

BY THE STUDENTS

1 1 1 1 5 4 / 10.

FOR OUR COMMUNITY



SCHOOL OF THE YEAR GOVERNMENT

ALL MARKEN LINE

The **CABRAMATTERS** TEAM

Mr M. Avery Mrs A. Sentic Mr T. Nguyen Ms. M. Chan Mrs K. Xia -Malinda Deng Summer Kendall Lauren Martin Jullyya Sao Serina Nguyen John Ta Amy Chau

This Edition would not be possible without the help from this group of students.

Thank you to all staff and students who submitted articles this Term!

Cover Art by Carolynn Nguyen (Year 11)

"This term in Art we studied Modernism and all of its smaller movements. To show our understanding of the topic we were to create a self portrait referencing a modernist moivement. I chose Surrealism, which is all about the subconscious. The self portrait is about my inner child transcending time and space with the guidance of a cosmic guardian to aid my future self."

Principal's MESSAGE



Term 1 2023

It has been another successful start to the school year at Cabramatta High School.

Our school was recognised by ACARA as a high-performing school based on our 2022 NAPLAN results. There were only twenty public and private schools across the state which were recognised for this achievement. The school featured in an article in the Sydney Morning Herald and on ABC radio, showcasing our achievements and innovative teaching and learning. **Congratulations to our dedicated sludents, expert teachers, supportive parents and community who all contributed to this impressive achievement**

In sport we held our athletics, swimming and cross-country carnivals this term. The athletics carnival was held for the first time at Campbelltown Athletics Stadium. It was a logistical feat to take our whole school to and from the event, and the staff organising the event did wonderfully well planning and coordinating the day. Our students had the opportunity to compete in the various disciplines of athletics in a professional venue. Many of our students have represented our school at zone and regional levels of competition this term following their success at our school carnivals.

We celebrated Harmony Week with events, workshops, a concert and a multicultural food festival. Our school has an amazing cultural diversity, and Harmony Week allowed us to celebrate diversity together.

Cabramatta High School has a proud record of supporting those in need and this term we supported the World's Greatest Shave. At our assembly there were students and teachers who took part in the World's Greatest Shave. Our students, parents, staff and school community raised over \$3,000 to assist the Leukaemia Foundation and families facing blood cancer. Congratulations to all those who donated money to support this important cause.

Well done to our school community which continues to Strive and Serve.

Enjoy this issue of Cabramatters!

STUDENT * * REPRESENTATIVE * COUNCIL(SRC)



CAPTAINS -

JENNIFER HO AND ARNOLD HUYNH

Vice Captains -

Hongouy Oum and Michelle Pani

SCHOOL AMBASSADORS -GUINEVERE PHAM AND GREGORY YAN

YEAR 12

NATASHA HUYNH, CHRISTINE LY, SOPHIE NGUYEN JENNIE TRINH

YEAR 11

MAXWELL KY MICHELLE NGO MINH THU PHAM CINDY TIEU ETHAN TREJO GRANADOS

YEAR 10

ANDY DO PHAM KIM BAO LY LORA LY TU TRAN

YEAR 9

AMY CHAU NUNIA DAVE KATHERINE ING SEPELINI TUPUOLA TEO

YEAR 8

WILLIAM HO JOHNSTON PHAM PICH VETTEY PHEM CRYSTAL TRAN

YEAR 7

ZEN DO DANNY KOU MEALEA LIM DARWIN TRAN

THE SRC HAS INSTIGATED MANY INITIATIVES AROUND THE SCHOOL - INSTALLING MICROWAVES IN THE CANTEEN FOR STUDENT USE; LARGER GARBAGE AND RECYCLING BINS; COLD WATER FOUNTAINS THAT REFILL DRINK BOTTLES; REPLACING TURF IN SELECTED AREAS - AND ARE CURRENTLY WORKING ON COMMUNITY PROJECTS THAT WILL BENEFIT THOSE TRYING TO ESCAPE ABUSIVE RELATIONSHIPS AND THOSE IN AGED CARE.

What's Happening Right now?

Ramadan is the ninth month of the Lunar Islamic calendar and it began in late March of 2023. For the whole month Muslims around the world fast from sunrise to sunset. This means that all Muslims – except the traveling, sick, elderly, children and pregnant women – cannot eat or drink anything during this time. At the end of the Lunar month, towards the end of April, there is a huge celebration, called Eid-ul-fitr, where Muslims celebrate the end of the holy month.

Everyday at sunset the fast is broken - and this process is called iftaar. Our school held the Annual Ramadan Iftaar Night during Week 10 on Tuesday the 4th April. This event was open to all students regardless if they are of Muslim faith or of other faith. The iftaar evening was a community dinner that allowed student, staff and wider community members to come together to chat and feast over delicious food.

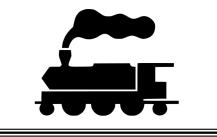


The following poem is modelled off of one of the stanzas in Dorethea Mackellar's famous poem 'My Country':

SNOWPIERCER

I love a Rattling Ark
A train of The Freeze
Of an ice-cold railway
Of avalanches and murder
I love her chrome finish
I love her Dazzling Nightcar
Her engine and her tail
The Snowpiercer is for me!"

Jordan Foster (Year 9)





THE CLASSY CLASS

2023 NEWSLETTER

C.H.S

SRC





Devonne Solomona

WE ENDEAVOUR TO DO OUR BEST!!

Like us these students are going to receive the best education from all their teachers at CHS. Our teaching and learning are not only in the classroom but beyond, such as the community access excursions, program, camp, work experience, whole school involvement and inclusion in all school projects and activities. These opportunities and individual support have us qiven confidence and courage to face life beyond school.







We, Devonne and Irene, Year 12, would like to talk about our new class in the Support Unit. This class has five students with moderate intellectual disability and autism.

This class brings back our memories when we started school in 2018, Year 7. The pictures below show the current students in this class and the beginning of our journey to high school in a similar way.



This year we are in SRC, advocating students' voice. As leaders we are still learning so many skills and are thankful to our teachers for nurturing and guiding us. Our advice to all the students is to do your best and nothing can stop you in achieving your future goals. Everyone is capable and has unique talents and potentials. Know yourself, set your goals, aim high, ask for help and work towards your goals and dreams.



<u>Quality teaching and learning</u>







Community Access Program

















XIN NIAN KUAI LE 新年快乐 HAPPY CHINESE NEW YEAR

Have you had the opportunity to visit Chinatown in Cabramatta to celebrate Chinese New Year 2023, which occurred on January 22nd earlier this year?

Chinese New Year is a major festival for Chinese to celebrate on the first day of the lunar calendar and lasts for 15 days. It's a time for traditions, such as decorating with red lanterns, eating dumplings, setting off fireworks, and giving red envelopes filled with money. The holiday represents family reunions and wishing for prosperity in the coming year.

source: https://chinesenewyear.net

Partying with 1.6 billion people

Imagine you are celebrating with over 1.6 billion people worldwide, because that's how many people celebrate Chinese New Year! It's not just a China thing - countries like Singapore, Malaysia, Indonesia, and Vietnam all get in on the fun too! So if you have a Chinatown nearby, join the festivities, enjoy the food, check out lion dances, maybe even fireworks and soak up the good luck vibes!

Fun Facts

No set date so stay tuned!

Chinese New Year follows the Lunar calendar, it falls on a different date each year, it usually falls on between January 21st and February 20th.

*

No sweeping is allowed.

Sweeping isn't allowed before 5th day into the Chinese New Year, this is to make sure you don't sweep away the good luck!

Symbolized food.

Dishes serverd during Chinese New Year are symbolized for different types of good luck. For example Dumplings, it symbolizes wealth, for its shape like an ancient Chinese gold ingot; noodles symbolizes for longevity; fish symbolizes for extra, surplus...

It's your zodiac year? You need some good luck!

If it's your zodiac year in Chinese New Year, it's believed to bring bad luck because of a clash with Tai Sui, the god of age. But don't panic, just wear red clothing, wave some lucky charms to keep those bad luck vibes away.

12 animals in the Chinese zodiac

Each Chinese year is associated with an animal in the Chinese zodiac, every 12 years is one cycle. If you are currently in Year 7 to 12, you'll be hopping into your mid to late twenties when the next rabbit year comes around.



ART CLUBS AT CHS

Art Club is a group that is aiming to install artworks around the school. It is open to all students and staff and we meet every Tuesday at lunch in 3AS.

With a group of over 20 students from year 7-12 we have achieved great things already!

We have installed an artwork outside M block which was the winner of **Rookwood Hidden** Students category in 2019. Our 2022 winning work has been placed in the Peace Garden. We have also established the location for our next sculpture which is between Blocks 1 and 2. It will be a ceramic sculpture highlighting some of the native flora from cultures represented at our school!

Succulents in hand made pots and garden ornaments were sold at **Food Fest** to raise money for garden edging and materials for the planned sculpture. Thank you all for your support as we raised enough funds to cover the entire project!





This is where the new sculpture will go!



The **IEC Art Club** has been running since the beginning of 2022. It is a space where enthusiastic students from the Intensive English Centre and the High school can come to develop their skills and interest in Visual arts. It is a relaxed and friendly environment which gives the opportunity to expand on their English speaking skills and meet new friends.

Teachers create an inclusive setting and introduce students to new mediums outside of their regular art class to explore.

This term students completed an independent canvas painting that was student directed. Students were free to design and create a finished painting with their choice of subject matter.





International Women's Day



5.3

On the 8th of March female representatives from CHS in years 10-12 attended the International Women's Day Event hosted by Core Community to celebrate this years theme of embracing equity. Our female leaders also emceed this event!

> The event included a panel with esteemed women as they discuss their journeys and talk from a paralympian as snacks and lovely performances were provided all throughout!





LBE

And Atheltics Carnival

Wellbeing Day

KEVIN MAI

THE DAY ITSELF WAS QUITE RELAXING AND ENJOYABLE. THE 3 ACTIVITIES (YOGA, SOLVING WORLD PROBLEMS AND ESCAPE ROOM) WERE QUITE INTRICUING IF YOU HAD FRIENDS TO GO ALONG AND DO IT TOGETHER. THE BARBEQUE WAS RELAXING AND THE "SMASH" PERFORMANCE AT THE END WAS EVENTIVE.

AARON NGO

IT WAS FUN BECAUSE I GOT TO SPEND MORE TIME WITH FRIENDS THAN USUAL. MY FAVOURTE THING WAS GETTING HOT DOGS. YOGA WAS CALMING, THE ESCAPE ROOM WAS INTRIGUING AND THE SOLVING OF REAL WORLD PROBLEMS WAS FUN.

KADEN PHAM

IT WAS A RELAXING AND CHILL DAY WHERE MY FRIENDS AND I CAN WIND DOWN AFTER A HARD, STRESSFUL WEEK. THE ACTIVITIES WERE VERY THERAPEUTIC, A GOOD OCCASION TO RELAX AND FOCUS ON SOCIALISING AND HAVING FUN!

CRYSTAL TRAN

WELLBEING DAY WAS AN EXCELLENT DAY WHERE WE COULD ALL SOCIALISE AND PARTICIPATE WITH OUR FRIENDS. I FOUND THE YOGA SESSION VERY RELAXING AND THERAPEUTIC. THE SAUSAGE SIZZLE WAS DELICIOUS AND THE SMASH PERFORMANCE WAS A GREAT EVENT TO END OFF THE DAY. IT HELPED ME DISCOVER SOMETHING NEW AND I HOPE THAT WE GET TO HAVE ANOTHER WELLBEING DAY THIS YEAR.

RIANNE HAY

IT WAS A REALLY CALMING DAY TO SPEND WITH FRIENDS. I ENJOYED THE ACTIVITIES BECAUSE WE GOT TO WORK IN GROUPS, AND THE BBQ WAS DELICIOUS.

KATHY PHUNG

WELLBEING DAY WAS A FUN AND RELAXING DAY WHERE I GOT TO PARTICIPATE IN MANY FUN ACTIVITIES. I ENJOYED PARTICIPATING IN THE YOGA SESSION THE MOST BECAUSE I WAS ABLE TO RELIEVE MY STRESS AND THE ATMOSPHERE IN THE ROOM WAS VERY QUIET AND THERAPEUTIC.

JENNIFER NGOC NGUYEN

THE WELLBEING DAY WAS VERY EXCITING AND GREAT FOR SOCIALISING, AS IT MADE ME PARTICIPATE IN MANY ACTIVITES WITH MY PEERS. IT WAS MUCH DIFFERENT THAN THE OTHER DAY'S WE NORMALLY HAVE AT SCHOOL, WHICH MADE IT EVEN MORE FUN!

EDWARD NGOV

WELLBEING DAY WAS A FUN DAY WITH A BREAK FROM CLASSWORK TO HAVE FUN ACTIVITIES WITH FRIENDS. BEING ABLE TO CALM MYSELF IN YOGA, USING MY BRAIN IN AN ESCAPE ROOM AND TRYING TO SOLVE WORLD PROBLEMS WHILE MAKING A BOARD GAME.

AYEN KUOL

WELLBEING DAY WAS A CALMING AND ENTERTAINING TIME. IT INCLUDED MANY ENGAGING EVENTS AND ACTIVITIES. I ENJOYED THAT IT GAVE ME AN OPPORTUNITY TO SOCIALISE WITH OTHERS. IT INCLUDED ACTIVITIES SUCH AS YOGA, AN ESCAPE ROOM, A BOQ, AND AN INTERACTIVE PERFORMANCE AT THE END OF THE DAY TO FOCUS ON ENCOURAGING POSITIVE THINKING AND BEHAVIOURS.

JULIE CHHOEUNG

THE DAY WAS A FANTASTIC EXPERIENCE! I REALLY LOVED EVERYTHING THAT WAS PERFECTLY PLANNED OUT FOR US. MY FAVOURITE ACTIVITY FROM THE DAY WAS DEFINITELY YOGAI IT WAS REALLY RELAXING AND RELIEVED A LOT OF MY STRESS THAT WEEK. THE DAY IN GENERAL WAS AN MAZING OPPORTUNITY WHICH EVERYONE LOVED AND I HOPE THAT IT WILL BE ORGANISED FOR US EVERY YEAR.

ANGLE LE

WELLBEING DAY WAS A FUN AND EXCITING DAY FOR ME TO EXPERIENCE. I LOVED THE SMASH PERFORMANCE THAT WAS HELD AT THE END OF THE DAY. IT SHOWED THE DANGERS OF UNDERAGE DRINKING AND THE DANGERS OF RUINING YOUR WHOLE LIFE BECAUSE OF IT. I HOPE I WILL EXPERIENCE THIS AGAIN NEXT YEAR.

Mood

Athletics Carniva

RICKY TANG THE ATHLETICS CARNIVAL WAS AN AMAZING DAY TO HAVE EVENTS HELD AND A COMPETITIVE DAY TO HAVE RACES WITH YOUR PEERS AND TO SOCIALISE WITH YOUR PEERS.

N.1.

JOHNSTON PHAM

ATTENDING THIS EVENT FILLED WITH ALL THESE CREATIVE COSPLAYS AND COMPETITIVE RACES WAS A TREAT TO SEE. IT WAS PLEASANT TO SIT DOWN, LOOSEN UP AND SOCIALISE WITH MY FRIENDS AS WE AWAITED THE NEXT RACE. FOR A WHOLE SCHOOL EVENT, IN A LARGE STADIUM, THIS WAS A SUCCESSFULLY HOSTED TRIP.

VANESSA SLIWA

THE ATHLETICS CARNIVAL WAS AN EXTREMELY WELL PLANNED EVENT WHERE STUDENTS COMPETED IN DIFFERENT ACTIVITIES. THE VENUE WAS LARGE ENOUGH TO FIT OUR SCHOOL AND HAD A CANTEEN WHERE WE COULD BUY MEALS, DESSERTS AND DRINKS, EVEN IF YOU DIDN'T COMPETE IN THE EVENTS, WATCHING AND CHERING FOR STUDENTS IN YOUR SPORTS HOUSE WAS ENJOYABLE, IT WAS A GREAT PLACE TO HAVE A LITTLE PICNIC AND CATCH UP WITH FRIENDS, OVERALL, I GREATLY ENJOYED THE ATHLETICS CARNIVAL.

RIANNE HAY

WATCHING THE RACES WAS REALLY FUN, ESPECIALLY CHEERING WITH FRIENDS. THERE WAS FOOD AVAILABLE SUCH AS ICE CREAM AND CHIPS. IN GENERAL, THE ATHLETICS CARNIVAL WAS AN EXCITING EXPERIENCE.

CLAIRE PHAM

FOR ME, I LOVE SPORTS AND BOTH WATCHING SOME OF THE EVENTS AS WELL AS COMPETING IN THE EVENTS WAS VERY ENTERTAINING. I WAS ABLE TO SEE HOW MUCH FUN OTHERS WERE HAVING IN ALL THE EVENTS AS WELL AS PARTICIPATING IN THE EVENTS MYSELF. I FIND EVERYTHING A COMPETITION AND THE ATHLETICS CARNIVAL IS THE BEST FOR THOSE WHO LIKE EXACTLY THAT. I REALLY LOVED THE VARIETY OF BOTH TRACK AND FIELD EVENTS AND IT WAS REALLY FUN.

ISABELLA

ATHLETICS WAS REALLY FUN, IT WAS A DAY TO JUST HAVE FUN AND COMPETE IN COMPETITIONS OR CHEER YOUR PEERS ON.

ELISHA LIM

THE ATHLETICS CARNIVAL WAS ENJOYABLE TO PARTICIPATE IN, AND ENTERTAINING TO WATCH. IT WAS A GREAT CHOICE OF VENUE WITH GREAT WEATHER. THIS EVENT WAS A GREAT WAY OF SOCIAL CONNECTION, AND WAS

EMILY NGO

THE ATHLETICS CARNIVAL WAS A FUN EXPERIENCE AND A DAY OFF FROM SCHOOL. I CHEERED FOR MY HOUSE ALONGSIDE MY FRIENDS AND HAD SO MUCH FUN DURING THOSE 6 HOURS AT CAMPBELLTOWN STADIUM. ALTHOUGH I DIDN'T RUN IN MOST OF THE RACES IT WAS FUN TO SPECTATE THE RACERS.

OLIVIA PHUONG

PERSONALLY, THE DAY WAS EXTREMELY ENJOYABLE. BEING SOMEONE WHO PARTAKES IN A LOT OF SPORTS, I ENJOYED HAVING A DAY DEDICATED TO COMPETING. I LOVE BEING ABLE TO COMPETE AT A PROPER VENUE, AND PARTICIPATING IN A WELL ORGANISED DAY.

CHLOE PHAM

THE DAY WAS FUN BECAUSE OF SPORTS AND I GOT TO HANG OUT WITH MY FRIENDS AND TEACHERS.

SALINI YUNG

THE ATHLETICS CARNIVAL WAS A DAY WHERE YOU HAD THE OPPORTUNITY TO WATCH STUDENTS COMPETE WITH EACH OTHER TO MAKE IT EVEN BETTER, YOU COULD PURCHASE FOODS AND DRINKS TO HAVE WHILE CHEERING THEM ON OR EVEN COMPETE WITH YOUR FRIENDS IF YOU WISHED TO. THERE WERE SPORTS LIKE RUNNING, DISCUS, JAVELIN, LONG JUMP / HIGH JUMP, ETC. IF YOU HAVE A FRIEND TO BE WITH, IT'S 100X BETTER.

KAVIN LE

I SAW THE JAPANESE POPE TODAY, HE WAS PRETTY COOL. ALSO HUGGED A MAN IN A FURSUIT, HE WAS FLUFFY. FOR ME THE ONLY REASON IT WAS FUN WAS BECAUSE OF THE COSPLAYERS.

WILLIAM HO

ATHLETICS CARNIVAL WAS AN EXCEPTIONALLY RELAXING AND ENGAGING DAY. THIS YEAR THE SPORTS VENUE WAS MUCH BIGGER AND MORE SPACIOUS. ACTIVITIES LIKE RUNNING AND HIGH JUMP ASSISTED ME IN BUILDING SKILLS OF AGILITY AND CONFIDENCE. IN ADDITION THE FOOD WAS PRETTY GOOD COMPARED TO OTHER VENUES.

Benefits Of LO-FI



For You By Amy Chau

Fun Fact : Lofi Records released 156 EPs & albums and 3 compilations. These 159 releases generated 2.23 billion streams on Spotify in 2021 !

WHAT IS LO-FI?

Lo-Fi, short for 'low fidelity' is a type of downtempo hip-hop music known for its relaxing and tranquil characteristics. It's a popular genre with a wide branch of iconic creators such as Nujabes, Kudasaibeats, Hisohkah & many more.



BENEFITS OF LO-FI?

Lo-fi music can reduce stress & enhance focus. It creates a soothing and calm atmosphere, suitable for any relaxation or study. The repetitive and continuous beats boosts productivity because of the familiar sound.



Have you seen this girl?

LOFI GIRL

Lo-Fi Girl is a mascot created by ChilledCow. She is streamed on YouTube, seen studying alongside her pet cat beside her window listening to lo-fi music. This channel streams this video 24/7, becoming an internet known recording. Lofi Girl even has her own merchandise & social media servers, check it out!

Getting Ready For Naplan!

During term 1, year 7 and 9 students were busy preparing for **NAPLAN**. Students engaged in **Numeracy** Masterclases and **Literacy** lessons to build literacy and numeracy skills **required** for success. A further day was spent **tackling areas of improvement** in writing and numeracy. Students found this day very useful, and we wish all of our students the very best with their ongoing **NAPLAN** results.



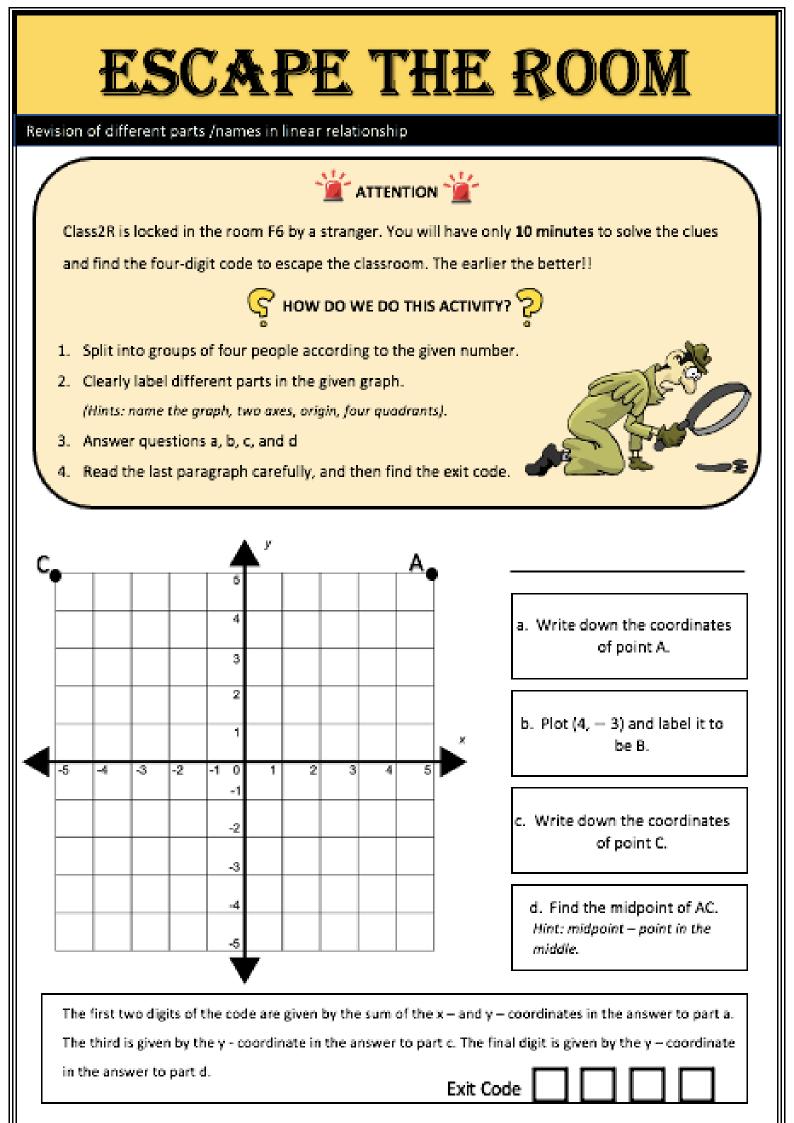
Year 7 Accelerated Mathematics Class – 7Z

compensation &

Altere

This Term, **7Z** has been busy learning about **Angles and Geometrical Figures.** As a part of their study, students were asked to find **angles in the environment.** Students found various angles around the school and created their own **angle tree.** This activity allowed them to apply their learning to the outside world.

> Students also applied their **understanding** of the properties of **Triangles and Quadrilaterals** to create a set of **Who Am I?** cards that shows clues to solving the **mystery of the missing shape.**



The IEC HPGE Maths Club has been running since 2022. The nature of the IEC is to teach and learn English through different KLAs, including mathematics. As a result, students are focusing on literacy in mathematics in class and some desire a greater challenge in content learning. The purpose of this club is to provide additional literacy and numeracy support for students in the IEC who are passionate about mathematics, further closing the gap between IEC and mainstream senior mathematics learning. Both ex-IEC and students who are currently learning in the IEC feel strongly supported and are gaining more confidence in performing mathematics skills through the engagement in the IEC HPGE Maths Club.

STUDENT FEEDBACK

Maths Club was extremely helpful in developing our mathematics skills and accessing various advanced topics besides class time. It has boosted me to challenge myself with difficult maths questions since we didn't have enough time to cover them in class. It also provided me with a wider range of maths terms – as I am an international student and just exposed to the language in mathematics.

> lang Tuan Dung Nguyen (ex-IEC student and currently in yr11)

Maths Club was very helpful because it helped me improve my maths skills in parallel with the learning in class. In particular, Ms Wang provided detailed instructions and working out on the guestions that I didn't understand.

> Thi Mai Thao Nguyen (ex-IEC student and currently in yr11)

I think Maths Club was really helpful for me to improve my literacy and numeracy skills in mathematics.

Amony Sokheng Ly (ex-IEC student and currently in yr11)

Maths Club helps me to know more about language in mathematics and prepares me for my high school e. Thanh Dan Nguyen (current IEC student) learning in the future.

M.C

 $= \left(\frac{X_1 + X_2}{2}, \frac{Y_1 + Y_2}{2}\right)$

6

Maths Club helps me in learning new and different topics that I don't know which will support me in my future learning.

When I study in the Maths Club, I am able to do the questions in an easier way.

1000 IS THE ONLY NUMBER FROM 0 TO 1000 THAT HAS AN "A" IN IT.

(currer

y = MX +

DID YOU KNOW MOST MATHEMATICAL SYMBOLS

 $-b\pm\sqrt{b^2-4ac}$

hyp

 $\sin(\theta) =$

WEREN'T INVENTED UNTIL THE 16TH CENTURY

Year 10-11 Chemistry and engineering excursion!





Year 11 ANSTO Chemistry Excursion On Thursday the 16th of March, Year 11 Chemistry students visited the Australian Nuclear Science and Technology Organisation Centre. The students had a great time learning about radioisotopes and exploring the facility. It was a very informative excursion from industry professionals. - Mrs Singh

Science and Engineering Excursion On Tuesday the 21st of March, select Year 10 students attended the Science and Engineering Excursion in Sydney Olympic Park. The students collaborated in a competition against other schools to build a resistant bridge as well as a range of other STEM challenges. They also had the opportunity to meet experts in STEM fields. - Mr Liu

The Sugarcane -CANE DO

The sugarcane (Saccharum Officinarum) is a grasslike plant belonging to the Poaceae family.

Its neck is similar to the bamboo plant as they both have a cylindrical shape and nodes (a swelling caused by a connection of leaves or stems). The sugarcane tree has lime-green, sword-like leaves.

Growing sugarcane can take an average of 12 months to fully grow. Its environment of growth must have fertile soil, an area where sun is strong and ubiquitous, and a minimum of 1.5 metres of rain annually, to ensure appropriate irrigation.

Sugarcane naturally grows and is native to tropical areas. It is widely cultivated in: Brazil, India, China, Laos and Myanmar. With Brazil cultivating most of the sugarcane; with 455,291,000 tonnes.

There are many uses for the sugarcane. First of all, the sugarcane can be used to make sugarcane juice which, if you ask me, is a ripper drink perfect for cooling down on a hot summer day. Now the most common one is to turn the sugar cane into sugar by compressing the sugarcane, then reducing acid, heating and filtering the juice, then undergoes a process of evaporation and is finally crystallised to make raw sugar.

Many other uses of sugar and sugarcane is to make a myriad of foods such as pies, cakes and candies with the sugar, and can also be used as a preservative for things such as fruits. The sugarcane can be used to make alcoholic beverages such as rum and cocktails. Also, did you know that sugarcanes can be used as a face cosmetic? This is another great use.

Sugarcane is one of the most common materials used in everyday human life. Without it, humanity would suffer a huge CANETASTROPHE!



what is Intertextuality?

The term "intertextuality" describes the interaction between texts that influence how a text is understood. Every literary work that contributes to the development of another piece is regarded as intertextual. It can come in different types and forms. The three main techniques include allusion, parody, and quotation.

Allusion refers to a brief or casual mention of something, either directly or indirectly. Parody is the imitation of another text for satirical effect; it is typically done to mock. Finally, Quotation is a direct reference to another text with credit to the author. - Kathy Phan

Intertextuality is a technique in writing that makes texts more interesting to engage with and is a form of influence from other texts. Authors use intertextuality to hone their text and take inspiration from other authors. Intertextuality borne from inspiration is its own form of flattery, where authors use/imitate techniques or themes of past composers. This is not plagiarism because they are only taking inspiration and not actually stealing what the other composer wrote.

Intertextuality is used everywhere, and this is how the world of literature has come to what it is today. It can also be used to depict a deeper meaning behind the text that can only be understood by people who carefully interpret the new text and compare it to the original text. This overall makes reading and understanding a text to be a better experience for audiences.

- Khang Vuu

How is Intertextuality used in literature and film?

Intertextuality is a powerful literary technique used in order to create several layers of interpretation. For example, the main plotline of Disney's The Lion King is an adaptation of Shakespeare's Hamlet. Such that both major protagonists are strong, caring individuals who desire to kill their uncles, to seek revenge for their fathers. Given that Shakespeare can be difficult for some individuals to understand, the Lion King was specifically created for children. This adaptation allows all ages to engage in more complex themes in a simple way.

- Hannah Hua

Student Analysis on how Intertextuality is used to strengthen a message;

I love a sunburnt country, A land of sweeping plains, Of ragged mountain ranges, Of droughts and flooding rains. I love her far horizons, I love her jewel-sea, Her beauty and her terror – The wide brown land for me!

NEW



Extract from 'My Country' by Dorothea Mackellar (1908)

I love a sunburnt country A land of sweeping plains... Of redirected water flows For cotton growers' gains

1 love her record temperatures Bushfires and drought extremes Of erosion and land clearing For agricultural dreams

Extract from 'My Country (now)' by Cathy Wilcox (2019)

Cathy Wilcox uses Dorothea Mackellar 'My Country' and adapts it to portray modern Australia, which contrast to Mackellar's vision of old Australia. Mackellar's original piece is about the Australian landscape having lovely scenery and vast lands, whereas the depiction of Australia in 'My Country (now)' is twisted and focuses more on Australia being a victim of climate change and the countless natural disasters it suffers. Wilcox's blatant use of satire transforms the poem from tranquillity to terror, to make a point about Australia's lack of climate change action. 'I love her...' is taken from Mackellar's original poem to promote a sarcastic tone in Wilcox's rewriting. This changes the new version of 'My Country' into a satirical text which comments on the current state of Australia. This use of satire is very effective as many Australians would be familiar with the original version by Dorothea Mackellar.

- Cruz Huynh

Cathy Wilcox utilises intertextuality to satirically criticise Australia's climate change response, by referencing Dorothea Mackellar's very prominent poem 'My country'. The initial poem written by Mackellar praises the winsome beauty of Australia's landscape, showcasing its prepossessing picturesque and scenery, whereas Wilcox manipulates the composition of 'My Country' to develop a more sarcastic tone, mocking Australia's response to climate change. Wilcox exploits intertextuality in Mackellar's poem to evoke a sense of relationship between the two texts, manoeuvring the focus from Australia's charm to criticising its climate change response.

'My Country (now)', 2023

I love a blazing country A land of smoking ashes Of powerful acrid fumes The odour of burning matches

I love her grey-red skies I love her carbon emission releases When no one bothers to help, The sea level just increases

I love a greedy county, A land of toxic beings, of stolen lands, of flowing rivers and seas. I love his crimson heat, I love his hideous secrets, his heavy disguise and his foolishness -The unequal rights for me!

My Country

I LOVE A CORRUPTED COUNTRY A LAND OF POLLUTED WINDS OF SCORCHING SANDS OF POISONED NEPTUTIAN SEAS OF BRIBERY AND EXTORTION I LOVE HER BLISSFUL IGNORANCE I LOVE HER CONTAMINATED LANDS HER PREDJUDICE AND CHICANERY THE SILENTLY ABLAZE LAND FOR ME!

Written by Alex Chea

I HATE A CAPITALIST COUNTRY A LAND OF THE RICH GETTING RICHER OF THE POOR WHO ARE LEFT TO SUFFER OF AN EXCESSIVELY AFFLUENT PICTURE

I HATE HER CRASHING STOCK MARKET I HATE HER MONEY LAUNDERING SCHEMES HER INVESTORS CRYING THIS CAPITALIST COUNTRY IS NOT FOR ME!

I love a free country, A land of patriotic plains, Of red and blue divisions, Of voices and greedy visions.

Eric Tran 9Eng2

I love her freedom in weaponry, Her very faithful military, Of trailing smokes and peril, Look how they all revel!

> I love a racist country A world where colour matters Of hatred and discrimination Where Asians make your platter

I love their hateful protests I love their heartless selves Their cruel words and wrong actions Even after we scream for help.

HPGE SPORTING PATHWAY

Chloe Ton

Year 7

My pathway to the combined high school State Swimming Championships



My thirst for success in swimming came at a young age when I made my first regional swimming carnival.

I was 8 years old and was surrounded by much older kids who were swimming much faster than I could imagine. Swimming is an ultra competitive sport, and I am a very competitive person. My journey to this level of swimming did not come without the grit, determination and will to succeed and chase that goal of representing my school at a State swimming event.

Everyday when I get into the pool for my 2 hourly training sessions I know that every session in which I push myself is helping me to reach that goal. As Michael Phelps once said, **"Don't put a limit on anything. The more you dream, the further you get"**. I had that dream that one day I would get to State swimming and knew that hard work would translate to big rewards.

This is just one pit stop on my journey for further success and to reach my ultimate dream goal to one day swim at the Olympics and represent my country.

2023 SWIMMING CARNIVAL

A swimming carnival is a day where people get the satisfaction to enjoy the wet water on a hot summer day. An event with races, events and just relaxation. My personal experience allows me to enjoy the relaxing breeze of water.







Events are competitive and fun but that takes away from the fun! In between events allows people to just enjoy the water they've been given. The event had everything to a pool, grassy hill, and a canteen with food of your choice!

For the more physically competitive players, people who are experienced in the field were in a long race in freezing water conditions. Swimming in the 50 or 100 metre races against others, it's an act of hard endurance and racing for number 1. The houses, Mckay, Bradman, Fraser and Strickland were fighting in races for a chance to be the house champion of the four. In the end Bradman won the house Championship in 1st place! The event was a chance for students to escape grueling subjects like Maths and English, just to enjoy the fresh smell of chlorine; a hot summer day perfect for sport and cold, fizzy, and zesty drinks. The race in the pool for ages 12 to 17 was intense and freezing, but people rose victorious and made it into the regional swimming carnival. Our age champion, Chloe Ton made it in, even at the age of 12! And Henry Tieu age 17+ and Dominic Quach who is also 12 made it into the regionals! Chloe Ton was number 1 in 100m freestyle and 50m butterfly, backstroke, and breaststroke, not a simple task but she managed to unlock that achievement.

Swimming is not a natural feat; you don't have the ability to choose mermaid in the selection bar. It's a feat that takes training until you eventually level up enough to do it like running with your feet. The swimming carnival was a fun break from school and to swim, run and eat while you cheer for your house to be victorious.

This was overall a fun, competitive event and highly enjoyable. Instead of staying home on the coach like a potato in a pot, I sat on the grass with my mates and had a great day!







ATHLETICS CARNIVAL 2023

A fantastic showcase at a new venue!

Today for the first time we attended our athletics carnival. We had to travel far to Campbelltown, but it was worth it. When we saw the track for the first time it was so different from what we had seen before. The place was packed with so many students it was hard to find seats, but everyone was so excited.

There was a wide range of races and activities available for students to have fun on the day. It was fun watching the races and wondering who could possibly come first. But most of the participants never gave up and finished the race.

When we were hungry, there was a canteen to serve us food so while we watched the races, we could enjoy our food too. For the year 12s, it was interesting and fun watching them run in different outfits. We saw two dinosaurs run too! Which everyone took photos of. However, the day was enjoyable as some of the year 12s came dressed in some funny costumes or cosplays.

Everyone had a great time being out of class and participating in races. It has been quite a while since we had a proper carnival, and this is the last Athletics carnival for the year 12s so we're all glad that they had fun.













Athletics Student Article Carnival - 2023

Athletics Carnival is an annual sporting event. It is a day for students to compete in track and field events to earn points for their house teams and to earn a spot to represent Cabramatta High School at the zone carnival.

The Athletics Carnival is to encourage physical activity and friendly competition between students.

Many students participated and had fun while also being encouraged by their peers.

written by: olivia phuong isabella phuong claire pham chloe pham Even though we conducted the event at a different location, the 2023 Athletics Carnival was a huge success. We were able to complete all of the activities smoothly thanks to the teachers and student coaches.





See you all there next year!

Awesome job to everyone who participated in the track and field events!





CABRAMATTA HIGH SCHOOL

SCHOOL COUNCIL MEETING MINUTES WEDNESDAY 1st March 2023

In Attendance

Principal: Lachlan Erskine
CHS Staff: Mark Avery, Olga Pappas, Adriana Mikulic, Jane Yoo and Linh Nguyen
SRC: Michelle Pani - Girl Vice Captain Guinevere Pham - Girl Ambassador
President elect. Rennea Soth
Interpreters: Anh Vuong, Linda Siv, Ilham Mohammed, Widad Hanna, Kate Ly and Trinh Mai

Parents: Le Chau, Hua Hua Lei, Ly Doung, Gulten Ulukut, Caroline An poc Ma -Chee, Tony Chung, Emily Lim, Ana Pine, Rennea Soth, KimYan Gnek, Savorn Morrison, Rothana Yim, Sokhorn Jhom, Sok Huoch, Sole Tea, Samdarith Theam, Savonn Ram, Kim Eng Yi, Sok Meng, Kay Hann, Boramom Han, Sophanna, Mith Rany, Leap Siem, Chho Maly, Kolyan Chhaen, Samphors Sok, Vanry Huoth, Phouy, Sucheng Chhay, Leek Savean, Dany Ky, Kevin Hak, Diana, Nazik, Afleen, Hanan, Sofyan Al- Banaa, Evon Awfy, Shameran Isaac, Nagham, Montaha Arabo, Mothana Arabo, Raney Touny, Wisam Hano, Salfa Somo, Rwaa Bassam, Saad Hanna, Ghrzlic, Maher Zoori, Sandy Saeedi, Randa, Thanh Ha, Dzung Nguyen, Dieu Nguyen, Thi Kim Phung, HNH Tra, Van Lam, Thi Bach Mai, Thanh Phuong, Kieu Tuyet Le, Vanh Nebiar, Van Nguyen, Thanh Thny Mai, Thuy Nguyen, Ngan, Thit hi Nguyen, Thao Nguyen, Pu San Do, Thi Trang Vo, Ly Duong, Kien Nguyen, Huynh Ham Quoch, Helena Mai, Trang Huynh.

Welcome President – Rennea Soth

- Newly elected President Rennea Soth replacing Diane Sanderson.
- Welcome to everyone present and the new parents joining for the first time.

Principal – Lachlan Erskine

- Mrs Petrovic sadly passed away. She was a very valued staff member, loved by staff and students alike.
- Last week CHS was named in the Top 20 Schools for NAPLAN – featured in Sydney Morning Herald. Students at our school can grow and achieve much better at our school than many other schools.
- Ambassador schools' program, CHS is one of 10 schools in NSW. Universities came and researched the great achievements of the school, and how we achieve.



- Athletics Carnival. Held at professional facilities in Campbelltown partially funded by the school.
- Homestay families are being sought for international students. Cultural exchange, weekly payments, international friendships short- and long-term stays.
- Raffle, free calendars, and campus guides



Mark Avery - Deputy Principal and Jane Yoo - Year 7 Advisor

- Presentation A healthy approach to school and study
- Jane Yoo and Stephan Pham Year 7 Year advisors
- Homework difference between homework and study
- Years 7 and 8 ½ to 1 hour 5 times a week
- CHS Homework centre open 5 days a week
- Social Media for study Blurred lines, phones, text, internet platforms etc.
- Exercise for study
- Sleeping (8-10 hours per night)
- Healthy Eating for Study
- Work with school staff Deputy Principal or Year Advisor

Adriana Mikulic –HSIE

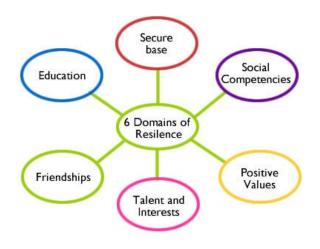
- Subjects offered in Junior high school. History/Geography/Commerce/Elective History
- Medieval Incursion
- External excursions
- Courses offered in Senior high school. Ancient History/business studies/economics/legals studies/ modern history and society and culture.
- VET business services and retail services
- Extra-curricular activities to expand knowledge and further develop student's skill and understanding of subject matter.





Olga Pappas – Wellbeing Team

- What is Resilience?
- Contributing factors to resilience personality, adversity, positive adaption, life experiences genetics and social support
- Characteristics of resilient people good communicator positive self esteem ability to manage emotions effectively.
- How does resilence affect behaviour? Teenagers will have different levels of resilience and different ways of responding to and recovering from stressful times.
- Teenagers may become emotional, withdraw, maybe become defiant, display anger and become resentful.
- How to build resilience in my teenager? Build, strengthen and promote supportive relationships, focus on managing emotions, focus on autonomy and responsibility, great opportunities for personal challenge.



Linh Nguyen – Languages

- Languages are compulsory in years 7-8
- In year 7 students study a different language per term on a rotation basis
- Year 8 students study the language of the their choices for the whole year
- Languages are elective in years 9 -12
- NSW School of Languages provides students with distant learning opportunities to learn the languages that are not offered.
- Secondary college of Languages this program provides students with opportunities to learn the languages that are not offered at CHS
- Language students participate in the school food fest every term
- HSC results band 5 and 6 in Chinese Japanese and Vietnamese



SRC – Michelle Pani - Girl Vice Captain Guinevere Pham - Girl Ambassador

- Monday 27th February CHS attended our School Athletics carnival at Campbelltown Sport grounds.
- Was nice to be able to have the whole school participate with events such as long jump, high jump shot put and discus. It has been a tradition for our school to celebrate the Year 12s last athletics carnival by dressing up.
- SRC are planning to fundraise for the great world shave. To raises awareness in Australia to help families face blood cancer. All donations raised will be donated to this cause.
- Introducing new SRC members to our team as well as seeing returning members from last year.
- The female members of the leadership team have been invited to the international Women's Day to both MC and share our own experiences aspirations and journeys through speeches.



International Women's Day 2023 #EmbraceEquity

Next Meeting: Wednesday 29th March 2023



CABRAMATTA HIGH SCHOOL SCHOOL COUNCIL MEETING MINUTES

WEDNESDAY 29th March 2023

In Attendance

Principal: Lachlan Erskine

CHS Staff: Charmaine Walton, Ram Pratap -Admin Head Teacher, Kim Catton -PDHPE SRC: Jennifer Ho- Captain, - Hongouy Oum -Vice Captain, Interpreters: Anh Vuong, Linda Siv, Ilham Mohammed, Trinh Mai, Widad Hanna and Kate Ly. Guest: Senior Constable, John Weiling Crime Prevention Officer, Senior constable Glenn Clark Youth Liaison officer, Multicultural Community Liaison Officer Quynh Truong – Fairfield Police Station President: Rennea Soth.

Parents: Van Thein Le, Thi Binh Nguyen, Thanh Phuong Trong, Kieu Tuyet Le To, Thu Dieu Nguyen, Thanh Ha, Dzung Thu Nguyen, Vanh Nebiar, Van Lam, Thi Kim Phung Quach, Van Nguyen, Pu San Do, Se Loem, Kim Yan Gnek, Chho Maly Chhim, Sote Lea, Rennea Soth, Tong Chung, Ana Pine, Savorn Chhay, Hann Lay, Dany Ry, Rany Mith, Boramom Han, Chou Ing, Sophea Uk, Channa Uann, Leap Siem, Phearun Taing, Channa Keo, Savay Sok, Pam Phong Sok, Ly Duong, Du Li Luun, Liz Chan, Hua Hua Lei, Thi Lai Vo, Thi Trang Vo, Atheer Luqa, Muntaha Arabo, Margret Issa, Adil Kamal, Jelan Hana, Hanan Rafo, Afleen Jahaal, Nazik Hano, Rwaa Bassam, Thao Nguyen, Thi Nguyen, Thi Ngoc Thuy Nguyen, Sophanua Uy, Emily Lim, Bao Hanh Tra, Huynh Han Quach, Thi Trang Vo.

Welcome President – Rennea Soth

- Welcome to everyone present and the new parents joining for the first time.
- Acknowledgment to country.

Principal – Lachlan Erskine

- NAPLAN Years 7 and 9 completed their NAPLAN tests. The school is looking forward to reviewing the students results, last year the school performance was in the top 20 of NSW schools including independent and catholic schools. The Naplan test were online this year.
- HARMONY WEEK a week of celebrating CHS diversity. Activities included Food Fest which had a multicultural theme, some examples included a coconut drink from Ms Whitney's group and a Vietnamese drink form Mr Pham's group.
- Food Fest is a lunch event involving collaboration between staff and students to prepare stalls to raise funds. This is Food Fest.



- **ATTENDANCE** Attendance is important if a student misses one day a fortnight this will be a whole year of schooling missed over their school life.
- Families are encouraged to talk with their children about being on time and having good attendance.

Guest Speakers Quynh Truong - Multicultural Community Liaison Officer Senior Constable Glenn Clark - Youth Liaison Officer Senior constable John Weiling - Crime Prevention Officer

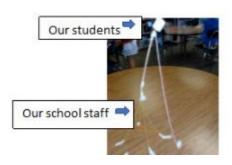


- Quynh Truong introduced herself described her role in the local community and how to report crime to the police. How to report crime to Police.
- Senior Constable John Weiling gave tips on personal safety, home safety and reminded families to be aware of SMS and Phone Scams.
 - If you receive a message, you are not expecting be very careful.
 - \circ $\;$ They are trying to get Name/DOB/Addresses to use to commit crimes.
 - Scams can cause big loss of money to scams and fraud.
 - Facebook be careful with privacy settings. If it is public everyone can see all your information.
- Senior Constable Glenn Clark Youth Liaison Officer works with all High schools in the local area. He highlighted 3 major items.
 - Vaping is illegal for under 18s, if children have them, please take it from them and ask where they buy them from
 - Mobile phones be mindful children can get into trouble for inappropriate phone use. Have open conversations with children and discuss shared passwords. If they aren't doing anything wrong, they should be able to share.
 - School Holidays know where your children are, who they are with and what they are doing to keep them safe.

Ram Pratap –Head Teacher Administration

- Support the Principal and executive team by working together to ensure students get the best education.
- Provide quality staff in every class every day.
- Visual demonstration





- It takes many people to support the students.
- Team building activity demonstrating how people working together can create a positive environment supporting all students.

Kim Catton – PDHPE

- Demonstration of a Year 11 class activity to promote bike safety.
- This activity demonstrates the importance of wearing a helmet to protect the brain. An egg is used to symbolize a head with the shell as the skull and the inside of the egg as the brain.
- Participants were required to use the materials provided to ensure that their egg could withstand a drop from 1 m which is set to simulate the stopping distance of a car at 40km/hr hitting a child on a scooter or bike. A demonstration was given what would happen without a helmet.



- Each group had 8 minutes to construct their protective helmet for their egg and see if they can stop their egg from cracking upon impact.
- The activity not only focused on road safety awareness but demonstrates the principals of collaboration, communication and higher order thinking amongst the participants.

SRC – Jennifer Ho - School Captain Hongouy Um – Vice Captain

- Participated in Women's Day,
- SRC Photos
- Knitting for the Homeless
- Cecil Hills PATs (Perfect Afternoon Tea)
- Harmony Day Raised money for The Leukemia Foundation.





Next Meeting: Wednesday May 17th, 2023, Term 2

Raffle money raised: \$371.45

All money raised will go to the World's Greatest Shave raising money for the Leukaemia Foundation.



AEC THE YARNING CIRCLE





Cabramatta High School is currently working on constructing a yarning circle at the front of the school. In a yarning circle, participants speak in a safe non-judgmental place, sharing their strengths in an environment that is inclusive and collaborative.

For students, it is a place to share, discuss, and educate each other; to have a 'yarn'. It is shaped as a circle to symbolise the "interdependence on all forms of life; the circle is a key symbol in native spirituality, family structure, gatherings of people, meetings, songs and dances" (Pewewardy, 1995). If students, or anyone in the school community has any ideas on how to design our yarning circle, please email <u>lesley.vangroesen@det.nsw.edu.au</u>.



From L. Van Groesen



RIDDLES

HeiD

- 1. What has to be broken before you can use it?
- 2. What question can you never answer yes to?
- 3. You see a boat filled with people, yet there isn't a single person on board. How is that possible?

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Words to find CHOCOLATE MARSHMALLOWS APRIL BASKET EASTER PASTEL BLOOMING EGGS SPRING BONNET FLOWERS SUNDAY SUNSHINE BUNNY HOLIDAY CANDY JELLYBEANS

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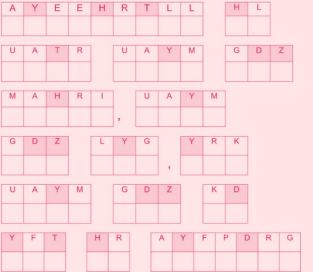
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READ ALL OF THE INSTRUCTION CAREFULLY BEFORE PROCEEDING

· One letter is always another letter.

The grey boxes are vowels.One word is HARMONY.



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