

# CABRAMATTERS



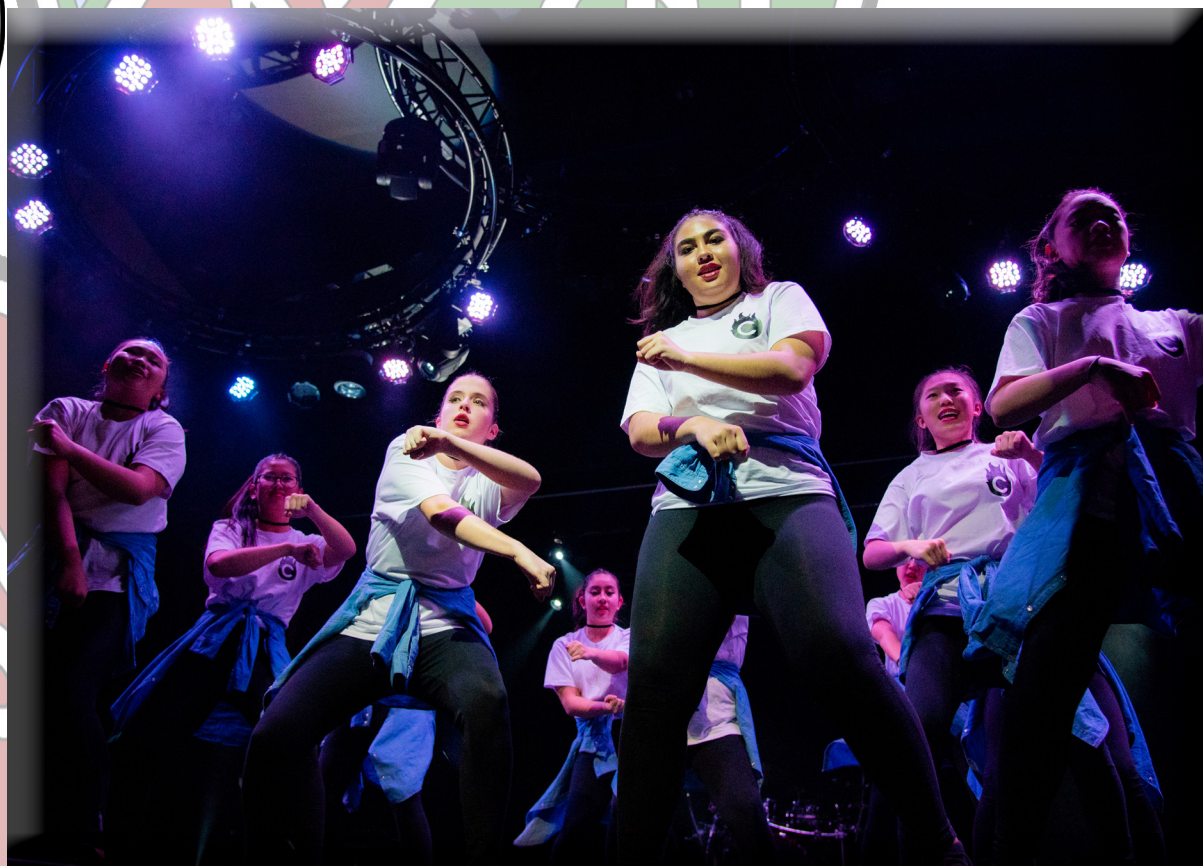
SCHOOL NEWSLETTER ISSUE 3 2018



Wishing our Year  
12 the very best  
for  
their HSC

Hip Hop  
championship  
also in this issue

School Concert  
We say Goodbye  
to Mr Powers and  
more .....





# Chinese Visit



Cabramatta High School is dedicated to encouraging cultural awareness through international educational exchange. As a result of our China Links Program, during 30th July - 03rd August 2018 the Languages Faculty was proud to host 35 Chinese students and their four teachers from Dongguan Songshan Lake, Keyuan and Changshi Middle Schools in Guangdong Province, China.

During their one-week visit to Cabramatta High School, the Chinese students attended classes across key learning areas and closed English lessons with their buddies. The Chinese students were highly appreciative of their educational experience at Cabramatta High School. Two special assemblies were held to welcome and farewell our special guests, followed by luncheons with a variety of foods reflecting the Australian multiculturalism.

This valuable school visit has helped Dongguan Songshan Lake, Keyuan, Changshi Middle Schools and Cabramatta High School students and teachers gain an insight into each other's schooling and culture. We aim to maintain this cultural and educational exchange program at our school on a long term basis.





# Farewell Mr Powers

Mr Powers retired at the beginning of Term 3. He has had a long association with our school. He was first here as a classroom teacher in the early 1980's. He left to become a Computer consultant and wrote many Computer Education textbooks. He returned to Cabramatta High in the late 1990's as our Head Teacher. He is author of many Mathematics textbooks. Many of our senior students are familiar with these books! All his former students and especially the Maths Staff will miss Mr Powers.





# Year 11 SDD UTS Excursion

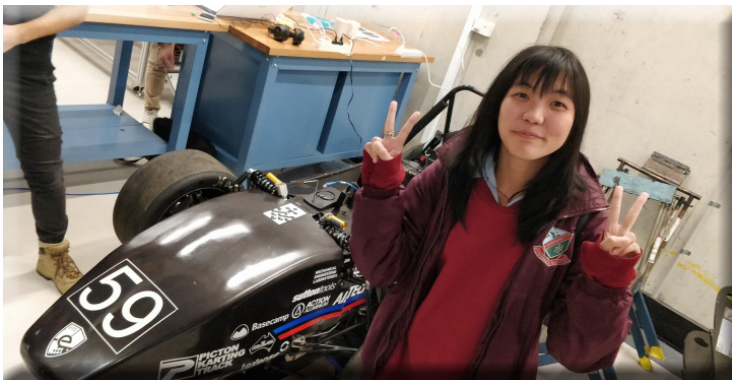
Students went to UTS to experience the newly setup “Hello World: Code and Design” exhibition inside the UTS gallery which showcased many aspects of technology in contemporary business design. This ranged from circuits and lights in books and clothing, to 3D printed dress pieces, to shopping buzzers used in conjunction with Amazon.

Students then explored the Proto Space, a lab inside the UTS main building where designers are creating 3D printed objects and using industry 3D printers to print large objects.

Students were taught to use a software program called Fusion 360 which enabled them to create 3D models which could be 3D printed. UTS will 3D print the medallion keyrings that students created and post them to the school.







# Contents:

Chinese Visit 2

Farewell Mr Powers 3

Yr 11 SDD UTS excursion 4-5

Principal's Message 6

School Spectacular 7

Top 20G&T program 8-9

Welfare news 10-11

Night under the stars 12-13

IEC's Got Talent! 14

IEC Exploring the Georges River 15

School Council Minutes 16-17

Debating success 18

Our Sponsors 19

The Belt & Road STEM excursion 20-21

Careers Corner 22

Hip Hop Championship 23

School Concert 24

Year 12 Artworks 25 -26

Calendar Term 4 27



# P

## Principal's message by Ms Godwin

### 2018 Education Week

The theme for this year's education week is Today's Schools - Creating Tomorrow's World.

When reflecting on Education in Australia we can go all the way back in Australia's history to before European settlement when teaching and learning happened in our Indigenous communities through story-telling and through the arts. The learning was rich, connected with the land and community. The elders played an important role in the passing of the knowledge.

Education week this year marks 160 years of public education. The establishment of public education focussed on providing accessible and affordable education for all. The initial emphasis was on a basic education and functional literacy and numeracy. Students were preparing for a future of agriculture, construction and the service industries.

90 years later when my parents were at school there was a test at the end of year 6. This test decided what high school you went to. My dad went to a trade school and became a fitter and turner and my mother went to a secretarial school and became a secretary. Education was preparing them for the jobs and world of the time.

When I was a school student the emphasis was on knowledge acquisition and through the Whitlam Government there was a strong focus on tertiary education. We were being prepared for a world that required information and the ability to continue to learn after our schooling days were over.

When I was a young teacher technology became a strong focus for schools, we were starting to speak about 21st century learning. We were preparing students for a world where technology would be prevalent in the work force and life.

Now 160 years after the first public school was opened in NSW we are evolving again with concepts such as STEM, creative thinking and global citizenship. We are preparing students for jobs and a world that doesn't exist. This is exciting; it opens up many pathways and opportunities. The world will need problem solvers, critical thinking, resilience, emotional intelligence and people with ideas.

Education has changed with the years and the world, from being a focus on self, survival and immediate community to global and universal spheres. We have moved from memorizing to creating and solving. We have stepped beyond learning as children to life-long learning.

I challenge everyone to consider the following questions:

What will you be doing 10 years from now?

How are you preparing yourself for the unknown?

Are you fearful or excited about the opportunities in front of you?

Today's Schools definitely Create Tomorrow's World.

Cabramatta High School celebrated Education week through challenging students to enter competitions which involved advanced learning skills. The champions were awarded prizes which were sponsored by the community and which emphasized the use of technology and creativity.

### Goodbye year 12

At the end of term 3 we will say farewell to an outstanding group of students who are about to make their own way in the world. They have prepared for the HSC and the world through studying, connecting with the community and developing strong interpersonal skills. They have been excellent role models to their peers. We know they are ready and will make the school, the community and their families proud as they go forward to make their mark in the world.





# School Spectacular

Cabramatta HS is in the 2018 School's Spectacular!!!

We have just been accepted to be part of the 2018 Schools Spectacular event. The Schools Spectacular is an iconic cultural event incorporating students from diverse backgrounds and communities from all over NSW. It is a world class arena production and is one of the biggest annual events of its calibre anywhere in Australia.

There will be over 5,300 students performing in this show and 14 of our students ranging from Year 8 to Year 9 were selected to be part of this awesome event. This event will be televised in prime time on Channel 7. Miss Jansen is leading this team showcasing our best dancers.

Watch this space.....





# Top 20 Gifted & Talented Program

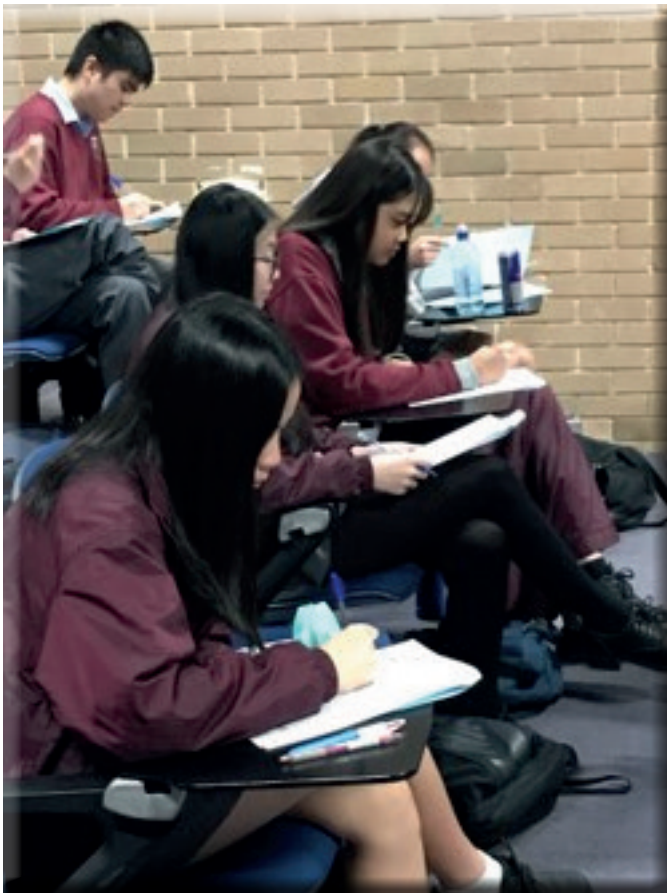
The Top 20 students have been busy this year completing tasks and attending seminars as part of the program.

Students began the year by setting up an 'Individual Learning Plan' in consultation with the program co-ordinator. Students identified their strengths and weaknesses and then set goals to work towards by the end of the year. After they received their half yearly report, they completed a mid-year evaluation of their plan and are continuing to work towards achieving their goals.

The students have also taken part in several seminars:

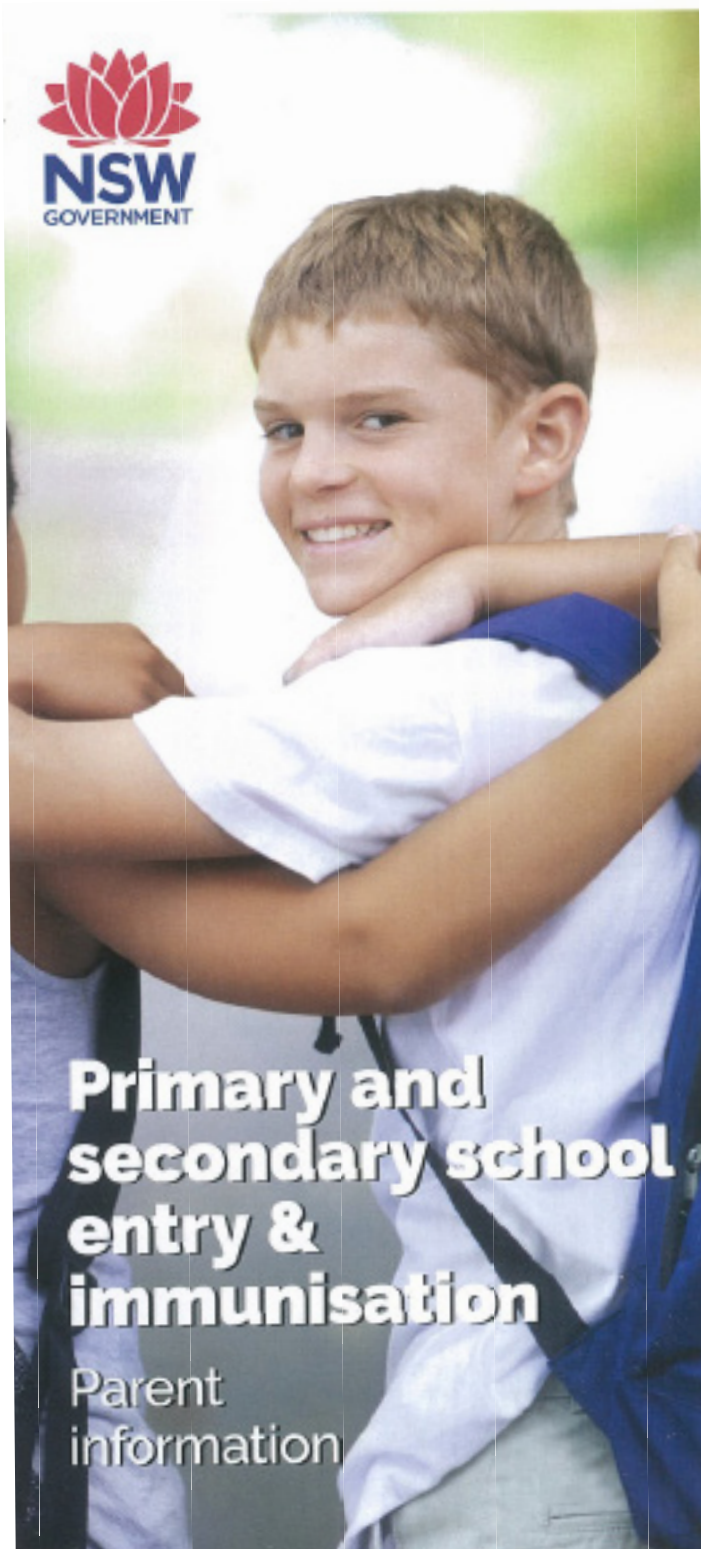
1. Time Management – This seminar focused on managing time through learning to prioritise and set study routines.
2. Student Evaluation – Assistance with planning and goal setting.
3. Finishing Line – Managing the pressure and stress of exams.
4. Memory and mnemonics – Strategies for retaining and retrieving information.

The feedback from the students following the seminars was extremely positive and the skills and strategies they have learned are sure to help them reach their full potential.









## **From 1 April 2018, all school principals are required to request an immunisation certificate at enrolment.**

While students can still be enrolled if an approved immunisation certificate is not provided, these children will be considered unimmunised and may be excluded from school if there is an outbreak of a vaccine preventable disease at the school OR if they come into contact with a person with a vaccine preventable disease, even if there is no outbreak at the school.

Parents are encouraged to ensure that their children are up to date with their immunisations and to provide an immunisation certificate from the Australian Immunisation Register (AIR) at enrolment, either:

- an AIR Immunisation History Statement OR
- an AIR Immunisation History Form

## **Why these changes have been made**

These changes have been made to collect accurate information about children's immunisation status and to help manage disease outbreaks in schools and the community. Data show that there has been an increase in some vaccine preventable disease notifications in older children compared to younger children. Also, it is now easy for parents to access the immunisation records of older children on the Australian Immunisation Register (AIR) which holds immunisation records given at any age\*.

\* Currently immunisations given in the School Vaccination Program are not sent to the AIR. Commencing in late 2018 school immunisation records will begin to be sent to the AIR. School vaccination records are not required for enrolment, however if you wish to obtain records for your child, contact your local public health unit on 1300 066 055

### **More information**

#### **Australian Immunisation Register**

[www.humanservices.gov.au/individuals/services/medicare/australian-immunisation-register](http://www.humanservices.gov.au/individuals/services/medicare/australian-immunisation-register)

#### **NSW Health**

[www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation)

#### **NSW Health 'Save the Date to Vaccinate'**

[www.immunisation.health.nsw.gov.au](http://www.immunisation.health.nsw.gov.au)

**Australian Government  
Department of Health  
Immunise Australia Program**

## Why immunisation is important

Immunisation is the best way to protect your child from serious diseases. By immunising your child, you are protecting them and others in the community, especially those who are too young to be immunised or those that are not able to be immunised for medical reasons. The more people that immunise their children, the more we can control serious preventable diseases.

## AIR Immunisation History Statement

The AIR records the immunisations given to children and sends parents an AIR Immunisation History Statement after their child has turned 4 years of age. This can be used for enrolment.

Parents can request a copy of their child's AIR Immunisation History Statement at any time (up to their child being 14 years of age):

- using their Medicare online account through myGov <https://my.gov.au/>
- using the Medicare Express Plus App [www.humanservices.gov.au/individuals/subjects/express-plus-mobile-apps](http://www.humanservices.gov.au/individuals/subjects/express-plus-mobile-apps)
- calling the AIR General Enquiries Line on 1800 653 809

Children aged 14 years and over can request their own Immunisation History Statement from the AIR by using or creating their own Medicare online account through myGov <https://my.gov.au/>

## Fully immunised children

Over 94% of children in NSW are fully immunised at 5 years of age and their AIR Immunisation History Statement will include the words "This child has received all vaccines required by 5 years of age" at the bottom of the page.

## Important facts

- To enrol your child in primary or secondary school, please provide an immunisation certificate, either: an **AIR Immunisation History Statement** (for a child that is up to date, not up to date or can't be immunised for medical reasons or has natural immunity) OR an **AIR Immunisation History Form** (for a child on an approved catch-up schedule).
- If an approved immunisation certificate is **not** provided at enrolment, students can still be enrolled at school but they will be considered as unimmunised in the school's immunisation register.

## Children with medical contraindications or natural immunity

Children who cannot be immunised for medical reasons, or who have natural immunity, will still be recorded as "Up to date" on their AIR Immunisation History Statement if an AIR Medical Exemption Form has been completed by a GP/medical specialist and sent to the AIR. The medical exemption or natural immunity will be listed near the bottom of the Statement.

## Children immunised overseas

Where vaccines have been given overseas and are not recorded on the AIR, the child's overseas records should be checked by a GP/nurse who will then transfer the information to the AIR. Parents should then request an updated AIR Immunisation History Statement to give to the school.

## Children not fully immunised

For children who have not had all the recommended immunisations by 4 years of age, their AIR Immunisation History Statement will list the missing immunisations and the due dates at the bottom of the page. These children should be started on an approved catch-up schedule and an AIR Immunisation History Form completed by the GP/nurse and sent to the AIR. Parents can then provide a copy of the AIR Immunisation History Form to the school at enrolment.

Please be aware that students who have not had all the recommended immunisations for their age, or where no immunisation certificate has been provided, may need to stay at home during a disease outbreak. This is to protect the child and stop the spread of disease.

- Students without an approved immunisation certificate and those who are unimmunised may be excluded from school if there is an outbreak of a vaccine preventable disease at the school OR if they come into contact with a person with a vaccine preventable disease, even if there is no outbreak at the school.
- NSW Health works closely with schools to offer the vaccines recommended for adolescents in a school-based vaccination program. In 2018, human papillomavirus (HPV) and diphtheria-tetanus-pertussis (dTpa) vaccines are being offered in Year 7 while Meningococcal ACWY vaccine is being offered in Years 10 and 11.



# Night Under the Stars

Hello, I'm Dustin. I took part in raising awareness for homelessness by sleeping under the stars for a night. My group of friends and I (Ale, Yusuf, Loc, Alexis, Nikola and Potsawat) were the only students who attended this, we saw no other students except us, but we did see many people wanting help out to spread awareness to parents and kids.

My friends and I weren't bored for most of the time since there was a park nearby and there was also basketball court behind a stage that was holding auctions and presenting raffles to raise money to help the homeless. We mostly spent our time at the park playing tip and taking photos with a camera that Nikola and Alejandro bought from home.

There were many activities and food stores that we could take part in to raise money, such as selling food, games like throwing a rugby ball into goal. We also saw kind people donating clothing, blankets and canned food for those who are struggling. They had raffles and auctions as a form of raising money, but the bids were too high and as students we didn't have that much money to bid.

The food there was overpriced but we'd knew that it was for a good cause, so we didn't complain, our only main source of food was McDonalds and food we brought from home. We went there roughly 3 or 4 times to just eat and leave, occasionally we just hung out at the park there when we were done eating. Loc was the smart one, he waited for us to be full, so he would have the left-overs and there was a lot!

My friends and I didn't get a lot of sleep because we were busy talking and having fun. We had to be out of the park by 6am, so went to McDonalds again for breakfast since we had to be picked up a parent because Miss Van Groesen didn't let us walk away unsupervised.

Overall it was a good day well spent with friends, raising awareness to the community about a serious issue.

Thanks to Mr Hallab and Ms Van Groesen for organising this opportunity for us.







# IEC's Got Talent !

Written by Chhorvy Vann Kim

Students all come with a talent or something unique that represents themselves. Music is one of the most liked things. So, have you thought of going to a concert, or even to having the opportunity to stand on stage by yourself?

Going to a concert has always been my dream - and it came true. On Friday 24th August, we went to a concert called IEC's Got Talent. It was a concert where all the IEC's in NSW participated. Some of us were even a part of the performance that represented Cabramatta IEC! And let me tell you, our performance was the best. Not only the performance itself, 3A is the best audience you could have ever asked for. During this one small excursion, a lot of things happened. We saw excited smiles and cheerfulness and we also saw the supportiveness between us, for our friends and our school. We are more than happy to say we were proud of it.



We had a lot of fun and it was a great opportunity to escape the same old classrooms we sit in all day. What's more, we learnt a lot as well. We learnt that talent could take us far away from everyday life, we learnt that we're all the same at one point even though we're from different races, and we learnt that we should always be proud of who we are, we should love the things we do and we should enjoy ourselves every moment of our lives. It doesn't matter if you were on or behind the stage, as long as you're happy, it's meaningful. We formed such a close bond with each other in just one day, it was truly amazing. We also got to meet a lot of new people. All of that was worth waking up at 5am to get to the train station for the excursion! We hope others will be given the chance to experience this as well.





# IEC Exploring the Georges River

By Chhun Kim LAO and Tieu Long KHUU

On 21 August 2018, Cabramatta IEC students from Level 2 and 3 went on a site study excursion to Chipping Norton Lake and Frères Crossing at Kentlyn. We went to the river and also for a bushwalking in the Georges River catchment – it was very impressive.

At Chipping Norton Lake we observed the beautiful view and we did some experiments to test the water quality of the lake. We did experiments testing the water for dissolved oxygen, phosphates, turbidity and PH. The water was quite clean despite the fact that there were two stormwater drain outlets.

After that we moved to our next destination, Frères Crossing. We went for a short bushwalk, through a koala zone, all the way to the river. We learnt about koala food and shelters. When we finally arrived at the river, we did more water testing. This part of Georges River was fresh water where many platypus live. Sad, but we didn't see any platypus. The water was very clean and in good condition for aqua creatures but it was so cold (13oC) that we couldn't see anything in the river. We had a lot of fun and learnt a lot about the Australian environment.

These tests told us how clean the river was. We also compared these tests at the two locations.





# School Council Meeting Minutes

## SCHOOL COUNCIL MEETING MINUTES

WEDNESDAY 15th August, 2018

### PRESENT:

President: Dieu Quach

Principal: Beth Godwin

CHS Staff: Isabel Pacheco, Julie Piesse

### SRC:

Interpreters: Thao Le, Linda Siv, Anh Vuong, Trinh Mai and Jamal Alkarkhey.

Guest: Donna Redman – Owner and Director

“AWAKEN”- Suicide Prevention Information

Parents: Bunnavuth Kim, Chandava Lim, Sawourn Chhay, Sopheap Pov, Boramom Han, Ym Chheang, Phary Soth, Rennea Soth, Kim Hour Nor, Hhuy Hong Ma, N Long Khao, Sokuntheary So, Pharka Keang, Phung Lan Tran, Thanh Tran, Huong Luu, Tu Loi Huynh, Van Nguyen, Jenny Hanh Vo, Thi Trang Vo, Ngoc Thuy Ha, Hanh Bao Tra, Thi Xinh Trinh, Tu Nguyet Tran, Tu Uyen Tran, Van Bick Lam, Thuy Diem My Nguyen, Huu Nghia Trinh, Salwan Danial, Rasha Daao, Vivian Almanani, Suzan Habab, Muthanna Issa, Rimona Batras

Ashag, Chau Tran, gulten Ulukut, Dieu Quach, Isobel Hawson, Levaea Tupuola teo, Savuth Soun, Christine Tavui Leota, Kalameli Nevili.

Apologise: Kim Do, Sopheap Bun, Mrs Tamofu, Mr Sauvaio, Mrs Akual Yor Bol, Mrs Halai, Mr & Mrs Harhagelis Byrne, Mrs Nepe & Mrs Lemalu

### INTRODUCTION

- Full report distributed to all parents.
- 100% of NSW are having a drought. As a community we need to help.
- President: Introduction of Donna Redman from Awaken Youth
- Acknowledgment of Country
- Awaken Youth flier and “Can We Talk” cards also distributed

### PRINCIPAL REPORT

Building update: The hall roof has been replaced. The IEC verandas have been completed. The light replacement project is on hold. The volley ball courts will be completed on the 27th of August.

Student citizenship: The student groups in the school will be fundraising for the farmers affected by drought.

Student achievement: Volley ball-recently our students competed at state level in basketball. The boys’ team came 7th in the state. The girls’ team came 2nd in the state.

In education Week over \$3000 worth of prizes were awarded to students who showed problem solving and thinking creatively.

Scholarships: Scholarships are now open and available to a large number of students. Students access these by reading the daily notices and checking school noticeboards.

School achievement: The school features in a number of research articles about high achieving schools. A number of interstate and NSW educators who wanted to learn about how our school operate teacher professional development and student programs. This all means that our school is at the top of educational achievement.

### GUEST SPEAKER

Donna Redman – Owner and Director

“AWAKEN”- Suicide Prevention Information

Topic: Suicide prevention training

- Acknowledge that parents are addressing the topic.
- Importance of self-care
- The current situation regarding child suicide.
- A shift in understanding – research says by the age of 8 and 9 children have a thorough understanding of suicide. Better intervention for children.
- Recent Australian data
- Common features/factors in the suicide mindset
- Suicide warning signs
- Other signs that may indicate depression, anxiety or suicidal thoughts.
- The best “ask” strategy.
- Am I O.K?
- Referrals
- Top services for teens
- Final tips to support the young person
- Self-care

### MISC

- Raffle: \$345 raised money for 5 bales of hay
- Blankets offered to parents.
- Next council meeting on 12th September 2018

## SCHOOL COUNCIL MEETING MINUTES

WEDNESDAY 12th September, 2018

### PRESENT:

President: Dieu Quach

Principal: Beth Godwin

CHS Staff: Ana Sentic, Michelle West, Andrew Hallab, Bethaney Waters and Shonrita Prasad.

SRC: Daniel Huynh

Interpreters: Thao Le, Linda Siv, Anh Vuong, Trinh Mai and Jamal Alkarkhey.

Welcome – Beth Godwin

Video – Where are they now? (available on the Cabramatta HS website)

- successful ex-students telling their stories from around the world

PRINCIPAL'S REPORT – Beth Godwin

Building update: Ensuring a high standard of buildings across the whole school

- Hall roof, volleyball courts, IEC verandas finished
- Roof repair continues – 2 more buildings this year
- Light replacement ongoing
- Inside of 2 blocks painted during holidays

Alumni project: In progress, some groups planning reunions

- Social media and collecting digital stories of past students

GUEST SPEAKERS

Fairfield City Police Area Command - Phinny Ung & Nina Long – Multicultural Liaison Officer (MLO)

New Cabramatta and Fairfield Local Command

- Civilian not police officer – 5 at Fairfield
- Bridge the gap between police and the community – diverse community of Fairfield
- Explains what police do and give details on law
- Work closely with schools and many government agencies
- Assist people who don't speak a lot of English – Khmer, Vietnamese, Spanish, Serbian, Chinese & Arabic
- Police also use telephone interpreters
- Amalgamations of a number of police stations – lead to quicker response times
- Police also have Youth Liaison Officers – support young offenders to not reoffend
- Crime prevention officers work closely with to support the community to reduce crime
- Domestic Violence officers support people who are victims of domestic violence
- MLO refers victims to refuges, court follow-up support
- MLOs help the community to understand policing in Australia and reporting as well as understanding that it is not "shameful" to work with the police
- MLOs cannot translate statements – need independent translation
- Police open 24hrs a day – always available

FACULTY REPORTS

Head Teacher: CAPA – Bethaney Waters

Creative & Performing Arts

- Subjects taught - Visual Arts, Music, VET Entertainment, Photography & Digital Media and 2019 – Drama
- PowerPoint with Yr 12 - 2018 Visual Art major works
- New music classes and extra curricula lessons - introduced – string ensemble, Yr 7 percussion – bucket performance
- 2 new pianos bought
- Question 2019? – workshops in photography & ceramics for parents and teachers together

Head Teacher : Home Economics and Computing – Michelle West

Computing Teacher – Andrew Hallab

Meet the teacher – computing master degree in teaching secondary

- Very helpful with technology
- Information & software technology (Yrs 9 & 10) – digital media, website development, programming etc
- Information processes & technology (Yrs 11 & 12) – information systems, project management etc
- Software Design & Development (Yrs 11 & 12) – social & ethical issues, developing a solution package

Head Teacher: Support – Shonrita Prasad

- Support unit started in 1996 with 1 class - today 2 IM & 2 IO classes (52 students)
- Transition teacher supports students with pathways to work after Yr 12
- Close relationship with parents/carers begins in Yr 6 at primary school
- Many programs run at the unit so that students are prepared for the future with skills building for life beyond school
- Close relationships with outside agencies to support the students, given equal opportunities in learning
- NDIS – National Disability Insurance Scheme – supports students with special needs – allows students to access support services and therapy

STAFFING

In process of employing:

- Head Teacher Maths
- School Administrative Manager in the IEC
- New Head Teacher for the school – Student engagement or NES, HSC & VET responsibility

NEW CAPTAINS

• Elected		
BOYS	GIRLS	
Captain	Brendan Ferreira	Maryam Sliwa
Vice-Captain	Anthony Mai	Kayla Trin
Ambassador	Michael Tran	Keanne Sai

NAPLAN: Results coming

- some done online – difficult to compare schools – Cabramatta did on paper
- will help students to understand the results

Close - Dieu Quach

Raised \$102 for the farmers

Next meeting 7th November 2018



# Debating success

Cabramatta High School's Year 7 and 8 debating team completed their third round of the Premier's Debating Challenge on Tuesday the 28th of August 2018.

The topic for this debate was "That the government should impose a curfew on teenagers" and the junior debating team successfully defeated Merrylands High School. Up until now, the debating team has won all three debates and will therefore be advancing to the quarter finals for the South-Western Sydney Region. From 64 teams in the South Western Sydney Region, Cabramatta High School has advanced to the top 16 teams. The remaining teams will continue to debate in a knock-out competition.

What the debaters had to say about their experience:

"I find debating really fun because even though it's nerve-wracking, you get to meet with so many different people that have a common interest with you. It's definitely a great way to build up your confidence in speaking and making speeches but most of all, it's just an enjoyable activity. Winning in debating really is just a bonus, the real win is being able to argue about topics that political figures are talking about. Debating is a way to learn about what's happening around you and the different opinions circulating around those topics. It's just a great and enjoyable activity in general," -Kathleen

'I believe that debating is an interesting and fun extra-curricular activity. Although, competitions are tough and stressful, debating is also exciting and a great opportunity in which you can gain many abilities from. Beside from enhancing your english skills, you often meet many new people whom you have debated with. It is breathtaking as every advancement is a new challenge. But overall, I would have to agree that debating is definitely enjoyable. Fingers crossed for the next round!'- Belinda

Written by  
Belinda Huor and Kathleen Trinh (Year 8)



# Proud Sponsors of Cabramatta High School



Cabramatta Bowling Club

Cabra-Vale Diggers

Cabramatta Rugby Leagues Club



Fowler Electorate ANZAC Committee

Commonwealth Bank of Australia

Mounties Group

Caltex Star market – Canley Heights

Fairfield City Council – Swim School

McDonalds, Liverpool Megacentra

Reverse Garbage

Peak Science

Plus fitness – Cabramatta

Trent – Learn to Drive

Margaret Milligan – School Canteen

Krispy Kreme, Liverpool Megacentra

LNG Stone Pty Ltd

Eckersley's Art and Craft

'Got a Pen'

White Doves 'R' us

The Supreme Master Ching Hai International Association

The Australian Association of All Nationalities of China Inc – Chinese

Language School

International Martial Arts Centres

Peak Science

Faz Uniforms

Bowlarama, Wetherill Park

Cotton On Group

Plus Fitness, Cabramatta

Calmsley Hill City Farm

Huong Xua Vietnamese Restaurant

Iglesia Ni Christo Church of Christ

Dr Leap Son and Dr Adrian Lim Dentistry

T & T Coaching College

Di Turner – PARRACLAY

Foodbank NSW/ACT



**Commonwealth**Bank



Parramatta  
Clay & Arts Inc.





# The Belt & Road STEM excursion

Three students from Cabramatta High and two students from Casula High travelled over 8000km to Chongqing in China to participate in The Belt and Road Science camp. It was an intensive one week program with 18 participating countries that allowed students and teachers to meet great minds from across the globe, sharing STEM knowledge and ideas. I was very proud to see the girls work long days and late nights to ensure projects and presentations were completed to the utmost quality. They participated in numerous STEM activities such as 3D printing, model building, LED light programming and they even programmed and installed a humidifier.

The students gained a wealth of STEM knowledge & skills and also had the opportunity to experience Chinese culture. They participated in a tea ceremony where they learnt about the Science and history of tea in China. Visits to the local secondary school gave them a glimpse of what Science classes were like in China with access to the most advanced technology. Visits to ancient towns and temples gave our students the opportunity to experience Chinese culture and delicious cuisines.

The trip would not have been such a success without the organization from Dr Ken Silburn, the coordinator of the LAZSTA iSTEM program and our sponsors, Mekong Mounties.

Here's what our students had to say about our trip:

Julina Lim:

From the 14th to the 20th of August, 3 year 20 students from Cabramatta High School attended The Belt and Road Teenager Science Summer Camp as representatives of Australia. The camp was in association with the China Adolescents Science Technology Innovation Contest (CASTIC). We attended the CASTIC Science exhibition where international contestants showcased their scientific projects which were inspired by critical issues currently existing in the world. They addressed the need to improve our world in areas of water quality, mining and health. Significant exhibitions included the RAM robot by Luxembourg which uses Virtual Reality to see through the eyes of the robot to perform tasks such as surgery with precision and bomb diffusion in the safety of ones home. Bioplastic made using shrimp shells done by Myanmar and using gold to detect arsenic in water by Sweden.

Attending the exhibition inspired a great deal of innovation and further interest in the field of STEM. We left the exhibitions feeling starstruck after being exposed to so many possibilities and ideas that we believe will have significant influence on the world. The exposure to such ground breaking ideas from people our own age encouraged us to endeavour on the paths of STEM and produce similar, extraordinary work.

Jenny Hunyh:

The wonders of the Science Summer Camp was being able to create new bonds with people and experiencing other cultures. The camp was a great place to find new friends and sharpen your social skills, as we all shared a common interest in Science. The Science Summer Camp showcased Science from all around the world and its role in school environments. Many schools from around the world joined hands together to create an everlasting bond through the course of a week. Being able to explore China's boundless beauty was far beyond breathtaking as their history ran through the cities of Chongqing. This trip was truly an eye opener allowing us to experience such great adventures.

Shannon Le:

The Belt and Road Teenager Science Summer Camp has offered to us students a first hand experience of what STEM has to offer to through various programing and coding systems.

The first course was Interactive arts, where students created a programming computer chip called a 'Mirco Bit'. Teams had to work together to produce a functional mainstay that can process interactive effects. Students who chose science in life studied the complications experienced by us on a regular basis and got the chance to construct prototypes using the given materials.

The last course which was engineering and technology, taught students how to create 3D printing designs on a computer software. Students also got the chance to complete a structural framework through the given mechanical features.

During our last days together, we were asked to present a powerpoint about our trip in Chongqing, China. This activity and other courses from the program allowed us to realize that STEM is a very broad yet interesting subject that will be our future.





# Careers Corner CBA Graduates

Written by: Jessica Nguyen Year 10

On the 22nd of August, a group of Commonwealth Bank graduates visited Cabramatta High School to introduce students to their future transition to the work force. The Commonwealth Bank graduates received a warm welcome by Miss Godwin our principal, Julina Lim and I. In the library, the students were partnered with a graduate. Together, the students and graduates discussed our interests, hobbies and future goals. Using the computers, the graduates assisted us with building our resume. A resume- building website – 'JobJump', particularly helped the students gain confidence in structuring a resume. The main focus of the activity was to identify personal qualities that employers are looking for. Some important skills that employers look for are effective communication, being a team player, problem solving skills and a desire to learn new things. We also discussed the diverse options of future tertiary education and/or apprenticeships. Next, we examined the importance of employment history, awards and special interests.

The Commonwealth Bank graduates stressed the value of taking initiative and participating in extra curricular activities. The graduates stated that the completion of high school increases the likelihood of employability in the future. When applying for a position within a large organisation, it is advised by the graduates that students should do some research to gain a thorough understanding of the company.

The following activity was a role-playing exercise for a mock job interview. This familiarised the students with an interviewing environment and possible interview questions. A majority of the interview questions were based on a scenario which required the students to use the STAR (situation, task, action, result) acronym to answer these questions. The STAR acronym provides a guideline to adequately address a question based on a workplace challenge. This involves describing the situation, identifying the tasks required, determining the actions needed and outlining results.

The Commonwealth Bank graduates explained the significance of life-long learning and self-improvement. From this program, the students are more familiar with structuring a resume and are better prepared for future job interviews.

Through this program, I have personally gained more knowledge and confidence for my future job interviews. I would definitely recommend the continuation of this program for future year nine and ten groups. This would help them gain crucial skills before entering the workforce. Overall, it was a very successful day and I definitely enjoyed my time with the Commonwealth Bank graduates.



## VP Day

On Tuesday August 14, students from Years 10, 11 and 12 joined other schools and members of the local community to attend a memorial service at Cabra-Vale Diggers Club to mark 'Victory in the Pacific Day' which is recognised internationally as a day to mark the conclusion of the Second World War. Stefan Dukic laid a wreath of flowers in his role as representative of staff and students at Cabramatta High. Pictured from left- Anna (Yr 11), Stefan (Yr 12), Chanphea (Yr10), Danijela (Yr 10), Daniela (Yr 11) and Linda (Yr 11). Lest We Forget.

Mr Pulham.





# Hip Hop Dance Championship



The 2018 World Hip Hop Dance Championship was held at Phoenix, Arizona 11-15th August. Crews and megacrews from 50 countries competed in this event to capture the world title.

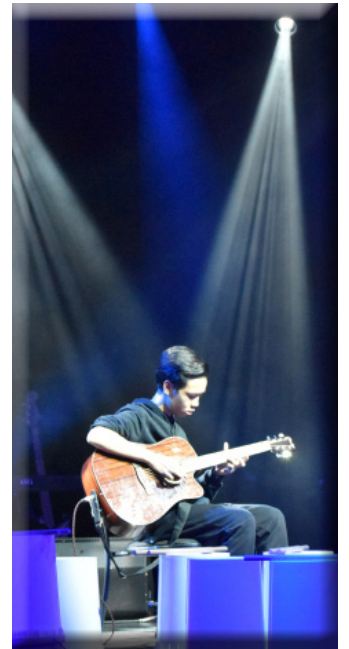
Ken Xaybounheuang Year 12, Anh Mai Year 11 and Primrose Halai Year 10 are three students from Cabramatta HS who were selected to represent Australia in this inaugural event. Ken was one of the main choreographers for the hip hop dance routines that they performed in the Championship. They have proven that passion and hard work goes a long way when it comes to achieving their dreams. They did not have any dance experience until they started joining Cabra Crew led by Miss Jansen when they were in Year 7. Australia came 21st in their category out of the 50 plus teams. As a school community, we supported them through a few fundraising projects that helped them achieve their dreams. Ken, Anh and Primrose, not only had a once a lifetime experience but made many talented dancer friends from all over the world. They have come a long way and we wish them all the best in their future endeavour in the dance industry. We are so proud of you!





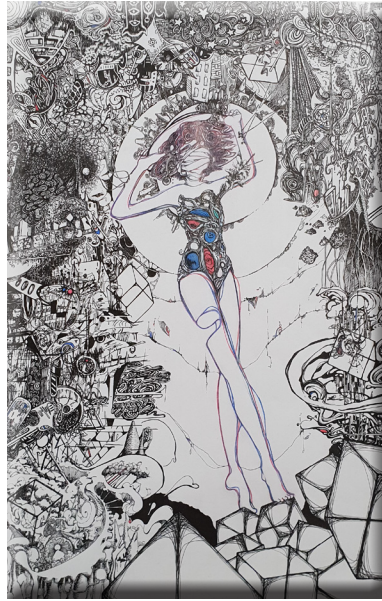
# School Concert

On the 27th and 28th of June Cabramatta High School conducted its annual school concert at the Cabra-Vale Diggers Club. At this event students sang, played instruments and danced on stage. 220 students performed on both nights with great enthusiasm. The newly formed school ensembles of strings and choir, performed for the first time at this event with great success. A high light of the night was the bucket performances by the whole of year 7. All students are to be commended on their dedication to Music and their willingness to perform and grow as future musicians of this school. 1200 people came to our concert over the two nights, which is wonderful support for all students involved. If you have any questions about ensembles being offered at the school, please speak to the music staff who will happily guide you in joining a valuable group.

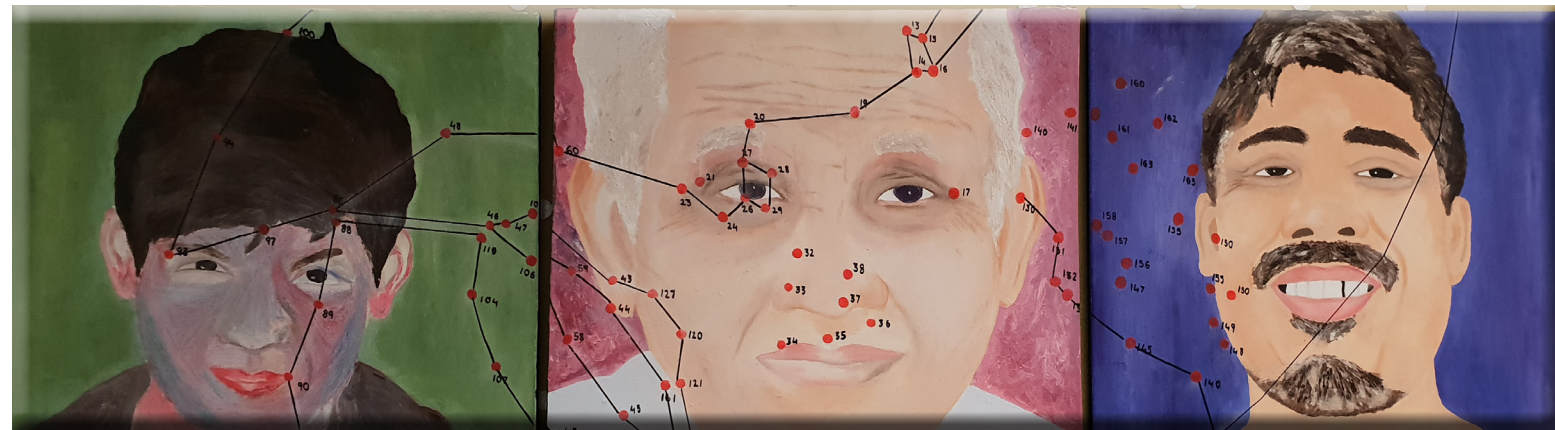




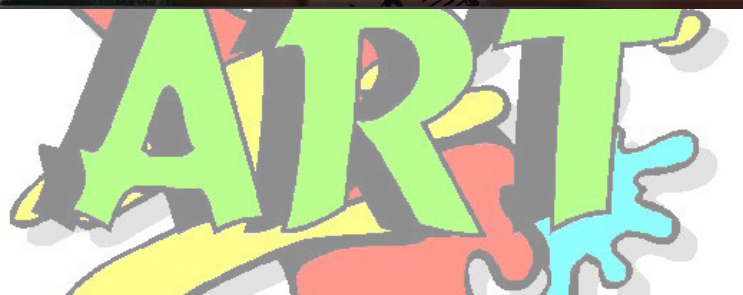
# Yr 12 Artworks



2018 Year 12 Visual Arts Artworks.  
Congratulations to all the creative students









# Class of 2018

Congratulations to all Year 12 Students. Best of luck for the HSC





# 2018 TERM 4

## SCHOOL CALENDAR

Month	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/ Sun
Oct	1A	15	16	17	18 HSC	19 HSC	20/21
Oct	2B	22 HSC	23 HSC	24 HSC	25 HSC	26 HSC	27/28
Oct/Nov	3A	29 HSC	30 HSC	31 HSC	1 HSC	2 HSC GREEN DAY	3/4
Nov	4B	5 HSC	6 HSC	7 HSC	8 HSC	9	10/11
Nov	5A	12 YEAR 12 SIGN OUT DAY	13 PEACE DAY	14	15	16	17/18
Nov	6B	19	20	21	22	23 YEAR 12 FORMAL	24/25
Nov/ Dec	7A	26 WHITE RIBBON DAY	27	28	29	30	1/2
Dec	8B	3	4	5	6	7	8/9
Dec	9A	10	11 SPORTS AWARD ASSEMBLY	12	13	14	15/16
Dec	10B	17 IEC PARENT TEACHER AFTERNOON	18	19	20 School Development Day	21 School Development Day	22/23