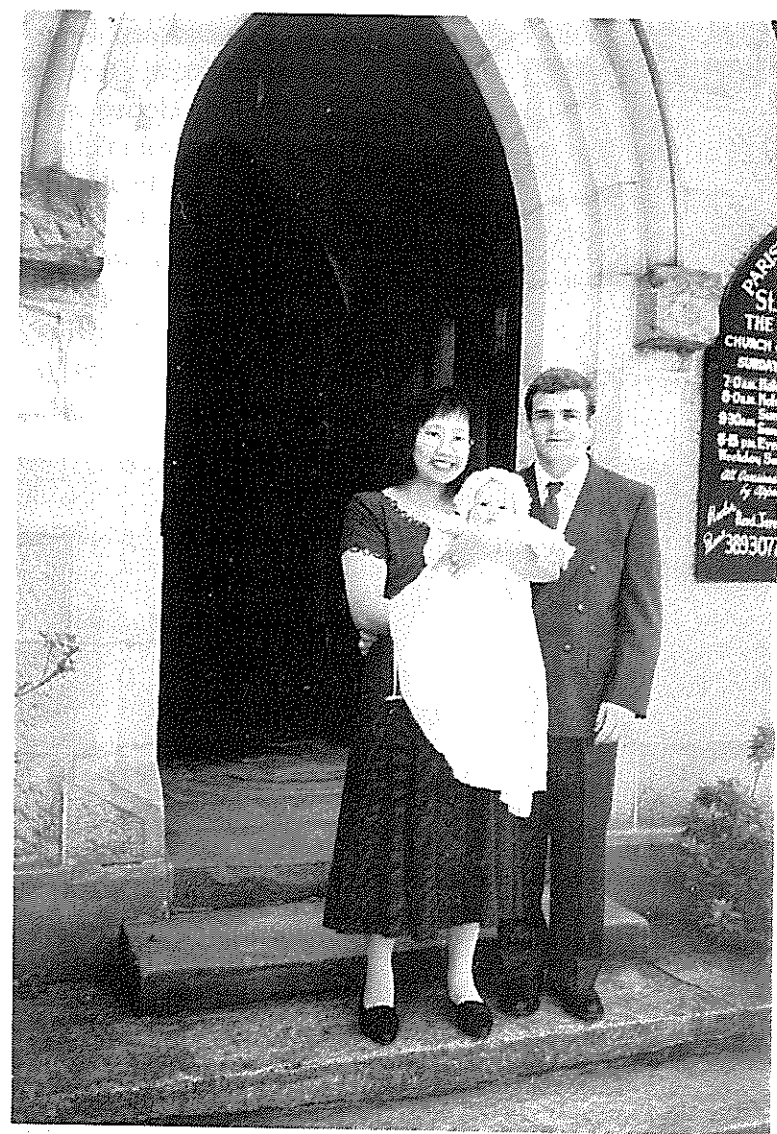
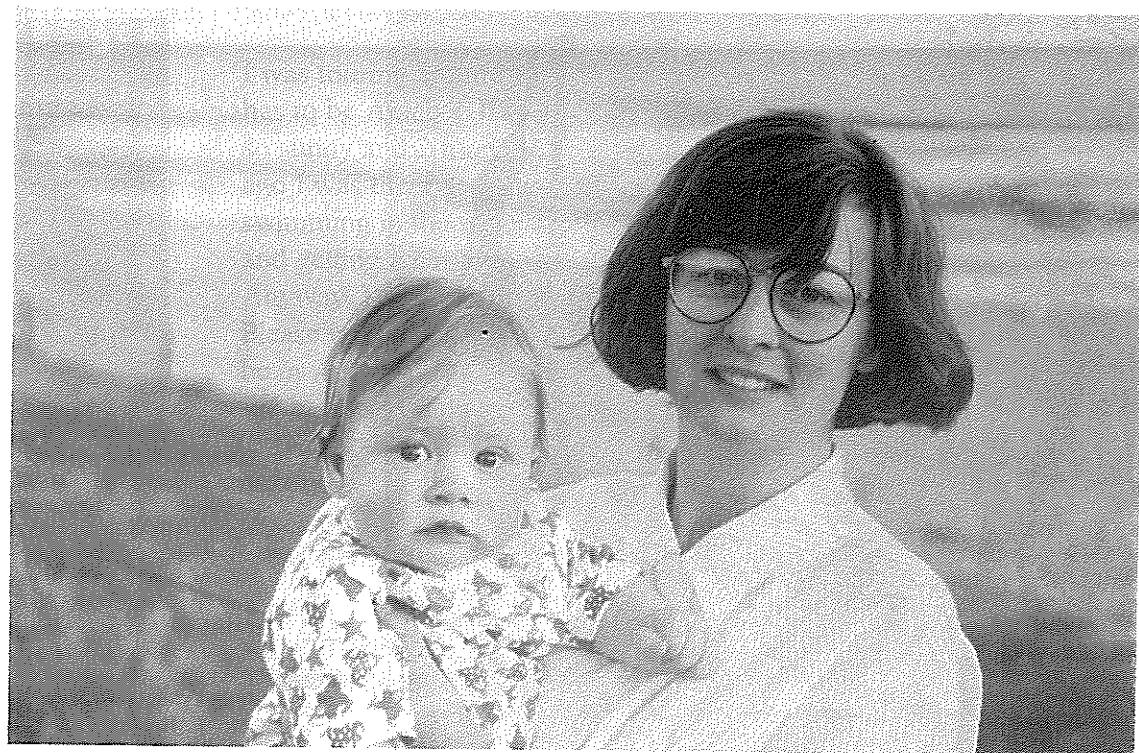
I've met so many people and I'm really settling in. There's so many places to go like - the mosques, the big shopping centres, the beaches, the parks, cafe's and so much more.

I have to say the place I loved most while

I was touring around has to be Antalya. It's so sunny and 2 months ago I was there actually swimming in the water and getting a tan. Anyway, I'd better go. Please write back. -I'll be in Australia soon I'm sad because I didn't get to see snow but maybe next time.

Love, Seda Talay





我的童年 十年級 潘蝶芝 (Alice pan)

我的童年是在家國的鄉村度過。

雖然在別人眼中好像過著窮苦的鄉下生活可是我仍感到很快樂。因為有爸爸、媽媽、弟弟、妹妹和我生活在一起。從前我們的家境不錯，後來家共侵佔家國，拿走了我們一半的財產使我們的生活變得很困難。那時候我還小不懂生活的苦。現在我覺得幸運，如果不是這樣，我的父母就不會想要離開祖國來到澳大利亞，讓我們有受好的教育的機會。

我時常懷念着在家國的既往因為那裏的生活是我永遠不會忘記的。

CABRAMATTA HIGH SCHOOL

CABRAMATTA High Chessplayers Nhon Trong Lam, Jay Shu Khu, Lufhong Huang and Ly Chau (pictured right) won the recent semi final rematch against John Terry Catholic High of Rosemeadow.

The rematch was necessary because the first match was a 2—all draw. The regional final will be played against Eagle Vale High.

Ly Chau was a last minute replacement for David Centellas. Ly Chau won his game in 4 minutes.



Especially 4 Dicky

KEEP ON LOVING YOU

It's a SONG

I've been waiting for the time,
Waiting for you to say you're mine
Can't hide these feelings inside,
Let me hold you tonight.

I really want you to know
All these feelings I have to show
How much I've been loving you,
Tell me you'll be mine.

I wanna love you, keep on loving you deep
I will love you till the end of time
I'll be with you no matter what happens.
I'll be there by your side

I will hold you, hold you here in my arms
I will promise I won't let you go.
Stay with me, make all our dreams come true
I will give you all I have,
'Cause you mean the whole world to me.
I will love you with my heart and we'll never part

From Someone in yr 9

Samoan Australia



Being a Samoan Australian is living a different life from Samoans back at home. I've been in Australia for 10 years now, and I feel at home. But thinking back to where I came from and where I was brought up, I feel that something is missing. Being a Samoan Australia and a person who hasn't seen or been back for 10 years, I know quite a lot about our customs. The meaning of the word Samoa is sacred centre. I do not know why, but it is what I was taught. In every Samoan Nu'u (village) there is a MATAI (chief) who is the head of each village. Their job is to look after the villagers when they are in trouble and to represent the village in special occasions.

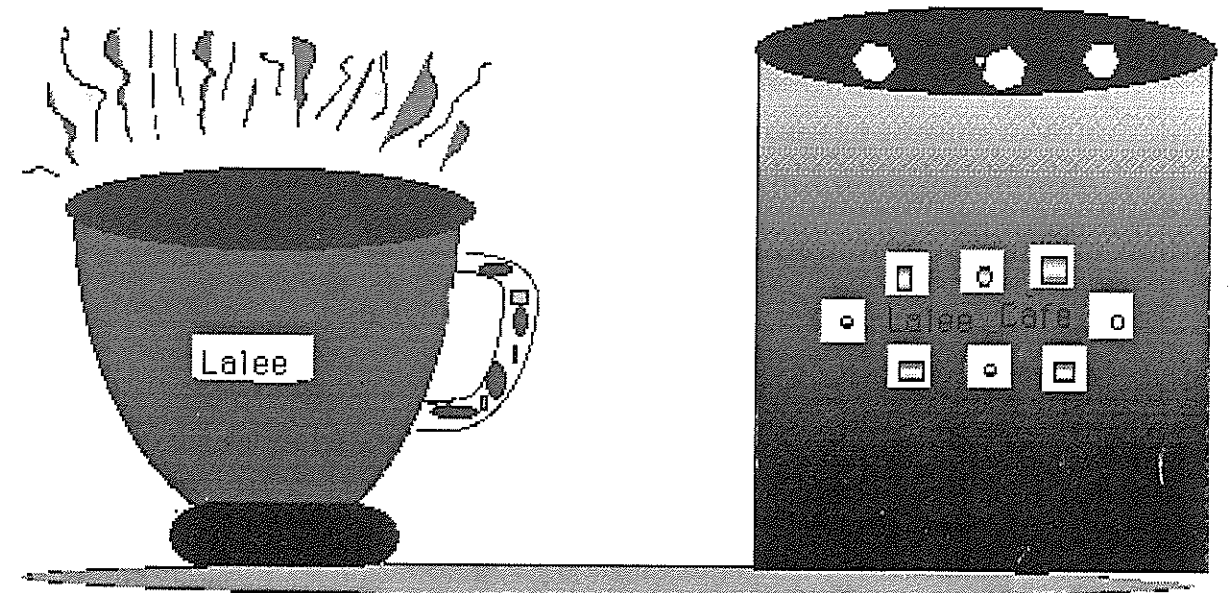
TATTOOING also plays an important role in the Samoan culture. It is up to you whether you want to be tattooed or not, but you are to have a partner when you are about to go through this procedure. There are two ways of getting a tattoo. 1. Through the machine, this takes up to six hours and 3 to 4 days. 2. The real Samoan way which is done by hand with sharp knives carved to make different patterns. This takes up to 8/9 hours for 3-4 weeks. The male tattoo is called a SOGAIMIKI while the female is called the MALU.

So the Samoan when entering the MATAIS (chief) FALE (home) is to have respect for him/her by bowing your head when walking, passing and saying "TULOU," meaning "excuse me". Shoes are also not to be brought in but to be left outside. The matai can either be a male or a female. It does not matter in the Samoan culture who does the job, just as long as it is done well and with respect.

Our culture is after all a very strict but interesting culture. Visiting Samoa is worthwhile because it brings back good memories and lots of interesting souvenirs. So I therefore hope you come to visit this beautiful island in the future and that you will come to love it. Thank you.



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Lee Soun Ye

Thời gian ơi,
Xin đừng lại
Để em còn tuổi thơ
Thời gian ơi, đừng lại nữa
Để em mãi đại học.

Xin giữ cho em thời áo trắng
Một chút hồn nhiên của ngày thơ
Xin giữ cho em thời đi học
Một chút mực vương trên trang vở.

LIÊU Thị Hà
9

Cần gửi quá đề rồi xa
Mãi mãi
Mãi trường này với những
bước chân quen
Đã ra đi nhưng hai kỷ niệm
Của một
thời áo trắng.

Thương quá đi thời
tuổi học trò
hồn nhiên em đã lưu lại thơ
Ta yêu lắm tuổi ấy
Mơ ước tận sâu
tuổi đang bay...

12 tuổi tôi đã yêu mùa hoa phượng
Cánh phượng hồng như thắm máu trên trời
3 năm dài ở trường trung học
Một cánh hồng, lá đã để làm thơ "giường mộng
thơ tặng bạn, người yêu và cô giáo Mặt trời
Ta và ai mà thôi trong cả đêm Tỉnh buồn
vì một tình hay là vì đôi mắt đẹp nhất
là áo dài trắng phải làm tôi là thời
Tôi chỉ nhớ cảnh hồng và mực tím "học sinh".
Ta ai đâu xin hẹn lại mai sau.

Giấc mộng đẹp nhất
Một trời, thế gian đẹp nhất
là người yêu.

Lưu lại nhỏ
Niềm tin thương
Hạt châu sa vương
trên thành
lưu niệm.

Tình yêu bắt đầu
từ đôi mắt
Đến đến bằng
Những nụ hôn
Chăm đi đi
Những giọt nước
Mắt.

Spanish. Y8 Excursion to "El Caballo Blanco".

We reproduce some extracts from comments by Y8 Spanish students after the excursion.

"I had a great time, especially feeding the fish. The show was very exciting, with all those dancing horses. What I really like was the costumes of the young ladies. I learnt a few more words in Spanish. I really love that day. It was the most exciting time I ever had."

Danijela.

"The best thing at 'El Caballo Blanco' was the Hydroboats."

Brendan.

"On the 14th of October, my Spanish class went on an excursion to 'El Caballo Blanco'. There were a lot of things and activities to do. I saw the zoo with all the different kinds of animals, such as, koalas, kangaroos, alligators, emus, etc. I learnt to say OLE with the hand. The dancing horses are unbelievable until you see them with your own eyes. I really enjoy the day, and students really need to see and learn something different for a change."

OLE, Tanya.

"I got to know my friends better. I enjoyed everything. The houses and the girls were beautiful."

Gordanna.

"I love the pool and the canoeing the most."

Demet.

"El Caballo Blanco' has shown me the fun side of learning Spanish, because of the excursion, I was able to expand my knowledge of the Spanish language. I also got to know my friends better. I enjoyed the show thoroughly. I have gain alot from the excursion and hope to go again one day."

Lang.

"What I like the most was the go-karts and the Water Slides. The fish were so cute. The train ride was O.K. but a bit slow. We went canoeing, enjoyed a BBQ. for lunch. I loved the excursion. Hope to have another one like this soon!"

Chanta.

"We took lots of photos."

Johanna.

Goodbye Sweetheart

When time has finally arrived
For us to say goodbye.
For you to see why earth wears black at night.
Promise me you will be strong,
Though something has gone wrong,
Promise me you will not cry
And you will keep your sweet unforgettable smile.

I will never forget your touch,
Touch of paradise, touch of tender
And the way you look.
Look of devotion, look of innocence.
I wish I could hold you in my arms forever, alas,
That wish has gone,
And left you here all alone.

I love you sweetheart.

Anon.

You

There is no-one quite like you,
With your warm
And gentle ways.

There are no words to describe
How I feel about you.
As each day passes
The more precious you become.

You are always such a pleasure
And a special joy to know,
And I think its time for me to tell you
That you are beautiful
And I love you so.

Anon.

我的学校。
我的家子遠有一所学校叫卡拉瑪打
中，我的学校。是我和哥哥一同讀書的地
方，校舍很大同學也很多，學校前面是
一片草地。築成運動場，最後面也有一
片草地，闢做足球場，在休息時有一
多同學玩足球，在學校里有很多教室。
地方又大又美麗，空氣清新，我們有
多地方可以休息和遊戲，學校左邊有
個籃球場在右面有三個網球場，在那
常常都有人打風球。我的學校真很
和舒服，有很多樹木和花草。
哦，里面还有一个大礼堂有時我們
在那開會。这个礼堂又大又高，但是
你們不可以到那里去的，學校還有
圖書館，書也比較難得的，有些書
容容易的書也比較貴的，我愛我的
它給我一個好的學習環境。



VIETNAMESE NEW YEAR FESTIVALS AND CELEBRATION

By: HUYNH CAM HAN

Some of the happiest memories of my childhood in Vietnam are of the yearly festival of New Year. Usually New Year falls in January or February.

We always made preparation which began about two weeks before the festival day. First, my parent clean all the thing up, then we swept down any cobwebs from the ceiling, wash all the windows and doors. Then we take a knife and scratch all the old paint off the walls and apply fresh paint. We replace the old pillows and blankets with the clean on. My parent then bring sun flowers and put them in the pots. When the house clean and tidied up, we go to shop to buy soem fabric and my sisters sews for me and my brother a new suit. We bought fire crackers, lanterns, ginger, and even the fruits, such as water melon, pineapples, oranges, bananas, manderines, grapes, mangoes, cocanut and apples.

The 31st January is a celebration day because at night, starting at 7.30 p.m. every house burns fire crackers or firework, then usually on T.V we have movies about the legend and people beliefs in Baddha. On this celebration day the firecrackers burn all day.

In the morning I wake up and put on my new suit and walk around my neighbourhood and pick all the firecrackers left with my friends. In the evening my friends and I play the firecrackers. We then prepare to place all the fruit on the table and stick letters "Happy New Year" on water melons. My family visits the Buddhist temple to pray and ask for luck.

On New Year's morning, my parents give us some lucky money. This offering of money is called "pocket money" and on New Year when cousin or aunties came to our house they usually give us pocket money. Later in the day, we visit our friend's home to play cards and games. After that go out onto the street with the crowds of people standing to watch the lion dance. It's so exciting and spectacular that the Chinese Lion climb on the house to eat the lettuce. Inside the lettuce there is special money for lion. The two lions fight against each other, then some of the young men show their KungFu skills, first: they break the coconut with their head. Secondly: they chop five piece of square woods with their hands; Thirdly: they sit and then lie down on a nail chair. When they finish they visit another shop to do the same. In our culture we have a superstition that if we sweep our dirt on the day of New Year we would have no luck and no money that year!



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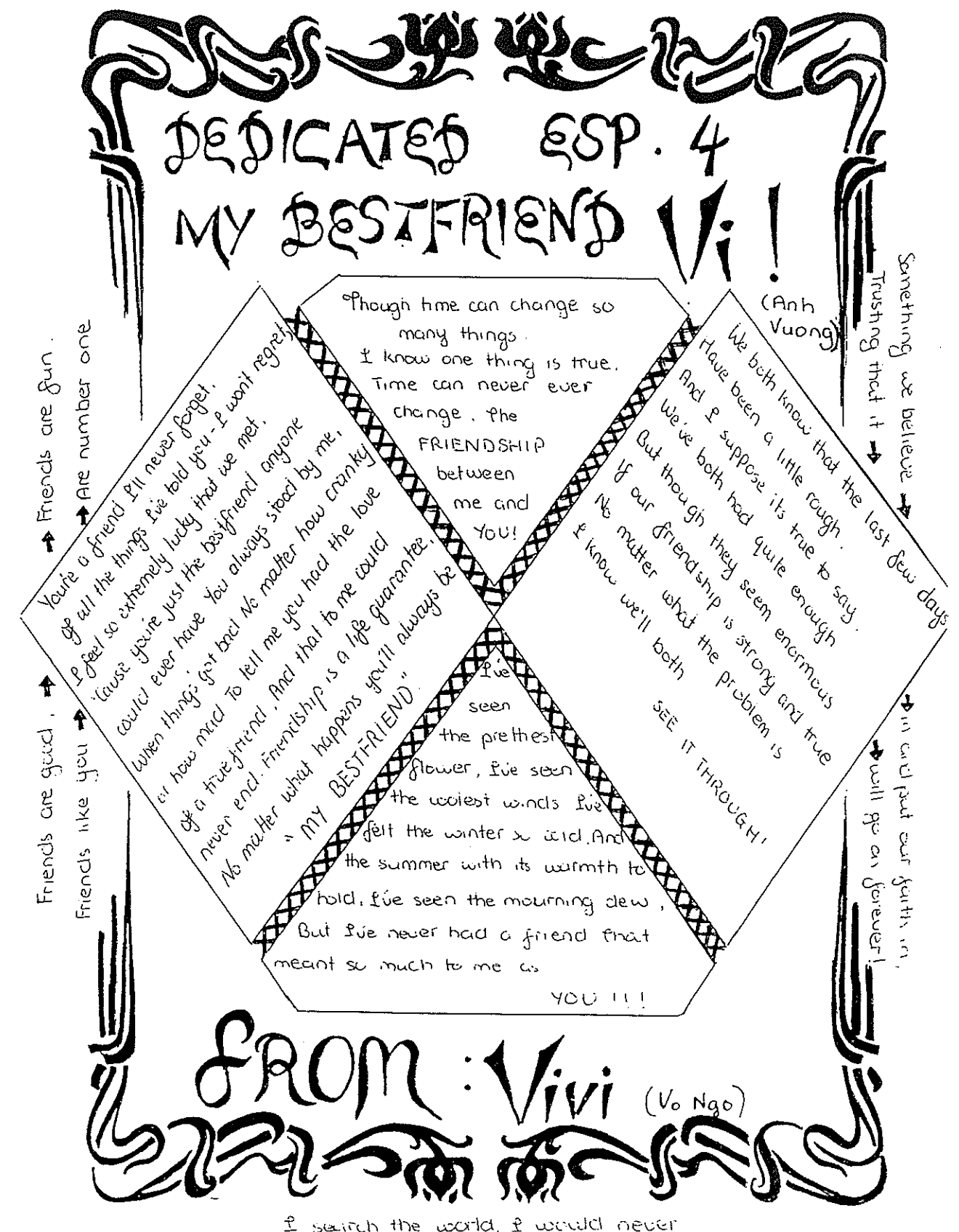
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Mr Loader

Mr Loader has had a busy but more relaxed year than being principal of Cabramatta High .

Early in the year Mr Loader enjoyed a relaxing holiday in Bangkok.

Between travelling, he has found the time to help senior citizens with some house renovation.

The biggest event in the year and one that Mr Loader is looking forward to is the wedding of his daughter Katrina on the 24th September.

After Katrina's wedding Mr Loader is travelling to New Zealand to attend another wedding also to do some sightseeing.

From there he will travel to Southern China and Hong Kong.

Mr Loader sends his regards to everyone at Cabramatta High.

Mr Blackwell

Since leaving Cabramatta High in 1993 .I have been privileged to have 2 wonderful adventures overseas. I have seen some very interesting countries, with spectacular scenery and great museums and art galleries. I had a very short stop in Thailand, and when walking out in the streets and market places I felt that I knew the people as they reminded me of the students I had known at school.

PASSIONATE POEM

TEARS OF LOVE

Each time I think about you
My eyes are filled with tears
My heart begins to ache
And I wish that you were here
You don't know how much I need you
I cannot live alone
I need to have you with me
To have you for my own
As I feel the salty water
Running down my face
I realize how much I love you
And my mind begins to race
But when my body starts
I know I want you back
And I know that for certain
My heart is on the right track

**ALISON BARBOUMEH
AND
MARCELLA HERRERA**



DREAMING OF YOU

I dream we walked
On the beach together
You held me close
Against the weather
You whispered sweet words
In my ear
You said the things
I wanted to hear
As the time passed
And our sunlight grew thin
The night grew older
As the darkness set in
We talked for a while
And my heart became yours
our lips touched passionately
Like the waves upon the shores
Suddenly you stood up
And held me in your arms
And gave me one last kiss
Before you faded into the stars





SOME of the host students from Cabramatta High enjoying a cruise on Sydney harbour

CABRAMATTA High School recently played host to two exchange students from Barcelona, Spain.

Mirentxu Pascual and Natalia Garcia spent five weeks with year 12 students Alejandra Posadas and Claudia Mancia.

The two exchange students visited Sydney's major tourist attractions

Spanish visit

during an excursion with the year 11 Spanish class.

Mirentxu and Natalia said they enjoyed every minute of their school experience and quickly adjusted to their chosen courses.

"We especially liked

the senior Spanish group because we made many friends," they said.

"But the one point that really amazed us at Cabramatta High was the variety of cultures working together harmoniously."



TREASURER'S REPORT

This year, Cabramatta high school's SRC managed to assist our World Vision sponsored orphan Elfenesh with \$348. Bandaged bears we also sold as a non-profit fundraiser for Royal Prince Alfred Hospital. During the clean-up day held by years 7 & 8, we assisted them with \$250, and provided a free BBQ.

During March, Year 10 members Suzanne and Caterina submitted the DSC (Disadvantaged School Component) proposal for \$2000. The DSC accepted our proposal, and through the school's survey we concluded with funding for more seating which cost \$4000. The SRC added \$1500 to the venture and the school also donated \$500 for the installation of tables and chairs.

In May, we assisted the Shephard Centre, Kids Helpline and Sir David Martin Foundation with \$10 each. The SRC also assisted Suzanne with \$25 for the Leadership camp she attended. During the athletic carnival, the SRC catered for the students with hotdogs, and the funds raised with the Pizza drive in June, went to the Snow Leopard. The SRC also made a profit of \$165 during the June disco. In September, the SRC collected \$929 on Co-operation day that went to the Australian drought victims and Care- Australia for Rwanda. The SRC also donated \$100 each for the Cranio Facial Discrimination and the Lions club.

The SRC wish to thank the school and the staff for their co-operation and assistance in fundraising activities and Discos

Xia Cai
(Treasurer)



WHAT DO YOU MEAN, WHAT YOUR SON HAS DONE.

STORIES ABOUT HELPING IN RWANDA

I am an ambulance driver, I work for the Australian Health Service in Rwanda.

Everyday, I have to wake up early to go to work and I go home very late. There are always many dead bodies on the road and they are all refugees. They die because of hunger and cholera. The local government is not concern about their hunger and the government of Rwanda wants to bring them home. That's why I never get free time. I have to face many diseased people.

I have seen the doctors and nurses help these refugees in the middle of the street, and often helped these doctors to carry the refugees in the ambulance to get to the hospital.

I am tired and when I'm on a mission to carry the sick refugees in the ambulance urgently, I have to go as fast as my ambulance can go and sometimes the car nearly hits other cars and people.

I have to do this everyday as soon as my eyes are open and I'm very tired, but I'm still happy to do it.

BY Hung Nguyen-9SLB
I am an Australian Health

Worker. I am a nurse. I've been sent to Rwanda to help the sick people and those hurt by the war. In Rwanda, they have much sickness and death, because they don't have enough food or anywhere to live. I came to Rwanda with the doctors to help the people. Someone had cut the peoples' arms and legs, and I helped them with their bandages.

One day there were many people that were sick and the surgeon, the doctors and the nurses had to help them, to make them better and happy. It was very sad because they couldn't walk like other people anymore, they could just eat and sleep.

Night time, especially, is scary, because I hear the sounds of guns and bombs.

I came to Rwanda for two years and I am very happy about that, but I an very upset because I miss my family a lot.

By Bich Ha Nguyen-9SLB

Spain

Spain is a country in western Europe. It's famous for it's bullfights. Spain was one of the most under developed countries of western Europe.

Before, Spanish people were poor farmers, but now most of them work in construction and manufacturing.

Spain is the third biggest country in Europe. Also Spain is one of the world's leading tourist countries.

In the AD 700's, muslim people from northern Africa conquered most of Spain. They took control of Spain for hundreds of years. In the 1000's, the Spanish people began to drive the moors out of the country. They didn't get out until 1492.

City Life

Most of the people live in apartments and others own their own house or rent the house (dwellings).

Almost all city homes have electricity and most families own cars and electrical goods, but suffer from pollution. Spanish people also go to cafe, bars, clubs

Turkey



TURKEY

Turkey is situated inbetween Asia and Europe. Its population is 60 million. The capital of this beautiful country is Ankara. The biggest city in Turkey is Istanbul. The population od Instabul is 8 million.

Turkey is surrounded by 3 seas. On the north is the Black Sea, south is the Mediterranean Sea and on the west is the Argean Sea. Turkey's neighbouring countries are Armenia, Syria, Iraq, Azerbaijan and Gurcistan.

The religion of the majority of Turks is Muslim. Those who aren't are either tourists or those who inter-marry and stayed with their former religion but now live in Turkey.

Turkey is now a Republic. It became a Republic in 1923. Before this it was run by the Ottoman Empire.

by Seda Talay

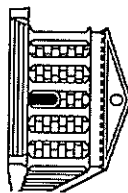


Prilep

Prilep is the city of heroes but it is also the city in which I was born. This city has many historical things. I was living in this city for 12 years and I had the best days of my life.

In Prilep were born some of the heroes who saved Macedonia. This city was one of the biggest cities in Macedonia for making cigarettes.

by Jadros



El Salvador

El Salvador is the most tropical country in Central America. The temperature is 24 degrees to 26 degrees. As well as the beaches, the water in the lagoons are warm in El Salvador. You can go swimming at midnight because the water is so warm. We have the biggest natural lagoons as well as coconut trees. We have the most yummy sea foods. We have the most rivers. El Salvador is just beautiful.

by Manuel Lemas.

Greeting Note From A Teacher.

Greetings to everyone at Cabramtta High School. Thank you for the invitation to write a brief note for the school magazine. I have always enjoyed reading the magazine and I congratulate everyone on their efforts in producing another interesting one .

Eighteen months have already passed since I left Cabramatta High School and yet it seems like yesterday. I have kept in touch with what 's happening at Cabramatta. Students, ex-student and staff have seen me shopping or at meetings and have stopped to have a chat. This have been great because I care very much about the school and I am interested in what is occuring there.

I have very fond memories of all of you and I still miss many people. The clock the student presented to me is in my office and is a constant remainder and a wonderful link between the two schools.

My present school is very different from Cabramatta. It is a girls only school, has very few student from other countries but has a very good exchange student program. Every year we have a number of students from overseas staying with us for a year. The junior school is bottle green, the same as Cabramatta's, so there are similarities. The student have to wear correct uniform 100% at all time. I hope all of you are enjoying Cabramatta High School. It is an excellent school with many good program and projects. My best wishes to everyone and please keep in touch.

V.Necypruk.

SPORTS IN THE PHILIPPINES

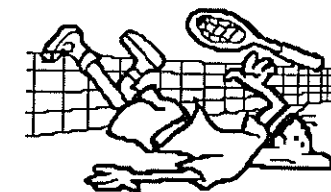
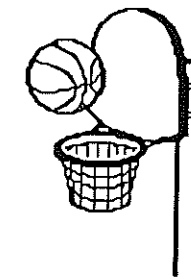
The most popular sport in the Philippines is basketball. But baseball, volleyball, tennis, boxing, & swimming are also very popular. The country has a large number of golf courses, & horse racing is another favourite sport.

A more unusual sport is Jai Alai, a game like squash played by catching & throwing a ball with baskets against a wall instead of hitting it with racquets. This game is popular in many countries which were once spanish colonies, & is extremely fast. It is called "the game of a thousand thrills". At one time the Filipinos were the championns of Asia at baseball.

Pelotori is a game of Spanish origin. It is played in a way similar to squash. This is said to be the fastest ball game in the world & matches take place every evening after work in most cities.

Perhaps less sporting to Australian eyes is horse-fighting & cock-fighting. A horse fight lasts for about three minutes & the animals are never allowed to fight to the death. But serious injuries do occur. In cock-fighting, however, the birds often do fight to the death. Cock-fights usually take place on sundays & as with most sporting contest there is always heavy betting on the outcome.

by Margaret La Palma



Special Days.

Cabramatta High School
Aladore Avenue
Cabramatta N.S.W. 2166
18-8-1994

Ms Nguyen
45 Marrier St
VIETNAM

Dear Ms Nguyen,

I am a Vietnamese Australian. I am writing this letter to tell you about the differences between my country's New Year and Australia's new year day.

I remember my country's new year and it was very exciting and fun. At night, everyone gets themselves a firecracker each, even the adults. Each household in turn gets to burn the firecrackers. After one household has burnt up all of the firecrackers that it has, the next house starts to do so. I heard the sound of the firecrackers and I saw all the smoke all the smoke around myself and around my house. In the end, the smoke all lifted up into the sky and vanished.

My country's New Year lasts for about 3 days. For these 3 days, we play cards, visit relatives and overall, have a really great time.

On the other hand, the Australian New Year lasts for only one night, there are only firecrackers and people just walk about, which is really no fun.

So, if I have a chance, I would rather visit my home country and have a new year over there.

Sang Le.



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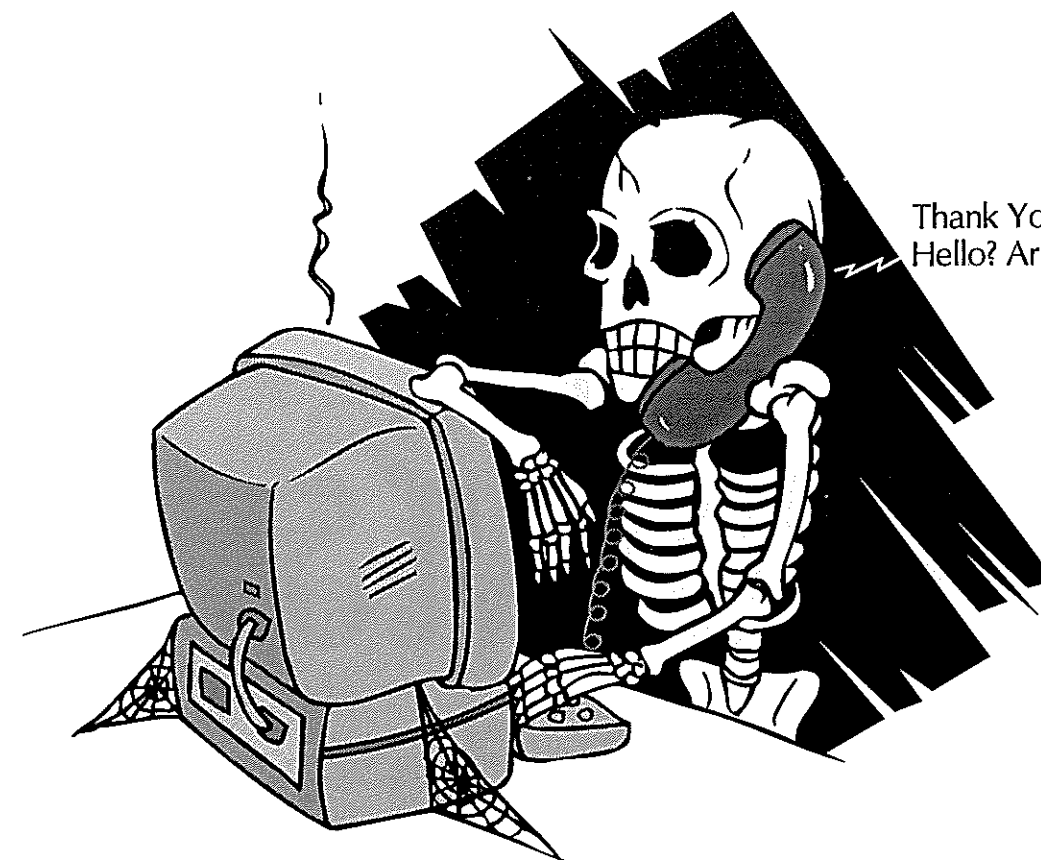
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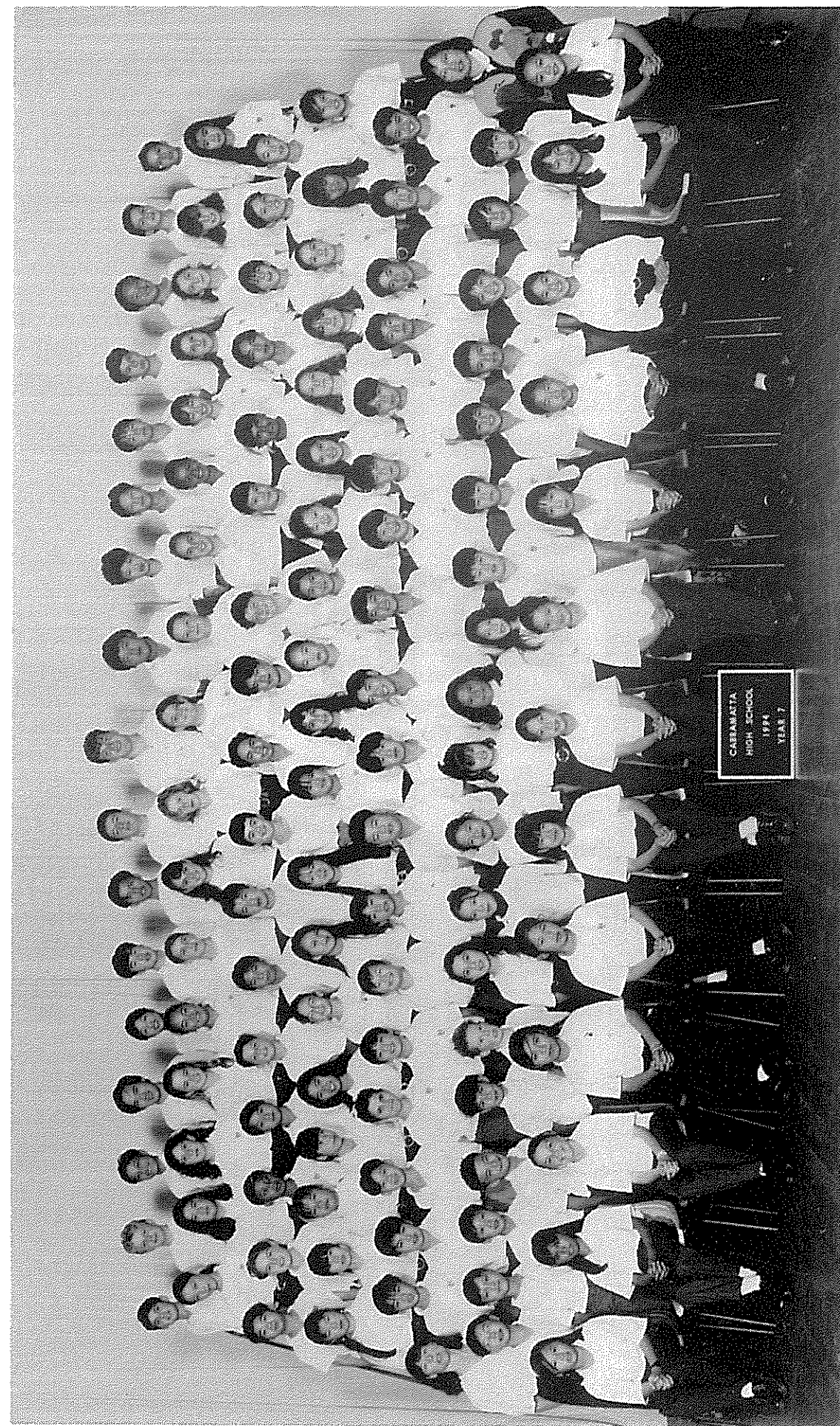
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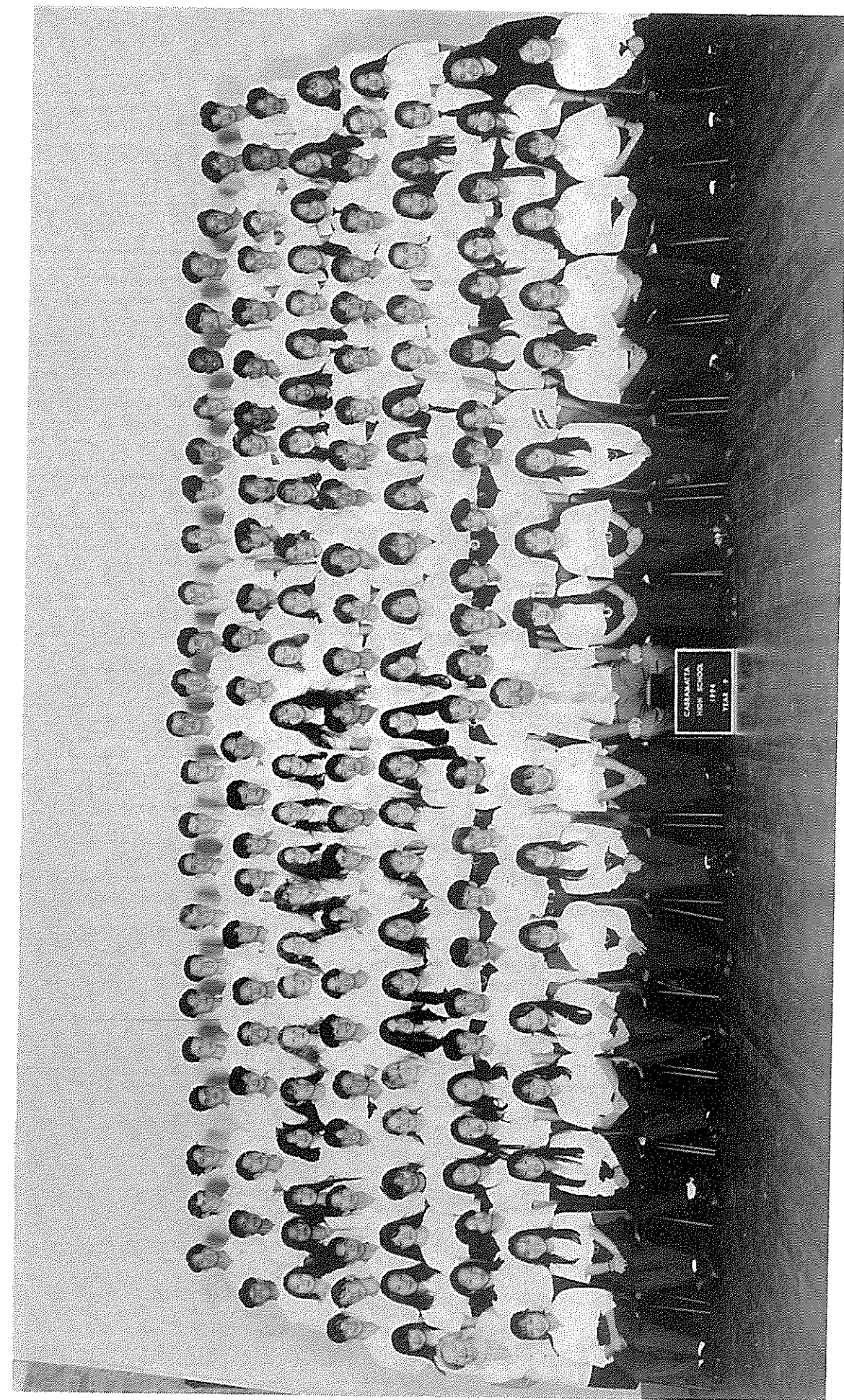
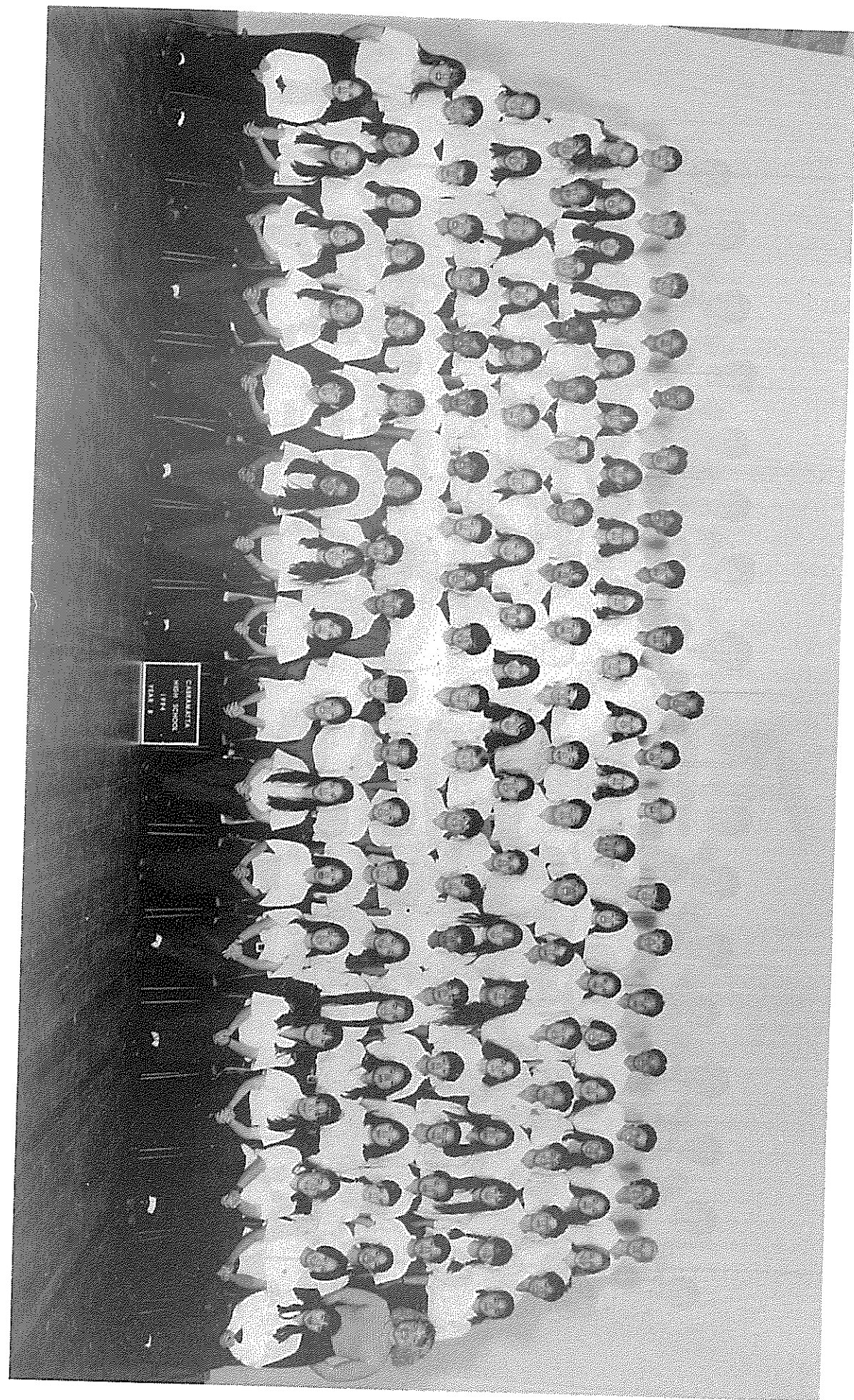
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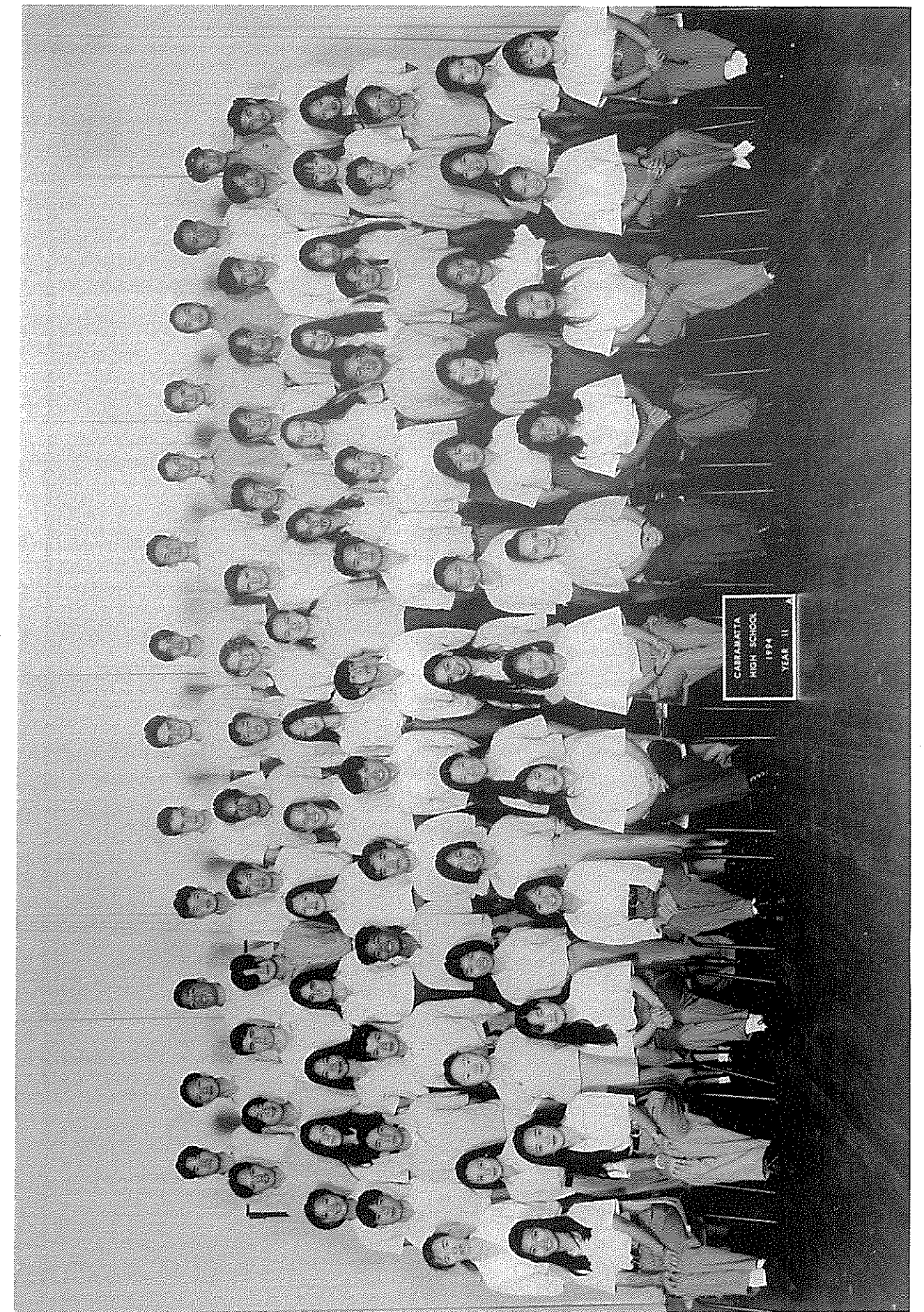
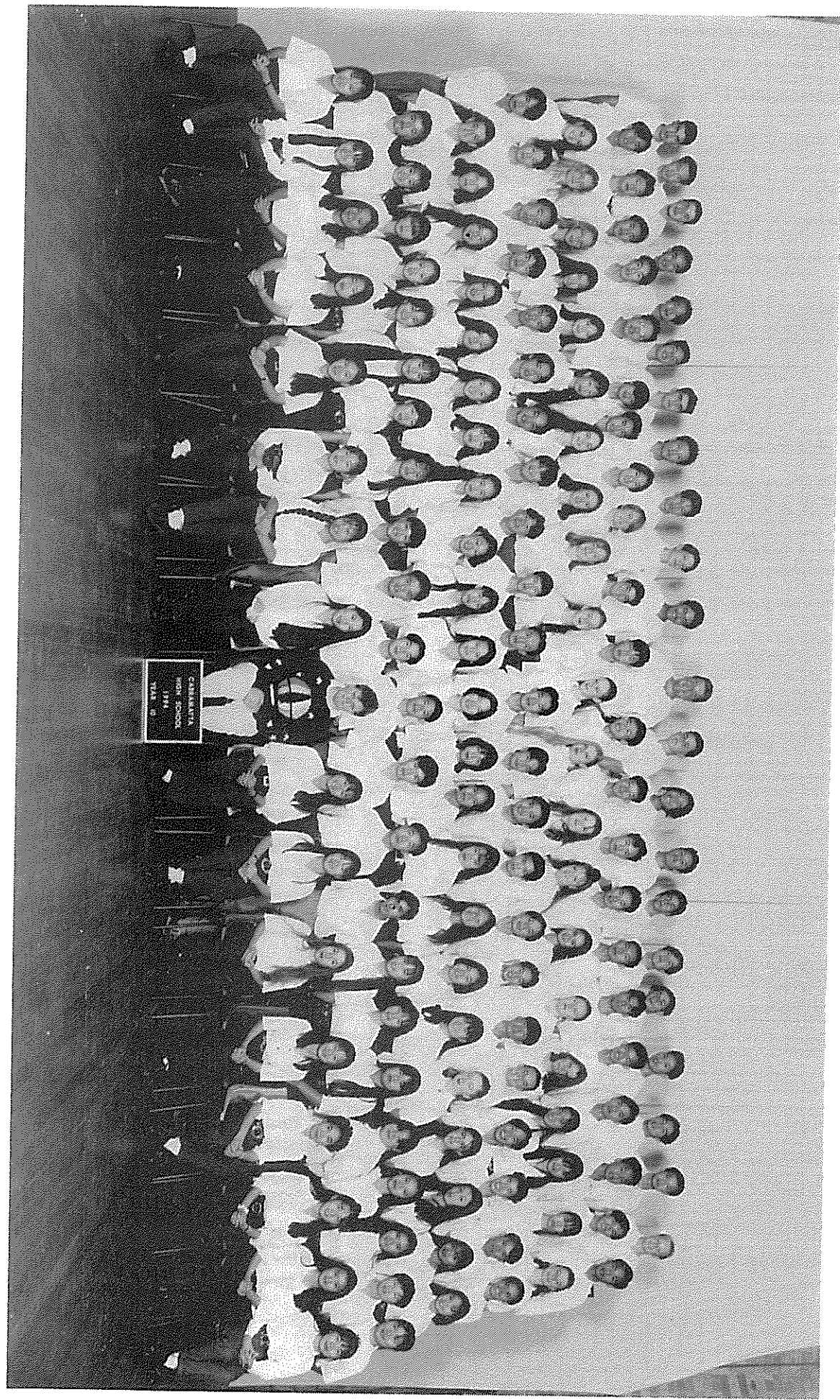
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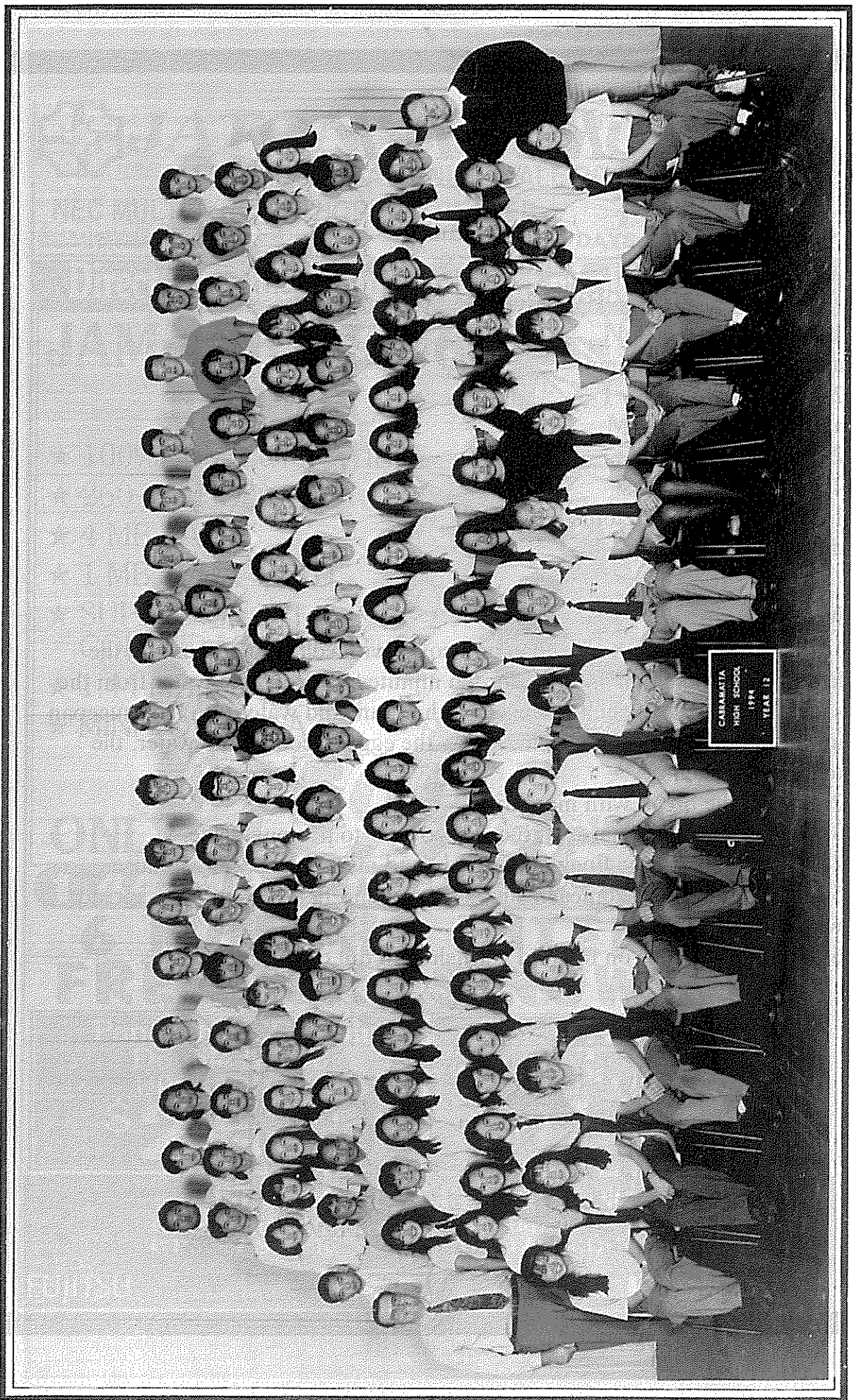


THE STUDENTS OF CABRAMATTA HIGH 1994









RECIPE

sillsmorgäs
(Herring Sandwich)
By Michelle Holmstrand.

4 slice dark rye bread.
margarine for spreading.
2 TB mayonnaise.
a little curry powder.
2 eggs.
4 small lettuce leaves.
1 jar herring titbit in tomato sauce.
dill or chives for garnish.

Method

1. Place the egg into a saucepan and cover with cold water. Turn on the heat, bring to the boil and boil for ten minutes. Remove the water from the saucepan, crack the shell of the eggs, then run cold water into the saucepan until the saucepan is quite cold. Allow the eggs to cool in the water, the remove the shells.
2. Spread the bread with margarine.
3. Season the mayonnaise with curry powder to personal taste.
4. Mash the boil eggs finely and evenly and mix with the mayonnaise.
5. Put a lettuce a leaf on each slice of bread and flatten a little the spread with the mayonnaise .
6. Arrange herrings on top and garnish with dill or chopped chives.

Serves 4



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- * BÚN, BÁNH HỎI CHÁO TÔM
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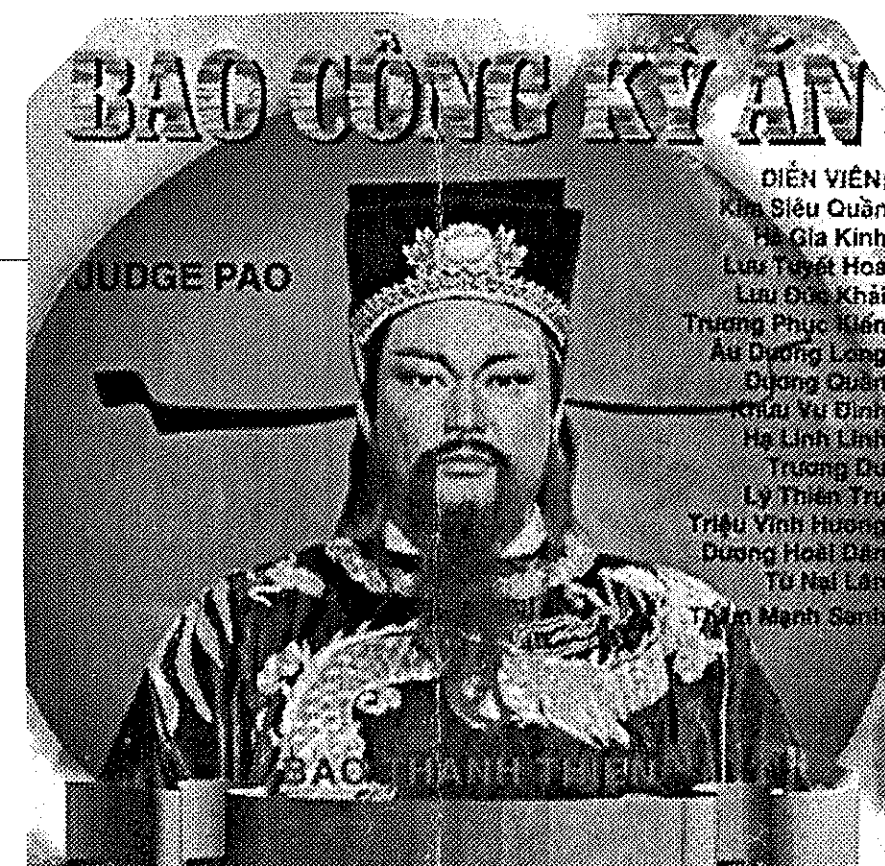
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A Haunted House



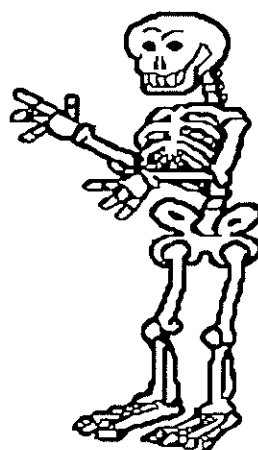
Last night I dreamt that I came to a small hut. It was in a clearing and there were a lot of birds. It was tumble-down and there weren't any people in the clearing. The fence around the hut was made of wood and it was very old, dusty and full of spiders.

I went inside the fence and there were a lot of human bones and skulls. In front of the door there were a lot of mice in the bones and around the house. At times I was cold because there was a lot of wind. I saw that the door was open and a lot of birds and bats were flying inside. I was scared, but I wanted to know what had happened in there and why there were so many bones and skulls around.

I went inside the door and I saw that the bats and birds were flying around the hut and I also saw spiders. I went slowly in and saw a human shadow. I turned around, but I couldn't see it again. I began to tremble with fear, then I looked back and saw a ghost. I started shouting because I could see the ghost clearly and was very scared. I put my hands over my face and closed my eyes and waited for the hut to quieten down, then I put my hands down.

I saw the ghost again and it was very ugly. It had a mouth full of sharp teeth and there was fresh blood in its mouth. I knew that I had to be careful. Then, when the ghost got closer to me I could see it was my grandfather and he came right up to me. I was so scared that I fainted.

Suddenly, I heard a noise, "Tick! Tick! Tick! Tick!", it was the clock and it was 6.30 a.m. Then I woke up and knew that these things had only happened during my sleep. I felt terrible.



By; Thanh Thuy Nguyen, 8SLb
Typed by; Jody Copeland

SPORT AT CABRA-1994

INTERVIEW/PROFILES OF SOME STARS

The following students competed at the Metropolitan South-West Regional Athletics Carnival, held at the Homebush Olympic Stadium on Thursday 11th and Friday 12th August.

IRENE PALMER-Yr 7

IN WHAT SPORTS HAVE YOU PARTICIPATED, AT SCHOOL?

Netball, Running, Cross-Country, Swimming, Soccer, High Jump and Long Jump.

IN WHAT SPORTS HAVE YOU ACHIEVED SUCCESS?

Running, Swimming, High Jump and Long Jump.

WHAT ARE YOUR FUTURE AMBITIONS IN SPORT?

My future ambitions in sport are to maybe make it to the Olympics.

ARE YOU PROUD OF YOURSELF SO FAR?

Yes, I am proud of myself, but a little disappointed for not trying hard enough all the time.

WHICH SPORTS PERSON DO YOU LOOK UP TO, AND WHY?

I don't really look up to any sports-person, but I like runners like Cathy Freeman.

JEREMY DE LEPPER-Yr 8

DESCRIBE YOUR FIRST IMPRESSIONS OF THE STADIUM:

I thought it was quite extraordinary compared to other places I've been.

HOW DID YOU FEEL COMPETING AT THE OLYMPIC STADIUM?

Just being there, I felt like I was really competing in the Games.

IN WHICH EVENTS DID YOU COMPETE, AND HOW DID YOU GO?

Day 1: In the heat of the 200m, I came 5th in a time of 25.6 seconds.

Day 2: In the heat of the 100m, I came 5th in a time of 12.0 seconds.

In the Javelin, I came 2nd with a distance of 36.69 metres.

In the Relay, our team was placed 6th.

WHERE DO YOU GO FROM HERE?

In the Javelin, I came second and passed through to the State Athletics Carnival at the same venue.

ANY OTHER COMMENTS?

At State level the competition is extremely hard and I'm going to compete to the best of my ability, and try to come in the top five places.

DON QIANG ZHANG-Yr 7

DESCRIBE YOUR FIRST IMPRESSIONS OF THE STADIUM:

It was really big, with lots of seats, and it looked good.

HOW DID YOU FEEL COMPETING AT THE NEW OLYMPIC STADIUM?

I was very excited and it certainly made me perform better.

IN WHICH EVENTS DID YOU COMPETE AND HOW DID YOU GO?

I took part in the Shot Put and came 2nd.

WHERE DO YOU GO FROM HERE?

I compete in the State Carnival, once again at Homebush Olympic Stadium.

The following two Senior students have excelled in their own particular sports-
Tennis, Tae Kwon Do and Soccer.

SLADJANA KUPRESAK-Yr 11

WHAT SPORTS DO YOU ENJOY?

I enjoy every sport, but most of all Tennis, Volleyball and Swimming.

WHAT ARE YOUR ACHIEVEMENTS?

I came 19th in the State, when I went to Gosford, and I've made the Regional team this year.

WHAT ARE YOUR FUTURE AMBITIONS?

I hope to get to the Professional stage of Tennis.

WHO IS YOUR FAVOURITE SPORTS-STAR?

Well, I have three, actually- Stefan Edberg, Monica Seles and Michael Jordan.



SUKRU ERIS-Yr 12

IN WHAT SPORTS HAVE YOU PARTICIPATED, AT SCHOOL?

Soccer, Basketball, Football, Netball and Aerobics.

IN WHAT SPORTS HAVE YOU PARTICIPATED, OUTSIDE SCHOOL?

Tae Kwon Do and Soccer.

WHAT ARE YOUR ACHIEVEMENTS IN SPORT?

1990: Player of the Year, State Champion for Indoor Soccer.

1991-93: Australian Tae Kwon Do Champion.

1992-93: N.S.W Tae Kwon Do Champion.

Captain of N.S.W State Of Origin Tae Kwon Do Team.

WHAT ARE YOUR FUTURE AMBITIONS (SPORT AND OTHERWISE)?

I'd like to become a Lawyer or a Cop so I can reduce violence in society and set a good example for others. At the same time, I'd like to win the World Championship for Tae Kwon Do.

WHAT INTERESTS DO YOU HAVE?

All sports.

WHICH PEOPLE DO YOU LOOK UP TO?


I look up to Jean-Claude Van Damme because he's flexible, rich and he gets lots of 'Babes'.

ARE YOU PROUD OF WHAT YOU HAVE ACHIEVED, IN LIFE SO FAR?

At the moment, yes, because I think it's a big success that I've won the Australian Championship.

IS THERE ANY ADVICE THAT YOU WOULD GIVE TO PEOPLE ABOUT THE SPORT YOU HAVE CHOSEN?

Everyone should do a particular sport so they can stay out of trouble and get out of bad habits. Also, it keeps you fit and healthy. Martial Arts is about self-esteem and self-defence. It also helps you learn discipline. Martial Arts shouldn't be used aggressively. What I mean by this is you shouldn't go out and belt others, just because you know Martial Arts.






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