

## 1. School culture and inclusion

<b>Date</b>	<b>Topic</b>
January, 2018	Year 7 Orientation Day
Semester x2 2018	Award assemblies – creating a culture of acceptance, safety and recognition
Jan- June 2018	Peer support – year 7 and year 10 leaders
6/2/2018	Safe Internet Day (all years)
7/2/2018	Risk taking (factors affecting) (year 9)
13/2/2018	Bullying 101
22/2/2018	Mindmatters workshops (target area - Relationships)
28/2/2018	Self-harm awareness
16/3/18	Core Services – toxic friendships, change and safe relationships (year 8)
4/4/18	Positive relationships (year 7)
6/6/2018	Respectful relationships focus group (year 7)
7/6/18	Dark Thoughts (year 8)
31/1/17	R U Ok day (all years)
16/8/2018	Alcohol awareness (year9)
18/8/2018	Anxiety Online (Year 10)
21/8/18	Love bites (year 9)
20/10/18	International mens event - supporting boys at risk (years 9 and 10)
10/2018	Boys mental health and wellbeing, gym session (Headspace)
29/11/18 and 13/12/18	Cybersafety (year8)
As required	Brave program (online) year 8

## 1.2 Staff communication and professional learning

Date	Communication and Professional Learning
23/11/18	Teacher wellbeing
1/12/18	Positive merit system
15/2/18	Bullying
20/2/18	Online Bullying
22/2/18	Anxiety (behaviours and how to help)
28/2/18	Self-harm awareness
1/3/18	Self-harm support
2/3/18	Help for the wounded (trauma support)
16/3/18	Cyberbullying
28/3/18	The Accidental Counsellor Maslow and Bloom
4/4/18	Healthy Sleep Habits
9/4/18	Anxiety
10/4/18	Mindfulness and restorative practices
12/4/18	Student connection
11/5/18	Advocacy for mental health
17/5/18	International Day against homophobia, transphobia and biophobia
27/5/18	Building mentally fit schools
12/6/18	National Suicide Prevention
13/6/18	Supporting young people after a suicide attempt.
14/6/18	Building resilience for young people
28/6/18	Iceberg – looking below surface behaviours
16/8/18	Activities to reduce bullying
18/8/18	Support for LGBTI students
22/8/18	Educational speech pathology and therapy services expo
23/8/18	Improving self esteem
6/9/18	Resilience for students
26/10/18	Bullying
2/11/18	Anxiety and depression
31/11/18	Mental health support apps
1/11/18	National Education Initiative – an introduction
9/11/18	Eating disorders